JCLA – Julington Creek Loggerhead Aquatics

Loggerhead Latest

April 2013

Just keep swimming...
-Dory

Upcoming Events

April 13, 2013
Loggerhead 5x5 Spring Meet @Home
April 25, 2013
JCLA Team Banquet @ Cunningham Creek Elementary
April 26-28, 2013
EAJ Ultimate Swimmer Meet @ Episcopal, Jacksonville
May 4, 2013
Hole in One Qualifying Round @ Champions Club and Windsor Parke Club
May 10-11, 2013
Bolles Meet @ Bolles, Jacksonville
May 18, 2013
Hole in One Finals @ Champions Club, Julington Creek
May 25-26, 2013
Midnight Madness Meet @ Episcopal, Jacksonville

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Congratulations to all on a Successful Short Course Season!

Loggerheads excel at 2013 Championship Meets

Whether it was at Senior Champs, FLAGS, Sectionals, or Area 1 & 4 Champs, Loggerhead swimmers made us proud both in and out of the pool. Not only are they fast swimmers, JCLA athletes also strive to be good citizens, conducting themselves with character and sportsmanship wherever they go!

Keep up with…
All Things Loggerhead…

Log into our website www.loggerheadaquatics.com

Here you will find the latest news, meet and volunteer sign ups, account information, sponsorship opportunities, team records, time standards, and individual and meet results. Make sure you log in when you visit the website so you can enjoy access to all site features.

Connect with us on facebook

http://www.facebook.com/pages/Julington-Creek-Loggerhead-Aquatics/204566190288?v=wall

Follow us on Twitter

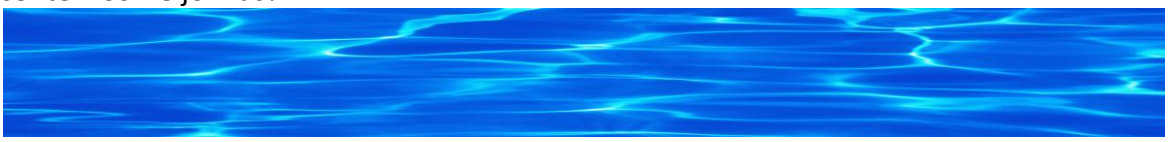
@JCLALoggerhead

Read about us in The Creekline *newspaper*

The Creekline is delivered free each month to addresses in Northwest St. Johns County.

LPAC news

LPAC is the Loggerhead Parent Advisory Committee. ***All Loggerhead parents are members of LPAC.*** You are welcome and encouraged to attend LPAC meetings which are held monthly. LPAC exists to support our team and to help make the Loggerhead experience the best it can be for all our children. LPAC meetings are also a great way to meet other parents and learn about our children's fabulous sport of swimming. The next LPAC meeting will be on **April 22, 2013 at 7pm** in one of the meeting rooms at the rec center. Come join us!



Swim-A-Thon-

*A big thank you to all swimmers and parents for the awesome participation in our recent Swim-A-Thon, and special thanks to our Swim-A-Thon Committee headed by Amy Howell! The deadline to turn in all pledge money is **Saturday, April 13**. Envelopes may be dropped off in the blue bin located near the coaches during practices. Be on the lookout for an email that will let us know how much money we raised.*

Team Banquet-

*Loggerheads Annual Banquet will be held on **Thursday April 25th** from 6-8pm at Cunningham Creek Elementary. The event will be catered by Moe's and the price is $8.50 per person. Please sign up through team unify where there will also be volunteer opportunities to help set-up, serve, and clean up. We hope everyone can join us celebrate with our coaches the successful season so far.*

Many thanks and regards to all!

Mary Ryan

Tina Tayag

LPAC Social Chairs

FORE!!!!!!

Our team's next project is going to be a

FUNdraiser!!!

$1,000,000

Hole in One Challenge

(not kidding folks)

Mark your calendars NOW…

Saturday May 4th from 8:00am—2:00pm
Champion's Club at Julington Creek
(Qualifying round on the driving range)

Saturday May 18th Approx. 9:00am
(Semi-Finals and Finals on the 18th hole)

Details to follow in a group-wide email
****Stay tuned and be ready to swing into action****

Loggerhead 2013 Championship Teams:

Way to go, Loggerhead!!!

