

Florida Swimming mandates that all persons on the pool deck or in the facility during a Florida Swimming sanctioned/approved meets must wear a mask at all times and is enforceable by meet management and/or facility.

2021 Sunshine State Games

June 4 - 6, 2021

Hosted by Makos Aquatics Club of Gainesville
Gainesville, FL

****IMPORTANT****

COVID-19 protocol and required waiver are included at the conclusion of the Meet Announcement.

Sanctioned by: Florida Swimming, Inc. Sanction **#FL-5620**

Conditions of The competition course has been certified in accordance with 104.2.2C(4).

Sanction: The copy of such certification is on file with USA Swimming.

In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with the requirement.

Use of audio, visual, or cell phone recording devices is permitted only in designated areas. Changing into or out of swimsuits on the pool deck is strictly prohibited. Changing tents will be available outside the pool area.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

In applying for this sanction, Makos Aquatics Club of Gainesville agrees to comply with and to enforce all health and safety mandates and guidelines of USA Swimming, Florida Swimming, the State of Florida, Alachua County, and the City of Gainesville facility.

AN INHERENT RISK OF EXPOSURE TO COVID-19 EXISTS IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMELY CONTAGIOUS DISEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE

CENTERS FOR DISEASE CONTROL AND PREVENTION, SENIOR CITIZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. USA SWIMMING INC. CANNOT PREVENT YOU OR YOUR CHILD(REN) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID-19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSED TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPREADING COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA SWIMMING, AND MAKOS AQUATICS CLUB OF GAINESVILLE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES, OR REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE, AND GIVE UP AND CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Rules: Current USA Swimming and Florida Swimming rules govern the meet.

Hosted by: Makos Aquatics Club of Gainesville

Location: Dwight Hunter Municipal Pool, 1100 NE 14th St., Gainesville, FL 32601 Tel: (352) 334-2191 **** Do not mail anything, including entry fee checks, to this address****

Type of Meet: Long Course Meters, timed finals swimming in age groups 10 & under, 11-12, 13-14, and 15 & over . When age groups compete together (e.g., 13-18), they will be separated for awards and scoring.

DATES & TIMES:

Friday, June 4, 2021

Session #1: (13-14 & OPEN) 1500 Free

Warm Up: TBA (guaranteed 30 min) Start: 5:30PM

Saturday, June 5, 2021

Session #2: (13-14 & OPEN)

Warm Up: TBA (guaranteed 30 min) Start: 8:00AM

Session #3: (11-12)

Warm Up: TBA (guaranteed 20 min) Start: TBA (at least 30 min after the end of session #2)

Session #4: (10 & Under)

Warm Up: TBA (guaranteed 20 min) Start: TBA (at least 30 min after the end of session #3) **Sunday, June 5, 2021**

Session #5: (13-14 & OPEN)

Warm Up: TBA (guaranteed 30 min) Start: 8:00AM

Session #6: (11-12)

Warm Up: TBA (guaranteed 20 min) Start: TBA (at least 30 min after the end of session #2)

Session #7: (10 & Under)

Warm Up: TBA (guaranteed 20 min) Start: TBA (at least 30 min after the end of session #3)

TYPE OF MEET: 50 Meter Course, Timed Finals

Age Groups 8 & Under, 10 & Under, 11-12, 13-14 and Open

Meet management reserves the right to limit the 400 IM and 400 Free events to top 24 of each gender and age group to remain within the Florida swimming 4 hour rule. Coaches will be notified prior to the start of the meet if this limitation is necessary.

The 1500 Freestyle will be limited to the top 16 swimmers per gender and age group. It will be swam together and scored separately by age group 13-14 & Open by gender. Coaches will be notified prior to the start of the meet if their swimmer is excluded. Swimmers excluded will be allowed to deck enter the events in available open lanes.

All entries must be legal LC times or conversions from short course for all 400 Freestyle, 400 IM and 1500 races. NT entries will not be accepted and **entry times will be checked on the USA Swimming database.**

Conversions will be allowed from Short Course Yards using the approved formulas below:

Let T= difference in number of turns between short and long course

(a) 50, 100, 200, 400 yards to meters Meter time = (yard time x 1.105) + T

(b) 500 or 1000 yards to meters Meter time = (yard time x .8751) + T

(c) 1650 Yard to 1500 meters Meter time = (yard time + 30 seconds)

Meet management reserves the right to use fly-over starts. Coaches will be notified before start of any session where fly-over starts will be used.

