

ATAC COMES OUT ON TOP AT PANAMA CITY

ATAC took 84 swimmers to the Paradise Invitational hosted by the Panama City Swim Team (9/25-27/15) We want to thank all our families for supporting the team in this BIG way and it paid off! ATAC came away with the 1st place Team trophy and 7 individual High Point awards. There were swimmers participating from Florida, Alabama and Georgia. ATAC scored 1,693 points outdistancing the host Panama City swim team scoring 1,190 points and the third place team, Coast, scoring 503.5 points. Individual High Point winners: 8&Under Girls, Lauren Carter 1st; 8&Under Boys, B.B Potter 1st, Drake Shiell 2nd; 10&U Boys, Hanson Higdon 1st, Ryder Gentry 2nd; 11&12 Girls, Emily Chorpening 1st; 13&14 Boys, Ryland Sun 1st; Girls Open, Olivia Kercheval-Roig 1st; Boys Open, Charlie Gallagher and John Yambor-Maul, tied for 1st.



*LET'S HAVE MORE OF THESE NUMBERS IN OUR FUTURE "OUT-OF-TOWN" MEETS
GOOD JOB ATAC FAMILIES!!*

WORLD RECORD

Those swimmers that took part in the world's largest Swim Lesson back in August are now WORLD RECORD HOLDERS in the Guinness Book of world records. This swim lesson took place over 25 countries running the lesson at the same time and day.....Congratulations ATAC World Record holders!

USA Swimming Scholastic All-Americans

ATAC placed three swimmers this year on the 2014-15 USA Swimming Scholastic All-America Team: Christopher Holmes, Claire Kercheval-Roig, and Alec Bowie. To be selected, a swimmer must have completed the 10th, 11th, or 12th grade, maintained a minimum 3.5 GPA during the year, and posted a time equal to a Junior National 2011 bonus time in any event between August 16th, 2014 and August 15, 2015. Nationally there were 1925 high school swimmers selected to the team, 87 from Florida Swimming, which ranked fourth among all LSCs nationwide. Holmes is a 2015 Chiles graduate, currently a freshman at Lindenwood University. Kercheval-Roig is a senior at Leon and Bowie is a junior at Chiles.

ATAC CLINIC

8/29/15



What a turn out!! There were 145 ATAC swimmers taking part in our Team Clinic. We want to especially congratulate our younger swimmers for toughing it out with the cool water and overcast skies. We, as coaches, feel like it was a real success, as well as many of you that talked with us after the event. With as large a team as we have it is sometimes difficult to coordinate the timing of this type of event due to all the different swimming schedules and meets, but we hope to hold another clinic in the near future.



COACHES CORNER:

☞ **PRE-AGE GROUP/NOVICE/LEAGUE...**(Coach Gerry, Alex, Jenny, Colin, Stephanie and Chloe).... It's great to see so many of our newer swimmers showing up on a regular basis... Way to go swimmers (and parents)!! We are very excited about the

number of summer swimmers AND BRAND NEW swimmers swimming this Fall. The large group attendance is a great show, hopefully, of these swimmers committing to the sport. Not only does it solidify more friendships, but also provides a good spark in their training together as a unit...Keep up the good work (AND attendance). *Also, however, please stay on your scheduled training days so as not to impose on other swimmers' days and times.*

☞ **AGE GROUP... (Coach Gerry and Coach Colin)**... Our attendance lately has been great. Let's keep it up. Parents, please remember that we only have 20 minutes for Dry-land and it is very important to get started on time so please have your swimmers at the pool in plenty of time to be ready. It is also important that the swimmers focus on the exercises and not be disruptive to the other swimmers. We have had to remove swimmers from dry-land at times due to them being a bit too chatty and less focused on following directions. Just an FYI in the event we may have to give you a call about it. Consequently, please help us out and talk to your swimmers about it AND let them know how you don't want to get *that call*...Thanks

Calling New Officials

Are you a parent who is tired of sitting around at meets? Are you interested in finding out about how to become a swimming official? It's a fun and rewarding way to contribute to the sport, and ATAC needs you! The first step is to take the Orientation Clinic, which lasts only an hour and can be arranged at a time convenient for you. Please contact Doug Garthwait at dgarthwait@comcast.net to inquire.

SWIM MEET UPDATES:

- ★ **BOLLES INVITATIONAL 10/17-18/15 - Jacksonville** This should be a good competitive meet. The Deadline is Monday Oct. 5th.
- ★ **FALL DEVELOPMENTAL (10/10/15) Jack McLean Pool.** In order to stay sharp and continue to improve, swimmers need to compete. This meet is another in-town opportunity that all our upcoming swimmers need to attend. We need these benchmarks along the way to see how and what we as coaches need to emphasize in practice. It's a Developmental approach that insures continued success in the years ahead.

Go to www.swimatac.com for a listing of ALL the Meets (including the High School Championship Meet dates) coming up. Plan your schedules early.

NEWS BRIEFS:

★ **ATAC OFFICE NEWS.....**

USA Swimming 2016 registration forms are coming out soon. Please return the forms in a timely manner. Any swimmer not registered on January 1st will not be able to swim until the forms are received in the ATAC office.

Please remember the Team Room is a QUIET ZONE in the afternoons.

★ **DID YOU KNOW**to contact your coaches you can easily send them an email by going to the Swimatac.com homepage and to the right there is a box that says "Coaches"- click on the link and the ATAC coaches appear and then you can email them.

★ **MYERS PARK PROGRAM.....December 1st (tentative)... ATAC will once again be offering a NOVICE BRONZE (1st priority based on demand) and SILVER program at the Wade Wehunt pool in Myers Park beginning December 1st. Remember..., it will be INDOORS, UNDER THE BUBBLE during the winter months! In order to continue this program we will need at least 13 swimmers to sign up for it. Ms. Frances will be sending out a notice on this as we get closer to December**

EVERY YEAR's RESOLUTIONCome to practice / Go to Meets / Get more "A's"