Sectionals Team

Eleanor Pollitt
Julianna Pettinger
Hannah Moring
Tanner Rogalski
Ethan Chestang
Dani Gordon
Jennifer Brennock
Parker Von Stein
Ben Koros
Ren Art
John Brennock

Senior Champs Team

Dani Gordon
Caitlyn Johnson
Hannah Moring
Julianna Pettinger
John Brennock
Ethan Chestang
Brendan Johnson
Ben Koros
Matthew Morin
Tanner Rogalski
Phillip Stevens
Cameron Von Stein
Parker Von Stein

FLAGS Team

Megan Arnold
Jennifer Brennock
Hadley Browder
Katia Brown
Tatiana Brown
Abbey Ellis
Anna Gapinski
Gabriella Hert
Natalie Hert
Emma Howell
Emilee Ivan
Lauren Johnson
Sasha Matkovski
Aubrey Miller
Anna Moore
Rhiannon O'Donohue
Eleanor Pollitt
Meghan Shaffer
Summer Stanfield
Jane Wadhams
Ben Aufdenberg
David Gapinski
Ethan Howell
Alex Jones
Noah Meyer
Michael Morton
Adrian Oake
John Ryan
Carter Strickland
Nicky Tayag
Isaiah Thompson
Nick Vansteenberghe
Owen Wheeler

Grand Prix Meet News

The USA Swimming Arena Grand Prix meet is truly a world class sporting event. Top swimmers, including many Olympic medalists and world record holders from the US, Canada, Europe, Latin America, and Australia, gathered to compete at the Grand Prix in Orlando on February 14-16. Athletes in attendance included swimming superstars Ryan Lochte, Missy Franklin, Tyler Clary, Dana Vollmer, Conor Dwyer … and JCLA Loggerheads' own **Dani Gordon, Lauren Johnson, John Brennock, Brendan Johnson, and Julianna Pettinger!** What a thrill for these athletes and for the entire Loggerhead team to be represented among the best of the best in the swimming world.

A large contingent of Loggerhead swimmers and parents carpooled it down to Orlando to cheer on their teammates at the Grand Prix meet. An inspirational highlight of the trip was the "Autograph Arena" where Loggerhead swimmers had the chance to meet their swimming heroes, take pictures, and get autographs. Judging by their enthusiasm and dedication to the sport, it wouldn't be surprising if some of our own Loggerhead swimmers are one day giving the autographs themselves!

Loggerhead Michael Morton with Olympic Gold Medalist Missy Franklin at the Gran Prix

SPONSORSHIP NEWS…

Frequently Asked Questions about Heat Sheet Ads

What is a heat sheet?
A heat sheet is the program for the swim meet, and it is sold to the spectators. It lists all the races and swimmers in each event. We will have a minimum of four meets per year.

How does advertising in heat sheet benefit my business?
Almost every family that participates in the swim meet will see your ad. Families from other cities and areas of town will travel to Julington Creek to participate in our meets, and these families may patronize your business while they are here. JCLA families will also be encouraged to make a special effort to support our heat sheet advertisers.

What information do we need from an advertiser?
The advertiser should provide us with the information about their business-location, phone number, hours of operation, web address, etc…as they would with other advertisements. Some may already have a business card, flyer or newspaper ad that can be used. Discounts or coupons are always good ideas for restaurants or retail businesses.

What do the ads cost?
The business ad cost covers the heat sheet for one JCLA swim meet.
Full Page $80 each or $260 for 4 pre-paid ads
Half Page $45 each or $150 for 4 pre-paid ads
Quarter Page $25 each or $85 for 4 pre-paid ads
Business Card space $10 each or $35 for 4 pre-paid ads

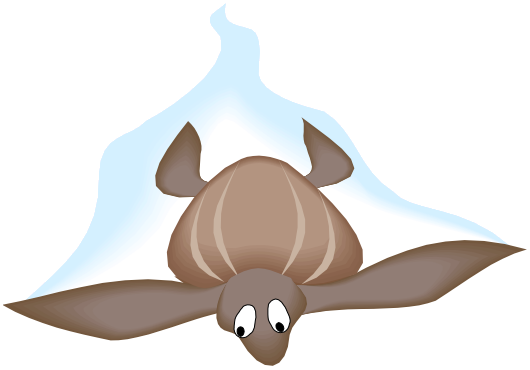
What is the Deadline to purchase?
One week prior to the event. All Artwork, Pictures and All Business info will be due. **Please contact sponsorship chairs, Shellye LaRue smlarue68@gmail.com or Foster Thomson fosterthomson1995@gmail.com , or a Loggerhead Coach.**

Be sure to check out page 26 of this newsletter for details on an exciting new way to help sponsor the Loggerheads courtesy of The Rogo Team Realtors.

