

FGC Age Group (JO) Champs 2022

10 & UNDER										
GIRLS					EVENT	BOYS				
LCM		SCM		SCY		LCM		SCM		SCY
36.59		35.69		32.39	50 FR	36.49		35.19		31.99
1:20.59		1:17.89		1:10.49	100 FR	1:21.89		1:18.99		1:11.69
2:56.29		2:51.99		2:35.59	200 FR	2:54.79		2:48.99		2:33.39
6:05.39		5:54.29		6:44.89	400/500 FR	6:07.59		5:55.79		6:45.39
43.89		41.59		37.69	50 BA	44.99		42.99		39.09
1:34.69		1:29.69		1:21.29	100 BA	1:35.49		1:31.49		1:23.19
48.49		47.19		42.79	50 BR	48.99		47.29		42.99
1:48.29		1:43.49		1:33.89	100 BR	1:48.19		1:43.59		1:34.19
41.99		40.99		37.19	50 FL	42.19		41.09		37.39
1:37.99		1:34.99		1:26.09	100 FL	1:38.99		1:36.29		1:27.29
---		1:29.19		1:22.79	100 IM	---		1:29.89		1:23.39
3:17.09		3:10.79		2:52.69	200 IM	3:19.39		3:12.89		2:54.99
11 & 12										
GIRLS					EVENTS	BOYS				
LCM		SCM		SCY		LCM		SCM		SCY
32.59		31.79		28.69	50 FR	32.09		30.89		27.89
1:10.99		1:08.29		1:01.59	100 FR	1:09.89		1:07.29		1:00.89
2:34.09		2:29.49		2:15.29	200 FR	2:32.49		2:27.49		2:13.49
5:22.29		5:15.19		6:00.19	400/500 FR	5:21.89		5:12.99		5:57.69
11:17.19		10:52.39		12:25.39	800/1000 FR	11:18.59		10:54.59		12:27.89
21:37.39		20:46.59		20:53.89	1500/1650 FR	21:37.39		20:45.69		20:52.99
38.99		37.29		33.89	50 BA	39.49		37.69		34.29
1:22.69		1:21.49		1:13.39	100 BA	1:22.59		1:20.59		1:13.29
42.99		41.79		37.89	50 BR	43.59		41.99		38.19
1:35.39		1:30.89		1:22.39	100 BR	1:34.39		1:30.59		1:22.39
35.89		35.19		31.79	50 FL	36.09		35.39		31.89
1:22.79		1:20.99		1:13.49	100 FL	1:22.59		1:20.89		1:13.59
---		1:18.29		1:10.79	100 IM	---		1:16.39		1:09.09
2:53.09		2:47.59		2:31.69	200 IM	2:53.89		2:46.69		2:30.89
6:09.09		5:56.29		5:22.49	400 IM	6:08.69		5:53.39		5:19.79
13 & 14										
GIRLS					EVENTS	BOYS				
LCM		SCM		SCY		LCM		SCM		SCY
30.59		29.59		26.79	50 FR	28.29		27.29		24.69
1:06.19		1:04.29		58.19	100 FR	1:01.99		59.59		53.89
2:23.89		2:18.99		2:05.79	200 FR	2:14.79		2:09.79		1:57.49
5:01.59		4:54.29		5:36.29	400/500 FR	4:46.69		4:37.89		5:17.59
10:20.99		10:05.29		11:31.59	800/1000 FR	9:56.29		9:35.99		10:58.09
19:48.09		19:06.19		19:12.89	1500/1650 FR	18:58.89		18:13.39		18:19.79
1:17.09		1:13.09		1:06.19	100 BA	1:12.29		1:08.19		1:01.79
2:45.59		2:38.49		2:23.39	200 BA	2:36.59		2:28.79		2:14.69
1:27.69		1:23.99		1:15.99	100 BR	1:21.29		1:17.09		1:09.79
3:09.79		3:01.89		2:44.59	200 BR	2:56.79		2:48.89		2:32.89
1:14.79		1:12.89		1:05.99	100 FL	1:09.69		1:07.69		1:01.29
2:45.69		2:41.09		2:25.79	200 FL	2:36.19		2:29.99		2:15.69
---		1:15.89		1:08.29	100 IM	---		1:09.89		1:03.29
2:42.19		2:35.59		2:20.89	200 IM	2:36.79		2:31.59		2:17.19
5:42.89		5:31.99		5:00.49	400 IM	5:22.59		5:10.29		4:40.79
*	No Changes from LC 2021 for all 2022									