

Equipment Your Swimmer Needs

In addition to a suit and goggles, each GSC training group has particular equipment needed for practice and it is important that each swimmer brings the necessary items to the pool.

GSC contracts with Speedo for team gear, available through Total Team Wares (www.totalteamwares.com) at a discount.

White and Green Caimans:

Kickboard



Long-blade swim fins



Blue and Orange Caimans:
Kickboard



Swim snorkel (and nose clip if needed)



BLUE: Long-blade swim fins



ORANGE: Short-blade swim fins



Silver and Gold Crocodiles:

Kickboard



Short-blade swim fins



Swim snorkel (and nose clip if needed)



Pull buoy



Paddles



Senior Gators:

Kickboard



Short-blade swim fins



Swim snorkel (and nose clip if needed)



Pull buoy



Paddles



Two tennis balls



Sectional and National Gators:

Kickboard



Short-blade swim fins



Swim snorkel (and nose clip if needed)



Pull buoy



Paddles



Pull band