Swimmer of the Month Recognition

December

Bronze – Jude H.

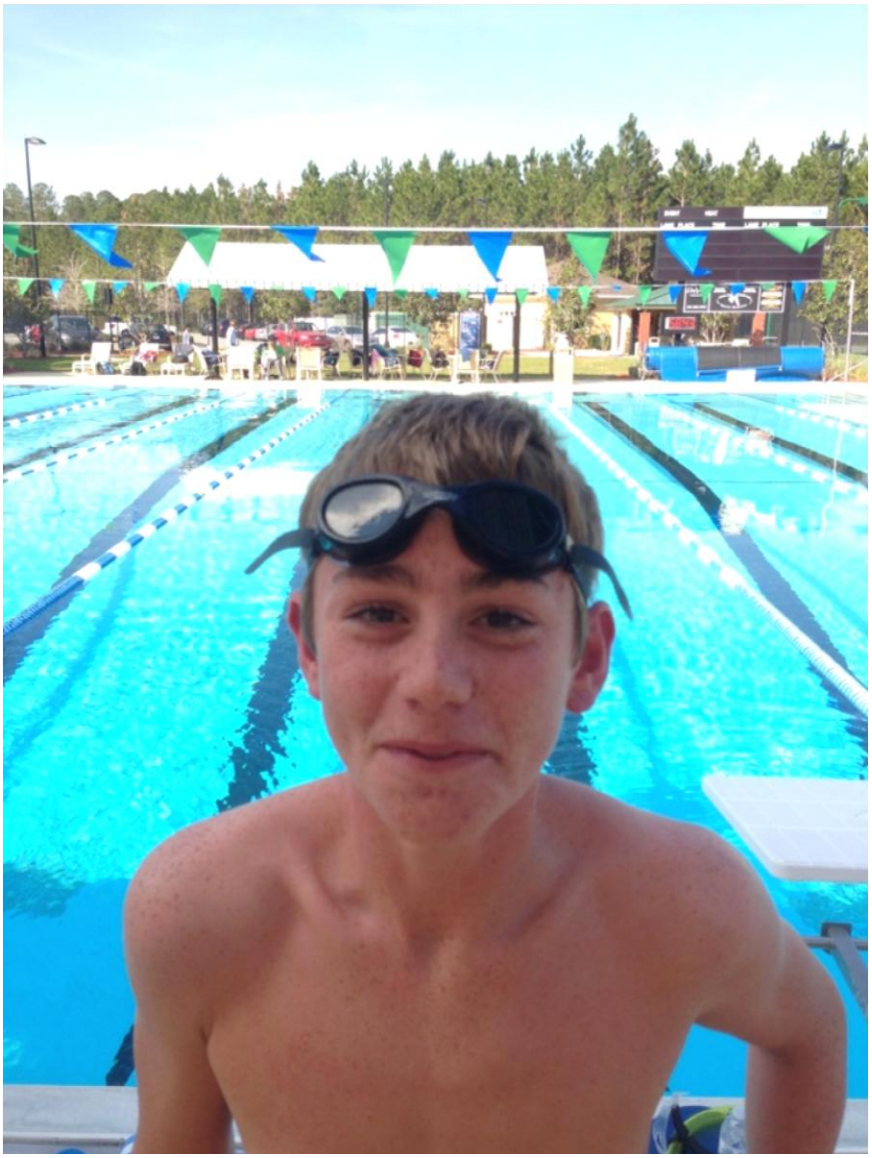


Jude has been on the team now for a couple years and has progressed a lot. He has always done baseball as well, and even with his other sports he has still excelled in swimming. Jude is a great swimmer and teammate who is always in a good mood and staying positive. Recently he has been getting the hang of some more difficult concepts and we hope to have him on the team for years to come.

Silver – Meghan S.

Meghan joined us this August entering her first season in USA Swimming. She has quickly developed a hard work ethic within the Silver group and always has a smile on her face and gets along great with her lane mates and coaches. Congratulations Meghan!

Gold – Adrian O.



