

ORDER OF EVENTS
ATAC LONG COURSE INVITATIONAL
 June 27 – June 30, 2019



THURSDAY, JUNE 27, 2019¹

SESSION 1: Timed finals for individual events in all age groups.
Warm-up 5:00 pm. Start 6:00 pm. 5:15 PM check-in required.

Girls	Qual. Time	Age Group	Distance and Stroke	Qual. Time	Boys
1**	12:35.99	13 and over	800 Freestyle*	12:05.89	2**
3**	13:26.79	12 and under	800 Freestyle*	13:11.69	4**

1. NO CANOPIES WILL BE ALLOWED ON THE DECK ON THURSDAY EVENING AND ALL CHAIRS, COOLERS, ETC., MUST BE REMOVED AT THE END OF THE SESSION.

* Swimmers must check in by 5:15 pm to be seeded. NT entries will not be accepted. Heats will be swum fastest to slowest alternating by gender. **Meet management reserves the right to limit events 1 and 2 to the top 32 swimmers entered in each event, and events 3 and 4 to the top 16 swimmers entered in each event to finish at an appropriate time for swimmers for the next morning's session.** Coaches will be notified prior to the start of the meet if this limitation will be necessary.

** Events 1 and 2 will be swum 13 and over but will be scored as 13-14, 15-16, and Senior. Events 3 and 4 will be swum 12 and under but scored 11-12 and 10&U.

FRIDAY, JUNE 28, 2019

SESSION 2: Prelims for individual events in 13-14, 15-16, and Senior age groups.
Warm-up 6:20 am. Start 8:00 am. 7:15 AM check-in required for 400 IM.

Girls	Qual. Time	Age Group	Distance and Stroke	Qual. Time	Boys
5	n/a	13-14	200 Freestyle	n/a	6
7	n/a	15-16	200 Freestyle	n/a	8
9	n/a	Senior*	200 Freestyle	n/a	10
11	n/a	13-14	200 Breaststroke	n/a	12
13	n/a	15-16	200 Breaststroke	n/a	14
15	n/a	Senior*	200 Breaststroke	n/a	16
17	n/a	13-14	100 Butterfly	n/a	18
19	n/a	15-16	100 Butterfly	n/a	20
21	n/a	Senior*	100 Butterfly	n/a	22 ¹
23**	6:57.39	13 and over*	400 IM***	6:32.69	24**

1. A 10-minute-break may be added at the end of event 22, if deemed necessary at the coaches meeting.

* Swimmer must be at least 13 to swim these events.

** Swimmers must check in by 7:15 am to be seeded. NT entries will not be accepted. Heats will be swum fastest to slowest alternating gender. This event will be swum all together in the morning but will be broken into one final per each age group of 13-14, 15-16 and Senior at finals.

*** **Meet management reserves the right to limit the event to the top 40 swimmers per gender to maintain the approximate starting time for next session.** Coaches will be notified prior to the start of the meet if this limitation will be necessary. Swimmers excluded will be allowed to deck enter events with open lanes available.

SESSION 3: Timed finals for 10&U and 11-12 age groups.
Warm-up not before noon. Start not before 1:00 pm.

Girls	Age Group	Distance and Stroke	Boys
25	10&U	200 Medley Relay	26
27	11-12	200 Medley Relay	28
29	10&U	200 Freestyle	30
31	11-12	200 Freestyle	32
33	10&U	100 Breaststroke	34
35	11-12	100 Breaststroke	36
37	10&U	50 Butterfly	38
39	11-12	50 Butterfly	40

SESSION 4: Finals of events 5 through 24 with championship heats followed by consolation heats, except there will only be a championship final of events 23 and 24¹. The 400 Medley Relay is a timed final.

Warm-up 5:00 pm. Start 6:00 pm. Relays to be swum last².

Girls	Age Group	Distance and Stroke	Boys
41	13-14	400 Medley Relay	42
43	Senior*	400 Medley Relay	44

1. Meet management reserves the option of an 18 and under Consolation or "B" final.

2. A 10-minute break may be added at the end of event 24 Finals, if deemed necessary at the coaches meeting.

* Swimmer must be at least 13 to swim these events.

SATURDAY, JUNE 29, 2019

SESSION 5: Prelims for individual events in 13-14, 15-16, and Senior age groups.

Warm-up 6:20 am. Start 8:00 am. 7:15 AM check-in required for 400 Free.

Girls	Qual. Time	Age Group	Distance and Stroke	Qual. Time	Boys
45	n/a	13-14	50 Freestyle	n/a	46
47	n/a	15-16	50 Freestyle	n/a	48
49	n/a	Senior*	50 Freestyle	n/a	50
51	n/a	13-14	200 IM	n/a	52
53	n/a	15-16	200 IM	n/a	54
55	n/a	Senior*	200 IM	n/a	56
57	n/a	13-14	100 Backstroke	n/a	58
59	n/a	15-16	100 Backstroke	n/a	60
61	n/a	Senior*	100 Backstroke ¹	n/a	62
63**	6:07.19	13 and over*	400 Freestyle***	5:49.09	64**

1. A 10-minute break may be added at the end of event 62, if deemed necessary at the coaches meeting.

* Swimmer must be at least 13 to swim these events.

