

2021–2024 National Age Group Motivational Times: Short-Course Yards

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min		AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min
10 & under Girls						10 & under Boys						
38.89	35.19	31.39	30.19	28.89	27.69	50 Y Free	27.39	28.59	29.79	30.99	34.49	38.09
1:29.59	1:19.99	1:10.49	1:07.29	1:04.19	1:00.99	100 Y Free	1:00.59	1:03.69	1:06.69	1:09.69	1:18.79	1:27.79
3:18.99	2:57.19	2:35.39	2:28.19	2:20.89	2:13.59	200 Y Free	2:10.69	2:16.89	2:23.09	2:29.39	2:47.99	3:06.69
8:25.39	7:34.89	6:44.29	6:27.49	6:10.59	5:53.79	500 Y Free	5:47.69	6:04.19	6:20.79	6:37.39	7:26.99	8:16.69
46.99	41.89	36.69	34.99	33.29	31.59	50 Y Back	31.69	33.49	35.19	36.99	42.29	47.49
1:41.99	1:30.69	1:19.29	1:15.59	1:11.79	1:07.99	100 Y Back	1:08.39	1:11.89	1:15.39	1:18.79	1:29.29	1:39.79
53.19	47.49	41.69	39.79	37.89	35.99	50 Y Breast	35.49	37.29	39.19	40.99	46.59	52.09
1:58.09	1:44.99	1:31.89	1:27.49	1:23.09	1:13.79	100 Y Breast	1:18.29	1:22.19	1:26.09	1:29.99	1:41.69	1:53.39
47.39	41.79	36.19	34.39	32.49	30.59	50 Y Fly	30.29	31.99	33.69	35.39	40.49	45.69
1:53.99	1:39.09	1:24.09	1:19.19	1:14.19	1:09.19	100 Y Fly	1:08.49	1:13.19	1:17.99	1:22.79	1:37.09	1:51.39
1:42.59	1:31.69	1:20.79	1:17.09	1:13.49	1:09.79	100 Y IM	1:09.09	1:12.39	1:15.69	1:18.99	1:28.89	1:38.79
3:38.49	3:15.59	2:52.69	2:45.09	2:37.39	2:29.79	200 Y IM	2:28.69	2:36.19	2:43.59	2:50.99	3:13.19	3:35.49
11–12 Girls						11–12 Boys						
33.59	31.29	28.99	27.79	26.59	25.49	50 Y Free	24.49	25.59	26.79	27.89	30.29	32.59
1:13.59	1:08.29	1:03.09	1:00.49	97.79	95.19	100 Y Free	93.29	95.79	98.29	1:00.89	1:05.89	1:10.99
2:40.39	2:28.99	2:17.49	2:11.79	2:05.99	2:00.29	200 Y Free	1:55.89	2:01.39	2:06.99	2:12.49	2:23.49	2:34.59
7:08.79	6:38.19	6:07.59	5:52.19	5:36.89	5:21.59	500 Y Free	5:12.99	5:27.89	5:42.79	5:57.69	6:27.49	6:57.29
14:48.09	13:44.69	12:41.19	12:09.49	11:37.79	11:06.09	1000 Y Free	10:54.39	11:25.59	11:56.79	12:27.89	13:30.19	14:32.59
24:53.99	23:07.29	21:20.59	20:27.19	19:33.89	18:40.49	1650 Y Free	18:16.39	19:08.59	20:00.79	20:52.99	22:37.49	24:21.89
38.09	35.39	32.69	31.29	29.99	28.59	50 Y Back	27.79	29.29	30.69	32.09	34.99	37.89
1:24.79	1:18.09	1:11.39	1:08.09	1:04.69	1:01.39	100 Y Back	99.49	1:02.79	1:05.99	1:09.19	1:15.69	1:22.19
2:56.59	2:43.99	2:31.39	2:25.09	2:18.79	2:12.49	200 Y Back	2:08.99	2:15.19	2:21.29	2:27.39	2:39.69	2:51.99
42.99	39.99	36.89	35.39	33.79	32.29	50 Y Breast	31.09	32.69	34.39	36.09	39.49	42.89
1:34.09	1:27.19	1:20.19	1:16.69	1:13.19	1:09.79	100 Y Breast	1:06.99	1:10.49	1:13.99	1:17.49	1:24.49	1:31.39