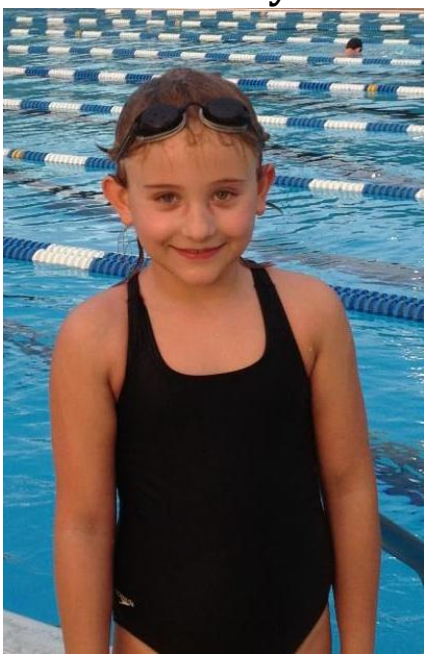
Adrian started with us in August and has worked hard to push himself into the competitive scene. At the end of November, at the Gator Classic Meet, Adrian made finals in both the 50 and 100 breaststroke placing in the top 8 at a very competitive meet. Adrian will be aging up prior to the spring championships, but is looking at making his 13-14 cuts prior to. Congrats and keep up the good work, Adrian!

Gold Plus – Eleanor P.

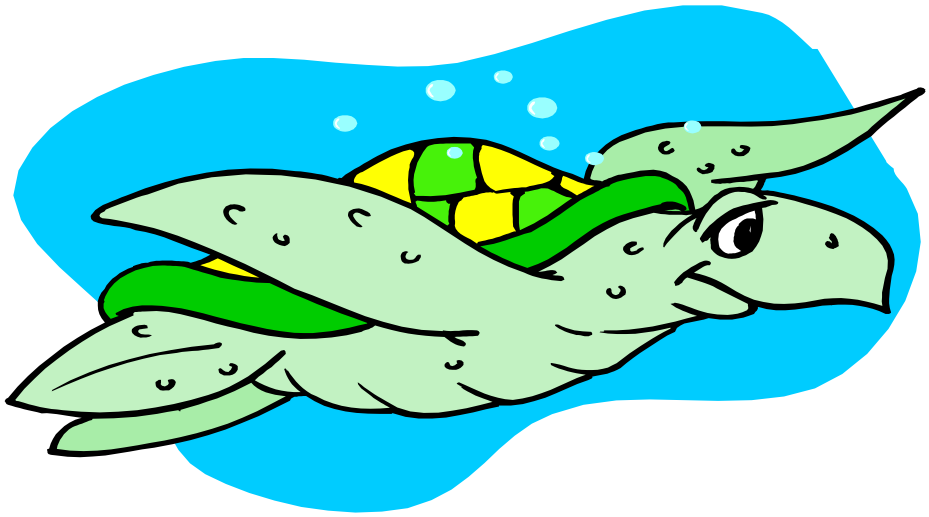
Eleanor began swimming with Loggerhead at age 8, then had a few years of swimming in Virginia, and has now returned to Loggerhead and has been with us for almost two years now. Eleanor helped to spur on her teammates and herself by bringing a competitive attitude to every practice. At November's Gator Classic meet she won the 400 IM and finaled in all of her other events in the 11-12 age group. She comes to every practice offered and works hard to achieve her short term and long term goals. Keep working hard, Ellie!

January

Bronze – Emily H.

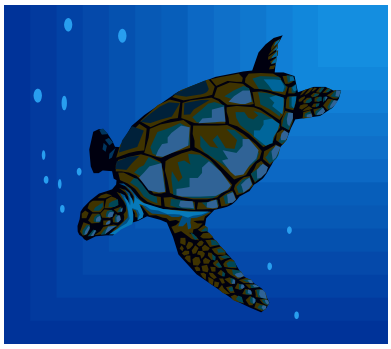


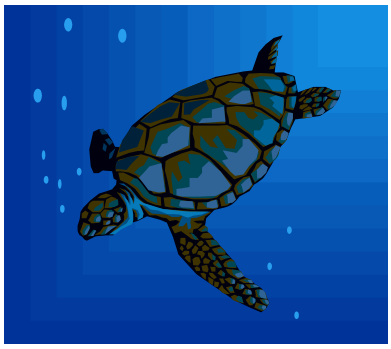
Emily has been on Loggerhead for almost a year now and is continuously improving. She is always very alert and on task, always watching and listening to her coaches, and is a good role model for her fellow Bronze swimmers. Emily has great attendance to practice as well as swim meets, and we are very happy to have her on Loggerhead!