** Swimmers must check in by 7:15 am to be seeded. NT entries will not be accepted. Heats will be swum fastest to slowest alternating gender. This event will be swum altogether in the morning but will be broken up into one final per age group Saturday night.

*** Meet management reserves the right to limit events 63 and 64 to the top 40 swimmers per gender to maintain the approximate starting time for next session. Coaches will be notified prior to the start of the meet if this limitation will be necessary. Swimmers excluded will be allowed to deck enter events with open lanes available.

SESSION 6: Timed finals for 8&U, 9-10, 10&U, and 11-12 age groups.

Warm-up not before noon. Start not before 1:00 pm. 12:15 PM check-in required for 400 Free.

Girls	Qual. Time	Age Group	Distance and Stroke	Qual. Time	Boys
65	n/a	10&U	200 Freestyle Relay	n/a	66
67	n/a	11-12	200 Freestyle Relay	n/a	68
69	n/a	10&U	50 Freestyle	n/a	70
71	n/a	11-12	50 Freestyle	n/a	72
73	n/a	8&U	50 Butterfly	n/a	74
75	n/a	10&U	100 Butterfly	n/a	76
77	n/a	11-12	100 Butterfly	n/a	78
79	n/a	8&U	50 Backstroke	n/a	80
81	n/a	9-10	50 Backstroke	n/a	82
83	n/a	11-12	50 Backstroke	n/a	84
85*	7:36.79	10&U	400 Freestyle**	7:29.49	86*
87*	6:23.89	11-12	400 Freestyle**	6:15.49	88*

* Events 85 through 88 are deck seeded events. Swimmers must check in by 12:15 pm to be seeded. Swimmers must enter with a legal LC time or a conversion from a legal short course 500 yard time. NT entries will not be accepted.

** Meet management reserves the right to limit the events to the top 24 swimmers of each gender in each event. Coaches will be notified prior to the start of the meet if this limitation will be necessary. Swimmers excluded will be allowed to deck enter events with open lanes available.

SESSION 7: Finals of events 45 through 64 with championship heats followed by consolation heats, except there will only be a championship final of events 63 and 64¹. The 400 Freestyle Relay is a timed final.

Warm-up 5:00 pm. Start 6:00 pm. Relays will be swum last².

Girls	Age Group	Distance and Stroke	Boys
89	13-14	400 Freestyle Relay	90
91	Senior*	400 Freestyle Relay	92

1. Meet management reserves the option of an 18 and under Consolation or "B" final..

2. A 10-minute break may be added at the end of event 62 Finals, if deemed necessary at the coaches meeting.

* Swimmer must be at least 13 to swim these events.

SUNDAY, JUNE 30, 2019

SESSION 8: Prelims for individual events 13-14, 15-16, and Senior age groups, except that the 1500 Freestyle will be a timed final.

Warm-up 6:20 am. Start 8:00 am. 7:15 AM check-in required for 1500 Free.

Girls	Qual. Time	Age Group	Distance and Stroke	Qual. Time	Boys
93	n/a	13-14	200 Butterfly	n/a	94
95	n/a	15-16	200 Butterfly	n/a	96
97	n/a	Senior*	200 Butterfly	n/a	98
99	n/a	13-14	100 Freestyle	n/a	100
101	n/a	15-16	100 Freestyle	n/a	102
103	n/a	Senior*	100 Freestyle	n/a	104
105	n/a	13-14	100 Breaststroke	n/a	106
107	n/a	15-16	100 Breaststroke	n/a	108
109	n/a	Senior*	100 Breaststroke	n/a	110
111	n/a	13-14	200 Backstroke	n/a	112
113	n/a	15-16	200 Backstroke	n/a	114
115	n/a	Senior*	200 Backstroke ¹	n/a	116
117**	24:06.39	13 & over*	1500 Freestyle***	23:06.49	118**

1. A 10-minute break may be added the end of event 116, if deemed necessary at the coaches meeting.

* Swimmer must be at least 13 to swim these events.

** For events 117 and 118, the 13-14, 15-16, and Senior age groups will be swum combined but scored separately. NT entries will not be accepted. Swimmers must check in by 7:15 to be seeded.

*** **Meet management reserves the right to limit events 117 and 118 to the top 24 swimmers of each gender.** Coaches will be notified prior to the start of the meet if this limitation will be necessary. Swimmers excluded will be allowed to deck enter events with open lanes available. Events will be swum fastest to slowest alternating gender. The 13-14, 15-16, and Senior age groups will be combined in the 1500 freestyle and scored separately.

SESSION 9: Timed finals for 8&U, 9-10, 10&U, and 11-12 age groups.

Warm-up not before 1:00. Start not before 2:00 pm.

Girls	Age Group	Distance and Stroke	Boys
119	10&U	200 IM	120
121	11-12	200 IM	122
123	8&U	50 Breaststroke	124
125	9-10	50 Breaststroke	126
127	11-12	50 Breaststroke	128
129	8&U	50 Freestyle	130
131	10&U	100 Freestyle	132
133	11-12	100 Freestyle	134
135	10&U	100 Backstroke	136
137	11-12	100 Backstroke	138

SESSION 10: Finals of events 93 through 116.

Warm-up immediately following the afternoon session. Start not before 6:00 pm.