3:20.89	3:06.59	2:52.19	2:45.09	2:37.89	2:30.69	200 Y Breast	2:25.59	2:32.49	2:39.39	2:46.39	3:00.19	3:14.09
36.49	33.89	31.29	29.99	28.69	27.39	50 Y Fly	26.79	28.19	29.69	31.19	34.19	37.09
1:24.39	1:17.59	1:10.89	1:07.49	1:04.19	1:00.79	100 Y Fly	98.99	1:02.39	1:05.89	1:09.29	1:16.09	1:22.89
2:59.99	2:47.19	2:34.29	2:27.89	2:21.39	2:14.99	200 Y Fly	2:09.89	2:16.09	2:22.19	2:28.39	2:40.79	2:53.19
1:24.09	1:18.09	1:12.09	1:09.09	1:06.09	1:03.09	100 Y IM	1:00.29	1:03.29	1:06.19	1:09.09	1:14.99	1:20.89
3:00.19	2:47.29	2:34.49	2:27.99	2:21.59	2:15.19	200 Y IM	2:10.69	2:17.29	2:23.99	2:30.69	2:43.99	2:57.29
6:24.19	5:56.79	5:29.29	5:15.59	5:01.89	4:48.19	400 Y IM	4:39.79	4:53.19	5:06.49	5:19.79	5:46.39	6:13.09
13–14 Girls						13–14 Boys						
32.59	30.19	27.89	26.79	25.59	24.39	50 Y Free	22.49	23.49	24.59	25.69	27.79	29.89
1:10.59	1:05.49	1:00.49	97.99	95.49	92.89	100 Y Free	49.19	51.59	53.89	56.29	1:00.89	1:05.59
2:32.09	2:21.29	2:10.39	2:04.99	1:59.49	1:54.09	200 Y Free	1:47.29	1:52.39	1:57.49	2:02.59	2:12.79	2:22.99
6:47.79	6:18.69	5:49.59	5:34.99	5:20.39	5:05.89	500 Y Free	4:49.99	5:03.79	5:17.59	5:31.39	5:58.99	6:26.59
14:01.99	13:01.79	12:01.69	11:31.59	11:01.59	10:31.49	1000 Y Free	10:00.89	10:29.49	10:58.09	11:26.69	12:23.89	13:21.19
23:23.49	21:43.19	20:02.99	19:12.89	18:22.79	17:32.59	1650 Y Free	16:44.19	17:31.99	18:19.79	19:07.59	20:43.19	22:18.89
1:16.69	1:11.19	1:05.69	1:02.99	1:00.19	97.49	100 Y Back	95.59	96.19	98.69	1:01.29	1:06.39	1:11.49
2:46.79	2:34.89	2:22.99	2:17.09	2:11.09	2:05.09	200 Y Back	1:57.19	2:02.79	2:08.39	2:13.99	2:25.09	2:36.29
1:27.99	1:21.69	1:15.39	1:12.29	1:09.09	1:05.99	100 Y Breast	1:00.99	1:03.89	1:06.79	1:09.69	1:15.49	1:21.29
3:10.89	2:57.29	2:43.69	2:36.79	2:29.99	2:23.19	200 Y Breast	2:12.49	2:18.79	2:25.09	2:31.39	2:43.99	2:56.59
1:16.39	1:10.89	1:05.49	1:02.69	99.99	97.29	100 Y Fly	95.39	95.89	98.49	1:00.99	1:06.09	1:11.19
2:48.99	2:36.89	2:24.89	2:18.79	2:12.79	2:06.79	200 Y Fly	1:58.69	2:04.29	2:09.99	2:15.59	2:26.89	2:38.19
2:49.79	2:37.59	2:25.49	2:19.49	2:13.39	2:07.29	200 Y IM	1:59.99	2:05.69	2:11.39	2:17.09	2:28.49	2:39.99
6:03.59	5:37.59	5:11.69	4:58.69	4:45.69	4:32.69	400 Y IM	4:16.09	4:28.29	4:40.49	4:52.69	5:17.09	5:41.49
15–16 Girls						15–16 Boys						
31.79	29.49	27.19	26.09	24.99	23.79	50 Y Free	21.29	22.29	23.29	24.39	26.39	28.39
1:08.89	1:03.99	98.99	96.59	94.09	91.69	100 Y Free	46.79	48.99	51.19	53.49	57.89	1:02.39
2:29.39	2:18.69	2:08.09	2:02.69	1:57.39	1:52.09	200 Y Free	1:42.39	1:47.29	1:52.09	1:56.99	2:06.79	2:16.49