POOL SPECS: Outdoor pool. Certified 8 lanes, 50 Meters, Non-turbulent lane lines. The water depth is at least 7 feet at the starting end and at least 3 feet 8 inches at the turn end.

Diving well will be used for warm up and cool down for competitors only. The warm up area will be monitored and is to be used strictly by competitors in the current session. Feet first entry is to be used only. Swimmers will be asked to exit if they are playing or being disruptive.

TIMING EQUIPMENT: Daktronics Timing system, non-slip touch pads, back up buttons and eight lane display board for events 100 meters and above. Superior Swim Timing System for 50's. One hand timer per lane and one button.

ELIGIBILITY: Open to all currently registered USA Swimming Inc. swimmers **WHO RESIDE IN FLORIDA.**

On deck USA registration will be allowed and presented to the referee for proof.

DISABILITIES: Swimmers with disabilities are welcome to enter this meet. The athlete (or the athlete's coach) is responsible for notifying the Referee prior to the competition of any disability of athlete.

SEEDING: 50 Meter Long Course times will be used.

All 1500 events will be deck seeded and positive check in is required by 4:45PM on Friday, June 4th.

ENTRY LIMIT: Entries will be limited to the first 400 swimmers. Teams will not be broken up, but no additional teams will be accepted after the 400 mark is reached.

All age groups are limited to three (3) individual events per day, nine (7) individual events for the meet, plus relays. Entries that exceed the entry limit(s) will be dropped when they exceed the limit for the meet or day.

Each team may enter two (2) relays per event and should designate their entries A & B.

An athlete may compete in a relay in their age group or the Open age group, but only one relay in that relay sequence.

Meet management reserves the right to eliminate relays to maintain a proper timeline.

SCRATCHES: No penalty for scratching on the block, except for deck seeded events. Failure to swim once checked in to a positive check in event will result in the swimmer being barred from the next individual event he/she is entered in. Swimmers may not scratch an event to enter another event.

ENTRY FORM: Entries must be in USA Swimming SDIF format or Hy-tek, CL2 format. A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. Free text email entries will not be accepted. Dish and e-mail entries will not be accepted that are not accompanied by a hard copy entry, including the Master Entry Form. List all attending coached, contact phone numbers and Relay only swimmers in the body of the email. Corrupted unreadable or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of the file. If using the enclosed entry form, the form will serve as proof of entry. The legal name and current USA Swimming registration number for each swimmer must be listed on the entry form. Florida Swimming requires a \$50 penalty from teams that do not submit their entries in the Hy-tek format.

SEND ENTRIES TO: Preferred method - Email Entries to: Joy Kraus: coachjoy1@yahoo.com 304-654-0240

Mail Entries & payment to: MACG, PO Box 357194, Gainesville, FL 32635

ENTRY DEADLINE: All entries must be received no later than 5:00PM on Wednesday, May 26th, 2021. This is a popular meet and fills quickly. Teams are encouraged to submit their entries well in advance of the entry deadline. The meet will close when there are 400 committed athletes. Entries received after the entry deadline will be considered deck entries and accepted only to fill empty lanes.

ENTRY FEES:

\$15.00 facility fee per swimmer

\$2.00 electronic heat sheet fee

\$4.15 per individual event \$5.00 per relay event

\$10.00 per DECK entered event. No new heats will be made, only accepted to fill open lanes...swimmers may not scratch an event to enter another event

Make Checks Payable to: Makos Aquatics Club of Gainesville

SCORING: Individual events: 9-7-6-5-4-3-2-1 Relay events: 18-14-12-10-8-6-4-2

AWARDS:

Individual events: Medals (1st-3rd), Ribbons 12 & under events only (4th-8th)

Relay events: Medals (1st-3rd)

High Point: (1st & 2nd) per age group and gender (10&U, 11-12, 13-14 and Open)

Team Awards: 1st & 2nd

RULES: Current USA Swimming Inc. Rules govern the meet.

Florida Swimming Rules and Regulations 223.10

OFFICIALS:

Meet Director: Leonard Kraus Meet Referee: Quinn Sampson

Starter: Ale Maruniak Head Marshal: Kent Walker

Stroke & Turn: Eric Moore Administrative Referee: Joy Kraus

**Officials wishing to volunteer at any session, please contact: Ale Maruniak alemar@ufl.edu

COACHES MEETING: There will be a coaches meeting on Saturday, June 5th Prior to the start of the meet.

