

Loggerhead Aquatics Travel Team Code of Conduct



Swim Meet Policy

1. Meet warm up times will be announced to the team by the Loggerhead Coaching Staff and will be sent to the team via email prior to each swim meet. At championship meets, many times the coaches will verbally tell the swimmers when they would like them at the pool for warm up. It is expected that all swimmers and their parents strictly adhere to warm up times and be punctual.
2. All swimmers should check with their coach prior to leaving a meet. It may become necessary for a swimmer to leave the meet early; however his/her coach should be notified before departure. Due to illness, injury, and other events you may be needed to compete on a relay, so please check with a coach prior to your departure from the meet.
3. In a prelim/final swim meet all swimmers who qualify to compete in finals are expected to participate in finals. All team members are strongly encouraged to return to the finals session to support the team and take advantage of the opportunity to learn from watching the finals. At a championship meet it is mandatory for swimmers to return to finals to support the team UNLESS swimmers are returning home after their last day of competition.
4. Swimmers are expected to meet with their coaches before and after every race.
5. All Loggerhead swimmers are expected to wear Loggerhead apparel and team gear to all swim meets. The coaches will announce to the groups as well as email the parents with which shirts to wear on given days of meet competition. Wear your team gear with pride!
6. Swimmers should sit with their teammates while at a meet and should participate in all team meetings and activities.
7. All members of Loggerhead Aquatics, swimmers, parents, and siblings, should show proper respect and sportsmanship towards coaches, officials, meet administrators, competitors, and parents from other teams during a meet.
8. All designated team areas should be left as clean, or cleaner, than when the team arrived on day one. This reflects our club in a positive light and also helps the meet host.
9. All questions a swimmer or parent may have relating to swim results, an officiating call, or conduct at the meet should be addressed to a Loggerhead coach. Our coaches, through proper protocol and channels, will pursue the matter further if necessary.
10. USA swim policy does not allow any parents behind the blocks at any point and time through warm ups or competition. Parents are asked to stay in the designated spectator area unless they are working the meet in an official capacity.

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Travel Team Policy

1. Please realize that all participants on a Loggerhead Aquatics travel meet you are representing the team and yourself the entire time you are on the trip. This includes the bus, hotel, restaurants, and team activities in addition to the swim meet. Your actions should positively represent the club as well as yourself.
2. Under no circumstance will alcohol, tobacco, any controlled substance, any IOC performance enhancing drugs, or any drug or paraphernalia be used, endorsed, or promoted. Any violation of this policy may result in immediate dismissal from the travel team and possibly further disciplinary action.
3. All swimmers on the travel team will participate in all team functions. Swimmers should know the team schedule and strictly adhere to them. Coaches will produce an itinerary schedule with times to be present. Be prompt and on time.
4. All members of the travel team must stay with the team at all times. Swimmers are not to leave the pool, hotel, or any other place the team has gathered without the permission of a coach or chaperone.
5. Hotel rooms, hotel lobby, team bus, restaurants, and the team area at the meet are all to be treated with respect and kept neat. Your personal belongings should be kept together and all trash picked up appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from the trip.
6. Swimmers are not allowed in any other room other than the one they have been assigned. Failure to adhere to this can cause dismissal from the travel team.
7. When shaving for a championship meet, swimmers may only do so in their own assigned hotel room. Swimmers are not permitted to shave in any other room, area of the hotel, or anywhere at the competition venue, including the locker rooms and the showers.
8. All swimmers must refrain from inappropriate physical contact at all times.
9. Swimmers are expected to strictly adhere to the curfews established by the coaching staff. At curfew, all lights, TV's, electronics, etc. must be turned off and no talking will be permitted.
10. Swimmers are expected to be quiet and respect the rights of their teammates and other hotel guests during the evening hours and also during the time between prelims and finals. There is to be no telephone use after the curfew and no room-to-room telephone use during afternoon rest of a prelims/finals meet.
11. All telephone and incidental room charges will be added to your team account. This includes room service, movies, damages, etc.
12. When group meals have been contracted with a hotel or restaurant all swimmers and chaperones on the trip are expected to participate with the team.
13. Swimmers are expected to travel and stay with the team on team travel trips. Any exceptions to this policy must be approved by the Head Coach or his designee prior to the trip.
14. Violations of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family. If within three hours from Julington Creek it will be expected that a family member come pick up their child after being contacted.

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Please return this form

Code of Conduct

I have read and understand this Code of Conduct and by this signature agree to abide by it.

Swimmer's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

Please Indicate Your Desired T-Shirt Size

YXL AS AM AL AXL AXXL

Medical Release

Name: _____ DOB: _____ Sex: M F

Emergency Contact

Name: _____ Relationship: _____

Home: _____ Office: _____ Cell: _____

Additional Contact

Name: _____ Relationship: _____

Home: _____ Office: _____ Cell: _____

List all Known Medical Conditions, Including Food Allergies and/or Drug Allergies. In Addition, Include Any and All Over-the-Counter and/or Prescription Drugs Taken Regularly.

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Please return this form

Physicians Name: _____

Phone Number(s): _____ Additional: _____

Primary Insurance Company: _____

Phone Number(s): _____ Additional: _____

Billing Address: _____

Policy Holder's Name: _____

Address: _____

Relationship to child/children: _____

ID Number: _____

Statement of Consent:

In the event of an emergency or non-emergency situation requiring medical treatment, I, _____, hereby grant permission for any and all medical and/or dental attention to be administered to my child/children, in the event of an accidental injury or illness, until such time as I can be contacted. This permission includes, but is not limited to, the administration of first aid, the use of an ambulance, and the administration of anesthesia and/or surgery, under the recommendation of qualified medical personnel.

Signature: _____

Date: _____