6:40.59	6:11.99	5:43.39	5:29.09	5:14.79	5:00.49	500 Y Free	4:37.99	4:51.19	5:04.39	5:17.69	5:44.09	6:10.59
13:49.19	12:49.99	11:50.79	11:21.19	10:51.59	10:21.89	1000 Y Free	9:39.79	10:07.39	10:34.99	11:02.59	11:57.79	12:52.99
23:05.19	21:26.19	19:47.29	18:57.79	18:08.39	17:18.89	1650 Y Free	16:11.59	16:57.79	17:44.09	18:30.39	20:02.89	21:35.39
1:14.69	1:09.39	1:03.99	1:01.39	98.69	95.99	100 Y Back	94.09	95.49	98.99	1:01.39	1:06.39	1:11.49
2:42.99	2:31.39	2:19.69	2:13.89	2:08.09	2:02.29	200 Y Back	1:50.99	1:56.29	2:01.59	2:06.89	2:17.49	2:27.99
1:25.89	1:19.69	1:13.59	1:10.49	1:07.49	1:04.39	100 Y Breast	97.39	1:00.19	1:02.89	1:05.59	1:11.09	1:16.49
3:05.99	2:52.79	2:39.49	2:32.79	2:26.19	2:19.49	200 Y Breast	2:06.19	2:12.19	2:18.19	2:24.19	2:36.19	2:48.19
1:14.69	1:09.39	1:03.99	1:01.39	98.69	95.99	100 Y Fly	94.09	95.09	98.49	1:00.99	1:06.09	1:11.19
2:45.29	2:33.49	2:21.69	2:15.79	2:09.89	2:03.99	200 Y Fly	1:53.49	1:58.89	2:04.29	2:09.69	2:20.49	2:31.29
2:46.79	2:34.89	2:22.99	2:16.99	2:10.99	2:05.09	200 Y IM	1:53.79	1:59.19	2:04.69	2:10.09	2:20.89	2:31.69
5:55.89	5:30.49	5:04.99	4:52.29	4:39.59	4:26.89	400 Y IM	4:05.29	4:16.99	4:28.59	4:40.29	5:03.69	5:26.99
17–18 Girls						17–18 Boys						
31.39	29.09	26.89	25.79	24.59	23.49	50 Y Free	20.89	21.89	22.89	23.89	25.89	27.89
1:08.19	1:03.29	98.49	95.99	93.59	91.19	100 Y Free	45.79	47.99	50.09	52.29	56.69	1:00.99
2:28.49	2:17.89	2:07.29	2:01.99	1:56.69	1:51.39	200 Y Free	1:39.79	1:44.59	1:49.29	1:54.09	2:03.59	2:13.09
6:35.69	6:07.39	5:39.19	5:24.99	5:10.89	4:56.79	500 Y Free	4:31.59	4:44.59	4:57.49	5:10.39	5:36.29	6:02.19
13:46.19	12:47.19	11:48.19	11:18.69	10:49.19	10:19.69	1000 Y Free	9:32.59	9:59.79	10:27.09	10:54.39	11:48.89	12:43.39
22:48.49	21:10.69	19:32.99	18:44.09	17:55.19	17:06.39	1650 Y Free	15:51.49	16:36.79	17:22.09	18:07.39	19:37.99	21:08.59
1:13.69	1:08.49	1:03.19	1:00.59	97.89	95.29	100 Y Back	93.69	95.99	98.39	1:00.69	1:05.69	1:10.69
2:39.79	2:28.39	2:16.99	2:11.29	2:05.59	1:59.89	200 Y Back	1:48.69	1:53.89	1:58.99	2:04.19	2:14.59	2:24.89
1:24.89	1:18.79	1:12.79	1:09.79	1:06.69	1:03.69	100 Y Breast	96.39	98.99	1:01.69	1:04.39	1:09.79	1:15.09
3:03.79	2:50.69	2:37.59	2:30.99	2:24.39	2:17.89	200 Y Breast	2:02.49	2:08.29	2:14.19	2:19.99	2:31.69	2:43.29
1:13.59	1:08.29	1:03.09	1:00.49	97.79	95.19	100 Y Fly	93.39	95.79	98.09	1:00.39	1:05.39	1:10.39
2:43.49	2:31.89	2:20.19	2:14.29	2:08.49	2:02.69	200 Y Fly	1:50.59	1:55.89	2:01.19	2:06.39	2:16.99	2:27.49