OFFICIALS BRIEFINGS: Officials briefings will be held one hour prior to the start of each session in the hospitality room.

MEET COMMITTEE: A meet committee to be composed of the Meet Director, home team coach, and three visiting coaches will make decisions regarding the meet schedule in the event of inclement weather or at other times as requested by the Meet Director. In case of weather delays, the meet committee will have the power to cancel the meet or events or postpone it to a future date or time with the best interest of the swimmers and traveling teams in mind.

COACH SUPERVISION: Each swimmer participating in a Florida Swimming Sanctioned meet must be supervised during warm-up and competition by a currently registered USA Swimming Coach. An athlete not escorted by a Coach member must check in with the Meet Referee upon arrival at the meet. Such athletes

must find a substitute Coach who will supervise them during warm-up and competition and must submit the enclosed Alternate Coach form (signed by the accepting coach) to the Meet Referee prior to beginning any warm-up or competition.

IDENTIFICATION: Coaches and Officials shall wear their USA Swimming Registration card in a conspicuous location at all times while on deck during the meet or show proof of current USA-S coach membership in Deck Pass. Coaches and officials will be required to sign in that their credentials are current.

CAMERA ZONES: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones: at each swim meet where both still photography and video photography of a race or competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end" etc. Meet Management shall also designate "Non-Camera Zones" Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race start purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

DISTANCE EVENTS: Swimmers must provide their own counter and timer for the 1500.

SPECTATORS: No spectators will be on deck during the duration of the meet.

INFORMATION: Leonard Kraus, Meet Director / kraus.leonard@gmail.com/ 304-360-3478

12-&-Under Tech Suit Restriction:

No technical suits may be worn by any 12-&-under USA Swimming athlete member in competition at any sanctioned, approved or observed meet.

A Technical Suit is one that has the following components:

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or*
- b. Any suit with woven fabric extending past the hips.*

(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)

ORDER OF EVENTS

FRIDAY, JUNE 4, 2021 – SESSION #1

Warm Up: TBA

Competition: 5:30PM

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|-----------|-------------------|-----------------|------|
| 1 | 24.06.39 | 13 -14 | 1500 FR** | 23:06.49 | 2 |
| 3 | 23.43.89 | OPEN | 1500 FR** | 22:08.99 | 4 |

** Limited to top 24 per gender. Swim fastest to slowest alternating gender. 13-14 & Open events will be swum together by gender but scored separately. Swimmers must provide their own timer and counter.

Positive check in by 4:30PM

SATURDAY, JUNE 5, 2021 – SESSION #2

Competition:8:00AM

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|-----------|-------------------|-----------------|------|
| 5 | | OPEN | 200 MEDLEY RELAY* | | 6 |
| 7 | | 13-14 | 50 FR | | 8 |
| 9 | | OPEN | 50 FR | | 10 |
| 11 | | 13-14 | 200 IM | | 12 |
| 13 | | OPEN | 200 IM | | 14 |
| 15 | | 13-14 | 200 BK | | 16 |
| 17 | | OPEN | 200 BK | | 18 |
| 19 | | 13-14 | 100 FLY | | 20 |
| 21 | | OPEN | 100 FLY | | 22 |
| 23 | | 13-14 | 200 BREAST | | 24 |

| | | | | | |
|----|---------|-------|------------|---------|----|
| 25 | | OPEN | 200 BREAST | | 26 |
| 27 | 5:40.89 | 13-14 | 400 FR# | 5:24.09 | 28 |
| 29 | 5:32.89 | OPEN | 400 FR# | 5:09.89 | 30 |

*in water exchange at shallow end #13-14 & Open events will be swum together by gender but scored separately

SATURDAY, JUNE 5, 2021 - Session #3

Competition: TBA

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|------------|-------------------|-----------------|------|
| 31 | | 12 & UNDER | 200 MEDLEY RELAY* | | 32 |
| 33 | | 11-12 | 200 IM | | 34 |
| 35 | | 11-12 | 50 FR | | 36 |
| 37 | | 11-12 | 50 BK | | 38 |
| 39 | | 11-12 | 100 FLY | | 40 |
| 41 | | 11-12 | 50 BREAST | | 42 |
| 43 | | 11-12 | 400 FR** | | 44 |

*in water exchange at shallow end

**Limited to top 16 swimmers per age group & gender. Positive check-in by 15 minutes prior to the start of the meet. Swimmers must provide their own timer.

