



SoFlo Distance IMX / IMR TYR Challenge 1-3 October 2021

Academic Village Pool, Pembroke Pines, Florida

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No. **FG232127412083**

It is understood and agreed that USA Swimming, the facility and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

USA Swimming COVID Statement:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA 2 SWIMMING AND FGC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES

FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

COVID Protocol: In order to prevent the spread of COVID-19, the following protocol are in effect in and around the facility. All people, excluding athletes actively participating in competition, warmup, and warmdown activities in the pool must wear a mask or face covering. Spectators will only be permitted within a designated area, entering and exiting through a single gate on the west side of the pooldeck, and are encouraged to socially distance.

These protocols are in place in order to best allow South Florida Aquatic Club to care for the health of the athletes, coaches, volunteers, and spectators attending this meet and all affiliated functions. Despite these efforts, there remains a risk of exposure to COVID-19 and its variants. This risk is present in all gatherings of people and all public places.

COVID-19 is an extremely contagious disease that can cause severe illness and death. Per the Center for Disease Control and Prevention, senior citizens and those with underlying health conditions are especially vulnerable. By attending this meet and any affiliated events, you voluntarily assume any and all risks related to exposure to COVID-19.

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO FACILITY.**
Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO Facility.**

Date & Time:

Date	Session	Warm-up	Meet Start
Friday, 1 October	I	4:30 pm	5:30 pm
Saturday, 2 October	II	7:30 am	8:30 am
Saturday, 2 October	III	TBA *	TBA *
Sunday, 3 October	IV	7:30 am	8:30 am
Sunday, 3 October	V	TBA *	TBA *

*** Afternoon sessions will start approximately one hour following the conclusion of the morning session, but no earlier than 11:30am. We will announce the starting times for the afternoon sessions on Tuesday September 28th, 2021.**

All events are timed finals. Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.

Rules:

2021 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

MAAPP

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (**MAAPP**), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Pool/Timing:

25 Yard x 50 meter heated outdoor pool, 10 **short-course** racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2 (C). Fly-over starts

will possibly be used. Water depth at competition start end of pool varies from 6'7" to 8'6" depending on lane assignment, in accordance with Article 203.2.3. Colorado Timing System® will be used.

- Deck Changing:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited
- Closed Deck:** Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.
Coaches:- You will be permitted inside the roped off areas of the deck provided you are wearing your coaching credentials, or have the Deck Pass Plus app readily available, and do not interfere with those conducting the meet.
- Warm-up:** Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) are permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.
- Eligibility:** Open to all current 2021 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3. The Meet Host **WILL NOT** be accepting new or renewing USA

Swimming registrations at the meet. Swimmers who are not registered with USA Swimming by 5:00pm Thursday, 30 September 2021, will be removed from the meet.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated in accordance with article 105. Please contact the pool office ahead of time to allow for preparations - 954-538-3721-- SoFloMeets@swim4SoFlo.com

Officials: If you know that you will be attending this meet and will be available, please email the meet referee, and let him know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 45 minutes before the start of the session.

Entry: The entry deadline is 12:00pm on **Monday, 27 September 2021.** PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to SoFloMeets@swim4SoFlo.com fax (954) 392-4107 Confirmation for electronic entries will be sent via e-mail. **Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 538-3721.

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be double if not entered electronically.**

Entries will be accepted in the order in which they are received until the sessions containing 12&U events (sessions 2 and 4) reach 4 hours. At that point the meet will be full and no further entries will be accepted.

Entry Fees: \$8.00 per individual event

Facility Surcharge: \$12.00 per swimmer

***Entry fees are made payable to "SOFLO Swimming" (note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

Late Entries: Late entries and scratches will be accepted at meet management discretion between 12:01pm Monday 27 September 2021 and 1:00pm the day prior to the event in question. PLEASE enter electronically (CL or SDIF format). E-mail to SoFloMeets@swim4SoFlo.com Late entries must be accompanied by proof of USA Swimming registration. Late entries will be seeded according entry time.

Deck Entries: THE FGC DECK SEED POLICY WILL NOT BE IN EFFECT.