2021–2024 National Age Group Motivational Times: Long-Course Meters

B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min		AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min
10 & under Girls						10 & under Boys						
44.09	39.89	35.59	34.19	32.79	31.39	50 M Free	31.39	32.79	34.09	35.49	39.49	43.59
1:41.99	1:31.19	1:20.29	1:16.69	1:13.09	1:09.39	100 M Free	1:09.49	1:12.89	1:16.39	1:19.79	1:30.19	1:40.59
3:45.79	3:20.99	2:56.29	2:48.09	2:39.79	2:31.59	200 M Free	2:29.49	2:36.59	2:43.69	2:50.79	3:12.09	3:33.49
7:36.79	6:51.09	6:05.39	5:50.19	5:34.99	5:19.79	400 M Free	5:14.59	5:29.59	5:44.49	5:59.49	6:44.49	7:29.39
54.89	48.89	42.89	40.89	38.89	36.89	50 M Back	36.89	38.89	40.99	42.99	49.19	55.29
1:59.19	1:45.99	1:32.69	1:28.29	1:23.89	1:19.49	100 M Back	1:18.89	1:22.89	1:26.99	1:30.99	1:43.09	1:55.09
1:00.49	53.99	47.49	45.29	43.09	40.89	50 M Breast	40.59	42.69	44.89	46.99	53.29	59.69
2:14.79	1:59.79	1:44.89	1:39.89	1:34.89	1:29.89	100 M Breast	1:29.29	1:33.79	1:38.19	1:42.69	1:55.99	2:09.39
53.39	47.09	40.79	38.69	36.59	34.49	50 M Fly	34.39	36.29	38.19	40.19	45.99	51.79
2:09.99	1:52.99	1:35.99	1:30.29	1:24.59	1:18.89	100 M Fly	1:18.09	1:23.59	1:28.99	1:34.49	1:50.79	2:07.09
4:09.39	3:43.19	3:17.09	3:08.29	2:59.59	2:50.89	200 M IM	2:49.89	2:58.39	3:06.89	3:15.39	3:40.79	4:06.19
11–12 Girls						11–12 Boys						
38.39	35.69	32.99	31.69	30.39	29.09	50 M Free	27.99	29.29	30.69	31.99	34.69	37.29
1:24.09	1:18.09	1:12.09	1:09.09	1:06.09	1:03.09	100 M Free	1:00.99	1:03.89	1:06.79	1:09.69	1:15.49	1:21.29
3:02.29	2:49.19	2:36.19	2:29.69	2:23.19	2:16.69	200 M Free	2:13.19	2:19.49	2:25.79	2:32.19	2:44.89	2:57.49
6:23.89	5:56.49	5:29.09	5:15.39	5:01.69	4:47.99	400 M Free	4:41.59	4:55.09	5:08.49	5:21.89	5:48.69	6:15.49
13:24.09	12:26.69	11:29.29	11:00.59	10:31.79	10:03.09	800 M Free	9:53.79	10:22.09	10:50.39	11:18.59	12:15.19	13:11.69
25:45.79	23:55.39	22:04.99	21:09.79	20:14.59	19:19.39	1500 M Free	18:55.19	19:49.19	20:43.29	21:37.39	23:25.49	25:13.59
43.99	40.79	37.69	36.09	34.49	32.99	50 M Back	31.99	33.69	35.39	36.99	40.39	43.69
1:38.69	1:30.99	1:23.19	1:19.29	1:15.39	1:11.49	100 M Back	1:09.19	1:12.99	1:16.69	1:20.49	1:27.99	1:35.49
3:24.49	3:09.89	2:55.29	2:47.99	2:40.69	2:33.39	200 M Back	2:29.59	2:36.69	2:43.79	2:50.99	3:05.19	3:19.49
48.99	45.49	41.99	40.19	38.49	36.69	50 M Breast	35.49	37.49	39.39	41.29	45.19	48.99
1:48.89	1:40.89	1:32.79	1:28.79	1:24.79	1:20.79	100 M Breast	1:18.09	1:22.19	1:26.19	1:30.29	1:38.39	1:46.59
3:52.59	3:35.99	3:19.39	3:11.09	3:02.79	2:54.49	200 M Breast	2:48.49	2:56.59	3:04.59	3:12.59	3:28.69	3:44.69