SATURDAY, JUNE 5, 2021 - Session #4

Competition: TBA

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|------------|-------------------|-----------------|------|
| 45 | | 10 & UNDER | 200 MEDLEY RELAY* | | 46 |
| 47 | | 10 & UNDER | 200 IM | | 48 |

| | | | | | |
|----|--|------------|-----------|--|----|
| 49 | | 10 & UNDER | 50 FR | | 50 |
| 51 | | 10 & UNDER | 50 BK | | 52 |
| 53 | | 10 & UNDER | 100 FLY | | 54 |
| 55 | | 10 & UNDER | 50 BREAST | | 56 |

*in water exchange at shallow end

SUNDAY, JUNE 6, 2021 - Session #5

Competition: 8:00AM

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|-----------|-------------------|-----------------|------|
| 57 | | OPEN | 200 FR RELAY* | | 58 |
| 59 | | 13-14 | 200 FR | | 60 |
| 61 | | OPEN | 200 FR | | 62 |
| 63 | | 13-14 | 100 BR | | 64 |
| 65 | | OPEN | 100 BR | | 66 |
| 67 | | 13-14 | 200 FLY | | 68 |
| 69 | | OPEN | 200 FLY | | 70 |
| 71 | | 13-14 | 100 BK | | 72 |
| 73 | | OPEN | 100 BK | | 74 |
| 75 | | 13-14 | 100 FR | | 76 |
| 77 | | OPEN | 100 FR | | 78 |
| 79 | 6:27.59 | 13-14 | 400 IM# | 6:04.69 | 80 |
| 81 | 6:18.79 | OPEN | 400 IM# | 5:47.29 | 82 |

*in water exchange at shallow end #13-14 & Open events will be swum together by gender but scored separately

SUNDAY, JUNE 6, 2021 - Session #6

Competition: TBA

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|------------|-------------------|-----------------|------|
| 83 | | 12 & UNDER | 200 FR RELAY* | | 84 |
| 85 | | 11-12 | 200 FR | | 86 |
| 87 | | 11-12 | 100 BR | | 88 |
| 89 | | 11-12 | 50 FLY | | 90 |
| 91 | | 11-12 | 100 BK | | 92 |
| 93 | | 11-12 | 100 FR | | 94 |

*in water exchange at shallow end

SUNDAY, JUNE 6, 2021 - Session #7

Competition: TBA

| Girls | Qualifying Time | Age Group | Stroke & Distance | Qualifying Time | Boys |
|-------|-----------------|------------|-------------------|-----------------|------|
| 95 | | 10 & UNDER | 200 FR RELAY* | | 96 |
| 97 | | 10 & UNDER | 200 FR | | 98 |
| 99 | | 10 & UNDER | 100 BR | | 100 |
| 101 | | 10 & UNDER | 50 FLY | | 102 |
| 103 | | 10 & UNDER | 100 BK | | 104 |
| 105 | | 10 & UNDER | 100 FR | | 106 |

*in water exchange at shallow end

Sunshine State Games Meet Safety Plan

Dwight Hunter Municipal Pool

June 4 - 6th 2021

Florida Swimming mandates that all persons on the pool deck or in the facility during a Florida Swimming sanctioned/approved meets must wear a mask at all times, enforceable by meet management and/or facility.

THE WAIVER AT THE END OF THIS DOCUMENT MUST BE COMPLETED FOR EACH ATTENDING COACH AND ATHLETE AND E-MAILED (PHOTO, SCAN, OR PDF) TO COACHJOY1@YAHOO.COM BY TUESDAY, JUNE 1, 2021.

