

## CANES Closed Invite at Tamiami Park Pool November 2020

**Sanction:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.:  
Sanction No.: **FG332032718077**

In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and Hurricane Aquatics shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19.

**Hosted by:** Hurricane Aquatics

**Location:** Tamiami Park Pool - 11201 SW 24th St, Miami, FL 33165

**Date & Time:** November 22, 2020

Format 1 -Session I: Sunday - Warm-up 11:00 am. Meet starts at 11:45 am

Session II: 30 minutes after the completion of session I

Session III: 30 minutes after the completion of session II. The meet host reserves the right to add a warm-up prior to session II or III based on entries and timelines.

**OR- pending county requirements on COVID the week of the meet**

Format 2-Session I: Sunday - Warm-up 11:00 am. Meet starts at 11:45 am

Session II: Warm-up will begin 10-30 minutes after the completion of the session I and based on cleaning guidelines set by the county. Warm-up will be 40 minutes and the meet will start immediately following the warm-up.

**Pool/Timing:** 50 meters x 25 yards heated outdoor pool, 8 long-course racing lanes with a separate warmup, and warm-down lane available. Colorado Timing System will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (4). Water depth gradually varies from Lane 1 to Lane 8 from 5'6 to 12'0. Depending on lane assignment in accordance with 202.3.7(C).

**Rules:** 2020 USA Swimming Rules and Florida Gold Coast rules will govern this meet.

Public Health and Safety mandates and guidelines of the State of Florida, Dade County and Tamiami Park Pool will be enforced.

Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement 202.4.9(D).

**Safety rules** as outlined by USA Swimming and as recommended by the referee will be in effect.

**MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this meet.

**Operation of a drone,** or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present (unless it has been approved prior to the event).

**Deck Changes:** Changing, in whole or in part, into or out of a swimsuit in an area other than a permanent or temporary locker room, bathroom, changing room, or other space designated for changing purposes is prohibited.

**Closed deck/facility:** Spectators will not be permitted on the deck or in the facility following COVID-19 safety guidelines. Only Swimmers, Officials, Volunteers, and Coaches will be allowed on deck. This event will be live-streamed and the format is TBD.

**Camera Free Zone:** The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers, or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**Conflict of Interest:** Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without the written request and written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such an order will result in removal from the facility and/or immediate vicinity.

**Eligibility: No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.**

The meet is only open to current Hurricane Aquatics, Eagle Aquatics, and North Miami Swim Team, and any UN athletes training with those teams 2020-21 USA swimming registered athletes. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3.

The Meet Host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

**Disability Athletes:** All swimmers with disabilities are welcome at this meet. Please contact the pool office ahead of time to allow for preparations - coachlizkershaw@gmail.com or 214-695-0109.

**Entry Deadline:** All entries must be received by November 15, 2020.

**Entry Limit:** No more than five (5) individual events per day. If the meet has to operate meet Format 1 the swimmers may swim 2 of the 3 sessions. If the meet operates in format 2 swimmers may swim in either session but not both.

**Meet Cap:** The meet will be capped at 110 athletes per session

**Entry Procedure:** Electronic entries only (CL or SDIF format). E-mail entries to [coachlizkershaw@gmail.com](mailto:coachlizkershaw@gmail.com). Confirmation for electronic entries will be sent via e-mail. \*\*Submission of entries certifies that all swimmers are current USA Swimming registered.  
**NOTE: Swimmers without a registration number or birth dates will not be entered.**

**Entry Fees:** \$6.00 per individual event \$8.00 per athlete facility surcharge Entry fees are made payable to: Hurricane Aquatics  
5821 San Amaro Drive  
Coral Gables, FL 33146

**Refunds:** Once a team or individual entry has been received and processed, there will be no refunds unless FGC Rule 1.17a.i.v applies.

**Deck Entries:** Late entries and deck entries WILL NOT be accepted. The FGC deck entry policy WILL NOT be in effect.

**Seeding:** Long course meter times, then yards times will be used for seeding. Events will be single-gender, mixed age group, and seeded fastest to slowest prior to the first day of the meet.

**Distance:** Swimmers swimming the 400 free will need to positive check-in by the completion of the first event in the session.

**Scoring:** This competition is not scored.

**Awards:** No awards will be given.

**Admission:** No spectators are allowed on deck due to COVID-19 guidelines.

Swimmers may set up tents no larger than 10x10 on the grass outside the pool area. Swimmers are expected to social distance and wear a mask when not competing. Heat sheets and results will be available online for free at [www.teamunify.com/fgha](http://www.teamunify.com/fgha) or on meet mobile. We will make an effort to stream the meet online, details will be sent to the swimmers entered prior to the meet.

**Concessions:** The concession stand will NOT be available due to COVID regulations.

**Hospitality:** Hospitality for coaches, officials, and volunteers will NOT be available. We will supply bottled water for volunteers.

**Head Referee:** Juan Pelaez - [juanepelaez@gmail.com](mailto:juanepelaez@gmail.com); 305-491-4782

**Meet Director:** Liz Kershaw - [coachlizkershaw@gmail.com](mailto:coachlizkershaw@gmail.com); 214-695-0109

**Admin Official:** Elizabeth Bossart

**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Meet Information:** Liz Kershaw at 214-695-0109.

**Warm-up Procedure:** No equipment permitted. Swimmers must enter the water feet first.

11:00 a.m. to 11:30 a.m. General Warm-Up; Swimming and Pulling Only, Push Off; No Racing Starts; No Sprinting or Pace Work

11:30 a.m. – 11:40 a.m. Controlled Warm-Up

Lane 1 Pace, 50 and 100 Circle Swim Push Off

Lane 2 Racing Starts, 25 yards One Length.

Lane 3 Swimming and Pulling, Push Off

Lane 4 Swimming and Pulling, Push Off

Lane 5 Swimming and Pulling, Push Off

Lane 6 Swimming and Pulling, Push Off

Lane 7 Swimming and Pulling, Push Off

Lane 8 Swimming and Pulling, Push Off

Lane 9 Racing Starts, 25 yards One Length

Lane 10 Pace, 50 and 100 Circle Swim Push Off

\*\*\*We will be complying and enforcing all health and safety mandates and guidelines of USA Swimming, Florida Gold Coast Swimming, the State of Florida, Dade County and the City of Miami Shores during the event including warm-up.

Order of Events Format 1 - 30-minute cleaning breaks every 2 hours

Women	Event (session 1)	Men
1	100 free	2
3	100 fly	4
5	100 brst	6
	Clean (session 2)	
7	200 free	8
9	100 bk	10
11	200 IM	12
13	50 free	14
	Clean (session 3)	
15	200 fly	16
17	200 brst	18
19	200 bk	20
21	400 free	22

Order of events Format 2 - without cleaning breaks

Women	Event (session 1)	Men
1	200 free	2
3	100 fly	4
5	100 brst	6
7	100 free	8
9	100 bk	10
11	200 IM	12
13	50 free	14
Women	Event (session 2)	Men
15	200 free	16
17	200 back	18
19	200 fly	20
21	200 brst	22
23	50 free	24
25	400 free	26