41.29	38.29	35.39	33.89	32.39	30.99	50 M Fly	30.19	31.89	33.59	35.19	38.59	41.89
1:36.19	1:28.49	1:20.79	1:16.99	1:13.09	1:09.29	100 M Fly	1:06.99	1:10.89	1:14.69	1:18.59	1:26.29	1:33.99
3:24.89	3:10.19	2:55.59	2:48.29	2:40.99	2:33.69	200 M Fly	2:30.39	2:37.49	2:44.69	2:51.89	3:06.19	3:20.49
3:26.09	3:11.39	2:56.59	2:49.29	2:41.89	2:34.59	200 M IM	2:30.19	2:37.79	2:45.49	2:53.19	3:08.49	3:23.79
7:19.69	6:48.29	6:16.89	6:01.19	5:45.49	5:29.79	400 M IM	5:22.39	5:37.79	5:53.09	6:08.49	6:39.19	7:09.89
13–14 Girls						13–14 Boys						
37.09	34.49	31.79	30.49	29.19	27.89	50 M Free	25.79	27.09	28.29	29.49	31.99	34.39
1:20.49	1:14.79	1:08.99	1:06.19	1:03.29	1:00.39	100 M Free	56.49	59.09	1:01.79	1:04.49	1:09.89	1:15.29
2:54.29	2:41.79	2:29.39	2:23.19	2:16.89	2:10.69	200 M Free	2:03.09	2:08.89	2:14.79	2:20.59	2:32.29	2:44.09
6:06.79	5:40.59	5:14.39	5:01.29	4:48.19	4:35.09	400 M Free	4:21.79	4:34.29	4:46.69	4:59.19	5:24.09	5:49.09
12:35.99	11:41.99	10:47.99	10:20.99	9:53.99	9:26.99	800 M Free	9:04.39	9:30.29	9:56.29	10:22.19	11:13.99	12:05.89
24:06.39	22:23.09	20:39.79	19:48.09	18:56.49	18:04.79	1500 M Free	17:19.89	18:09.39	18:58.89	19:48.39	21:27.39	23:06.49
1:29.99	1:23.59	1:17.09	1:13.89	1:10.69	1:07.49	100 M Back	1:02.89	1:05.89	1:08.89	1:11.89	1:17.89	1:23.89
3:12.39	2:58.69	2:44.89	2:38.09	2:31.19	2:24.29	200 M Back	2:16.59	2:23.09	2:29.59	2:36.09	2:49.09	3:02.09
1:42.09	1:34.79	1:27.49	1:23.89	1:20.19	1:16.59	100 M Breast	1:11.19	1:14.59	1:17.89	1:21.29	1:28.09	1:34.89
3:39.69	3:23.99	3:08.29	3:00.49	2:52.59	2:44.79	200 M Breast	2:34.09	2:41.39	2:48.79	2:56.09	3:10.79	3:25.49
1:26.59	1:20.39	1:14.29	1:11.19	1:08.09	1:04.99	100 M Fly	1:00.99	1:03.89	1:06.79	1:09.69	1:15.49	1:21.29
3:12.99	2:59.19	2:45.49	2:38.59	2:31.69	2:24.79	200 M Fly	2:15.69	2:22.19	2:28.59	2:35.09	2:47.99	3:00.89
3:15.79	3:01.79	2:47.79	2:40.79	2:33.89	2:26.89	200 M IM	2:18.49	2:25.09	2:31.69	2:38.29	2:51.39	3:04.59
6:55.49	6:25.89	5:56.19	5:41.29	5:26.49	5:11.69	400 M IM	4:54.59	5:08.59	5:22.59	5:36.59	6:04.69	6:32.69
15–16 Girls						15–16 Boys						
36.39	33.79	31.19	29.89	28.59	27.29	50 M Free	24.39	25.59	26.79	27.89	30.19	32.59
1:19.19	1:13.49	1:07.89	1:04.99	1:02.19	59.39	100 M Free	53.99	56.59	59.19	1:01.69	1:06.89	1:11.99
2:50.49	2:38.29	2:26.19	2:20.09	2:13.99	2:07.89	200 M Free	1:57.99	2:03.69	2:09.29	2:14.89	2:26.09	2:37.39
5:58.49	5:32.89	5:07.29	4:54.49	4:41.69	4:28.89	400 M Free	4:10.29	4:22.19	4:34.19	4:46.09	5:09.89	5:33.69