General Set-up

- Teams/parents will set up folding chairs and tents in the field area of pool facility. Mask wearing and physical distancing will be enforced as required by city and county ordinances.
- All athletes and volunteers will report to pool staff for temperature checks at the southeast entrance gate. They will receive a mark on the arm to show they have passed the temperature check.
- Throughout the event, entry will be through the southeast gate and monitored by a deck manager. Exit will be through the southwest gate and monitored by a deck manager.
- Swimmers must walk in and walk out of the facility in their suits. No changing or showering is allowed, and the locker room area will be off-limits unless there is an emergency. Per USA Swimming and facility rules, deck changing is prohibited.
- Restrooms will only be available to two persons at a time and must be entered via the outside doors adjacent to the parking lot. Inside doors will remain locked.
- No spectators will be allowed inside the facility.
- If the pool is cleared because of lightning, coaches, officials, swimmers, and volunteers will be expected to exit the pool area until the facility staff announce the return inside.

Warm Up

- Multiple warm-up sessions will be pre-assigned by team, based on the number of competitors. • No more than 32 athletes in the facility at one time, four per lane, starting at opposite ends. • No more than 2 coaches per team permitted on deck during their allotted warm-up time. • No equipment permitted in the pool during warm-ups.
- Unless doing a racing start in designated lanes, all swimmers must enter pool feet first with at least one hand in contact with the deck of the pool.
- Individual pre-event warm-ups and cool down will be permitted for **13 & Over swimmers ONLY**

Competition

- Only coaches, volunteers, officials, and “active” swimmers are allowed on deck during the meet for a maximum of 50 people at any one time. For individual events “active” swimmer means:
 - The 6 swimmers who are racing
 - Up to 6 swimmers warming up in designated lanes
 - Up to 6 swimmers cooling down in designated area

Athletes in subsequent heats will line up in a staging area outside the southeast gate to advance to the competition lanes. While waiting to enter the pool area, masks must be worn and athletes must maintain physical distance by standing at the cones placed 6 feet apart. Staging area will be managed by a deck manager. Hand sanitizer will be available in the staging area.

A second deck manager will supervise traffic on the pool deck as swimmers move between the area behind the blocks, the competition lanes, the warm-down lanes.

- Five officials, two meet administrators, one head timer, and a meet announcer will be stationed on the west side of the pool. One deck manager will be working the south side of the pool to manage athlete traffic on the deck. One meet marshal will circulate on the deck to maintain compliance with masking and physical distancing requirements. Each of the 8 competition lanes will have one timer. No additional volunteers will be permitted on the deck.
- Coaches must wear masks at all times and maintain social distancing whenever possible. Because of deck occupancy restrictions, only one coach will be allowed per team with 10 or fewer athletes in a given session, and only two coaches for teams with 10+ athletes in a given session are allowed on deck during competition. Coaches will be stationed along the west and north sides of the pool deck. Hand sanitizer will be available at the starter's table. Additional coaches may be outside the pool area assisting with athlete staging and preparation for events.



City of Gainesville

Parks, Recreation and Cultural Affairs

Covid-19 Acknowledgement Risk Form for Voluntary Participation in Activities Held at Parks, Recreation and Cultural Affairs Facilities or Parks

I acknowledge and understand that the coronavirus known as Covid-19 has been declared a worldwide pandemic and is contagious and can be spread by person-to-person contact. As a result, federal, state and local health agencies recommend social distancing and other measures to reduce the spread of the virus.

Parks, Recreation and Cultural Affairs (PRCA) will conduct or host various activities and events during the 2020-2021 calendar year at its facilities and parks. These activities will be conducted in accordance with health and safety protocols appropriate for the activity and for the conditions at the time. I understand that participation in organized sports and activities during the Covid-19 pandemic can lead to increased risk of exposure. PRCA will implement or require hosting parties to implement comprehensive plans to reduce these risks, however, none of these mitigation efforts can guarantee complete safety. Individuals participating in the activity will be required to follow these protocols and will be immediately removed from the activity if they do not fully comply.

I am aware of the health and safety procedures being implemented by PRCA or hosting parties. My child and I agree to participate in these virus protocols. My child or I will report any symptoms of illness to his or her parents, guardians, coaches, directors, athletic trainers, hosts and other leaders associated with my sport or activity. We will also report any contact or exposure to Covid 19.

I have been advised of the risks of participation. I acknowledge and understand that because of the Covid-19 pandemic that there is an increased risk to myself or my child if they participate in these activities. I have weighed the risks and benefits and hereby consent to myself and my child participating in the extracurricular activity identified below:

Name of Child (Print)

Child's Signature Date

Name of Parent or Legal Guardian (Print) Telephone Number

Parent or Legal Guardian Signature Date

Team Name