



Athlete Code of Conduct

GSC athletes will:

- Respect and show courtesy to their teammates and coaches at all times.
- Demonstrate good sportsmanship at all practices and meets.
- Communicate with my parents and coaches as required.
- Set a good example of behavior and work ethic for my younger teammates.
- Be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- Attend all team meetings and training sessions, unless I am excused by my coach.
- Show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- Refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- Obey all of USA Swimming's and GSC's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by the head coach and team administration.