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part except as provided below.

Entry Limit: Four (4) events per day.

Seeding: All events will be seeded fast to slow.

Scoring: This meet will be scored. Swimmers who complete all IMR events will receive an IMR score. Swimmers who complete all IMX will receive an IMX score. Swimmers who do not complete all required events will receive a score of zero. Scoring for the various age groups will be based on the following points systems:

10 & Under Hytek Age Group Points
11 – 14 Hytek Single Age Points
15 & Over Hytek Open Points

IMR/IMX Events:
IMR = (10 & Under) – 100 IM, 100 Free, 50 Back, 50 Breast, 50 Fly
IMX = (10 & Under) – 200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly
IMX = (11-12) – 200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly
IMX = (13&O) – 200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

Awards: **12 & under swimmers only:** Individual: Medals 1-3. Ribbons 4-10

IMR/IMX Awards: **First Place:** **IMR** – 10 & Under - Female / Male
IMX – 10 & Under, 11, 12, 13, 14, 15 & Over - Female / Male

400 IM / 500 Free: Positive check in **is not** required. The fastest fifty (50) men and the fastest fifty (50) women entered will be seeded. Swimmers who are cut from the event will have their entry fee refunded. These events will be swum alternating women then men, fastest to slowest.

1650 Free: Positive check in **is** required. Check in will close at 4:30pm on Friday 1 October 2021. The fastest fifty (50) men and the fastest fifty (50) women who check in will be seeded. Swimmers who check in but are cut from the event will have their entry fee refunded. There will be no penalty for failing to compete after previously checking in. This event will be swum alternating women then men, fastest to slowest. Swimmers **must provide their own timer and counter** as needed.

- Meet Director:** Christopher Anderson, Jr. – General
Luis Soler – Facilities
Andrea Golding – Volunteers
- Head Referee:** Alvaro Vasquez
- Admin. Official:** TBA
- Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet, such as severe weather and equipment issues.
- Admission:** \$5.00 per person per session.
Heat Sheets will be available free of charge online at www.soflomeets.info/IMX and on Meet Mobile.
Printed Heat sheets will be available for coaches in the swim office.
- Information:** Call the Swim Office at (954) 538-3721 - SoFloMeets@swim4SoFlo.com

Order of Events

Girls=Odd / Boys=Even

Distance

Session I Friday, 1 October 2021 @ 5:30pm

<u>Event #</u>	<u>Event</u>
1-2	1650 Free ^*

^ Positive check in required. Check in will close at 4:30pm on Friday, 1 October 2021.

There will be no penalty for failing to compete after previously checking in.

* The 1650 free will be swum fastest to slowest, alternating women – men.

IMX/IMR Challenge

Session II Saturday, 2 October 2021 @ 8:30am

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
3-4	10 & Under	100 IM
5-6	12 & Under	200 IM
7-8	10 & Under	100 Free (IMR)
9-10	10 & Under	200 Free (IMX)
11-12	11-12	500 Free *

*The 500 Free will be swum fastest to slowest, alternating women – men.

Session III Saturday, 2 October 2021 @TBA

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
13-14	13 & Over	200 Back
15-16	13 & Over	200 Breast
17-18	13 & Over	100 Free #
19-20	13 & Over	400 IM *

*The 400 IM will be swum fastest to slowest, alternating women – men.

The 100 free will be an exhibition event and will not be scored.

Session IV Sunday, 3 October 2021 @ 8:30am

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
21-22	10 & Under	50 Back
23-24	12 & Under	100 Back
25-26	10 & Under	50 Breast
27-28	12 & Under	100 Breast
29-30	10 & Under	50 Fly
31-32	12 & Under	100 Fly

Session V Sunday, 3 October 2021 @TBA

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
33-34	13 & Over	200 Fly
35-36	13 & Over	200 IM
37-38	13 & Over	100 IM #
39-40	13 & Over	500 Free *

*The 500 Free will be swum fastest to slowest, alternating women – men.

The 100 IM will be an exhibition event and will not be scored.