12:21.29	11:28.39	10:35.39	10:08.99	9:42.49	9:15.99	800 M Free	8:45.09	9:10.09	9:35.09	10:00.09	10:50.09	11:40.09
23:43.89	22:02.19	20:20.49	19:29.59	18:38.79	17:47.89	1500 M Free	16:36.69	17:24.19	18:11.69	18:59.09	20:33.99	22:08.99
1:27.29	1:21.09	1:14.89	1:11.79	1:08.59	1:05.49	100 M Back	1:00.09	1:02.99	1:05.89	1:08.69	1:14.39	1:20.19
3:08.39	2:54.99	2:41.49	2:34.79	2:28.09	2:21.29	200 M Back	2:10.29	2:16.49	2:22.69	2:28.89	2:41.39	2:53.79
1:39.49	1:32.39	1:25.29	1:21.69	1:18.19	1:14.59	100 M Breast	1:07.39	1:10.59	1:13.79	1:16.99	1:23.49	1:29.89
3:35.89	3:20.49	3:05.09	2:57.39	2:49.59	2:41.89	200 M Breast	2:26.49	2:33.49	2:40.49	2:47.49	3:01.39	3:15.39
1:25.39	1:19.29	1:13.19	1:10.09	1:07.09	1:03.99	100 M Fly	57.99	1:00.79	1:03.59	1:06.29	1:11.79	1:17.39
3:07.29	2:53.99	2:40.59	2:33.89	2:27.19	2:20.49	200 M Fly	2:09.19	2:15.39	2:21.49	2:27.69	2:39.99	2:52.29
3:11.89	2:58.19	2:44.49	2:37.59	2:30.79	2:23.89	200 M IM	2:12.49	2:18.79	2:25.09	2:31.39	2:43.99	2:56.59
6:47.89	6:18.79	5:49.69	5:35.09	5:20.49	5:05.99	400 M IM	4:40.59	4:53.89	5:07.29	5:20.59	5:47.29	6:14.09
17–18 Girls						17–18 Boys						
36.19	33.59	30.99	29.69	28.39	27.09	50 M Free	24.29	25.49	26.59	27.79	30.09	32.39
1:18.59	1:12.99	1:07.39	1:04.59	1:01.79	58.99	100 M Free	52.69	55.19	57.69	1:00.19	1:05.29	1:10.29
2:49.59	2:37.49	2:25.39	2:19.29	2:13.19	2:07.19	200 M Free	1:55.99	2:01.49	2:06.99	2:12.49	2:23.59	2:34.59
5:57.09	5:31.59	5:06.09	4:53.39	4:40.59	4:27.89	400 M Free	4:06.89	4:18.69	4:30.39	4:42.19	5:05.69	5:29.19
12:16.89	11:24.29	10:31.59	10:05.29	9:38.99	9:12.69	800 M Free	8:34.59	8:59.09	9:23.59	9:48.09	10:37.09	11:26.09
23:30.39	21:49.59	20:08.89	19:18.49	18:28.19	17:37.79	1500 M Free	16:25.99	17:12.99	17:59.89	18:46.89	20:20.79	21:54.69
1:26.59	1:20.39	1:14.19	1:11.09	1:08.09	1:04.99	100 M Back	58.99	1:01.79	1:04.59	1:07.39	1:12.99	1:18.59
3:06.89	2:53.59	2:40.19	2:33.49	2:26.89	2:20.19	200 M Back	2:07.89	2:13.99	2:20.09	2:26.19	2:38.39	2:50.59
1:38.69	1:31.69	1:24.59	1:21.09	1:17.59	1:14.09	100 M Breast	1:05.99	1:09.09	1:12.29	1:15.39	1:21.69	1:27.99
3:33.09	3:17.89	3:02.69	2:55.09	2:47.49	2:39.89	200 M Breast	2:23.69	2:30.59	2:37.39	2:44.19	2:57.89	3:11.59
1:24.29	1:18.29	1:12.19	1:09.19	1:06.19	1:03.19	100 M Fly	56.59	59.29	1:01.99	1:04.69	1:10.09	1:15.49
3:06.79	2:53.39	2:40.09	2:33.39	2:26.69	2:20.09	200 M Fly	2:06.29	2:12.39	2:18.39	2:24.39	2:36.39	2:48.39
3:10.69	2:56.99	2:43.39	2:36.59	2:29.79	2:22.99	200 M IM	2:10.29	2:16.49	2:22.69	2:28.89	2:41.29	2:53.69
6:45.19	6:16.29	5:47.29	5:32.89	5:18.39	5:03.89	4						