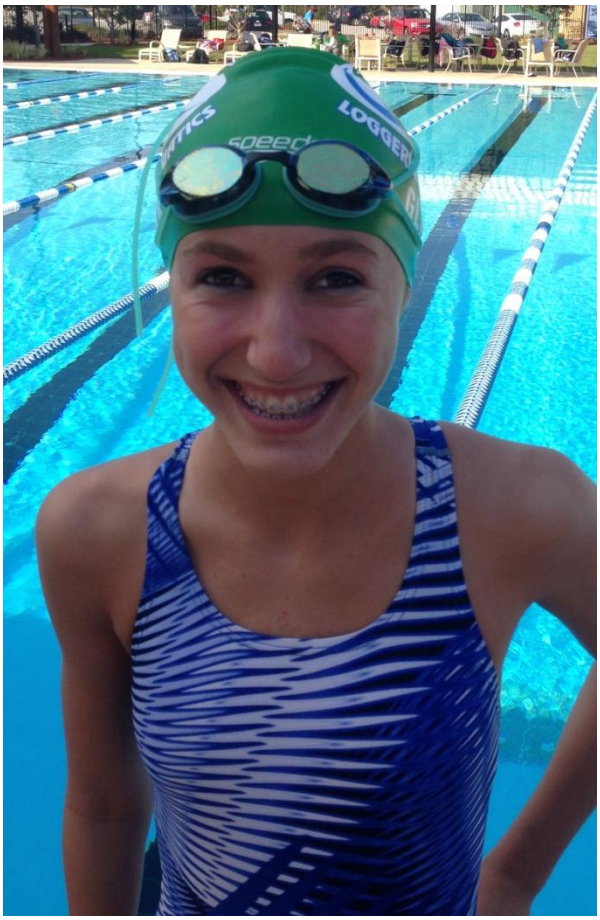
Silver – Nicky T.

Nicky has been swimming on Loggerhead since birth (joke)! He works hard at practice on a daily basis and has always been a pleasure to coach in every group he has been in. This December Nicky made his first two championship cuts in the 50 and 100 breaststroke and he is right on a few of the freestyle swims. Congratulations, Nicky!

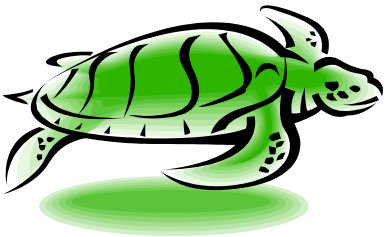


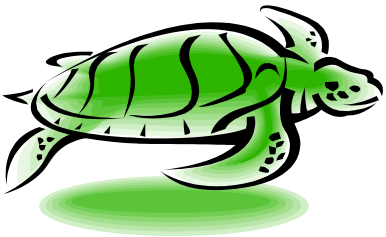


Gold – Shannon G.



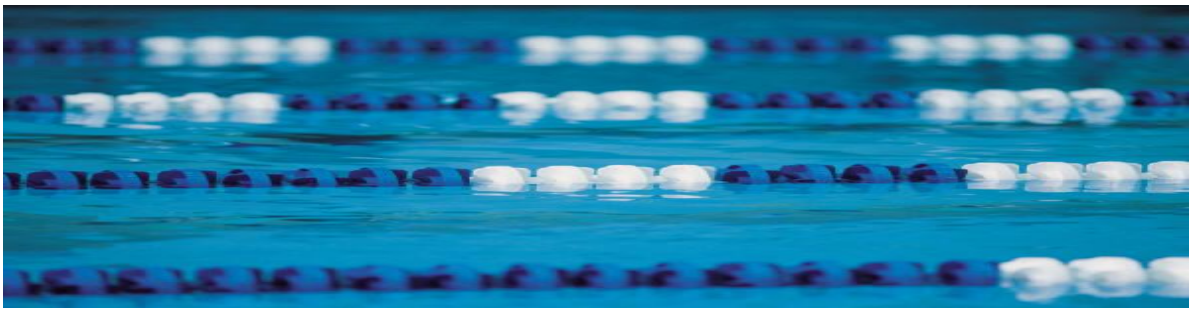
Shannon has been a Loggerhead for multiple years and has always been a fun swimmer to coach and gets along great with her teammates. This year we've seen a change in her competitiveness at practice, and we love to see it! The hard work in practice is going to pay off and we are excited for her!





Gold Plus – Carter S.

Carter has been a Loggerhead since his days as a 10 & under swimmer. He has consistently done well and this year has focused to really push to his full potential. At the gator Classic meet he posted quite a few lifetime bests and 13-14 championship cuts in a non-tapered meet. He is looking to push and make finals this spring at FLAGs. Keep up the hard work!



February

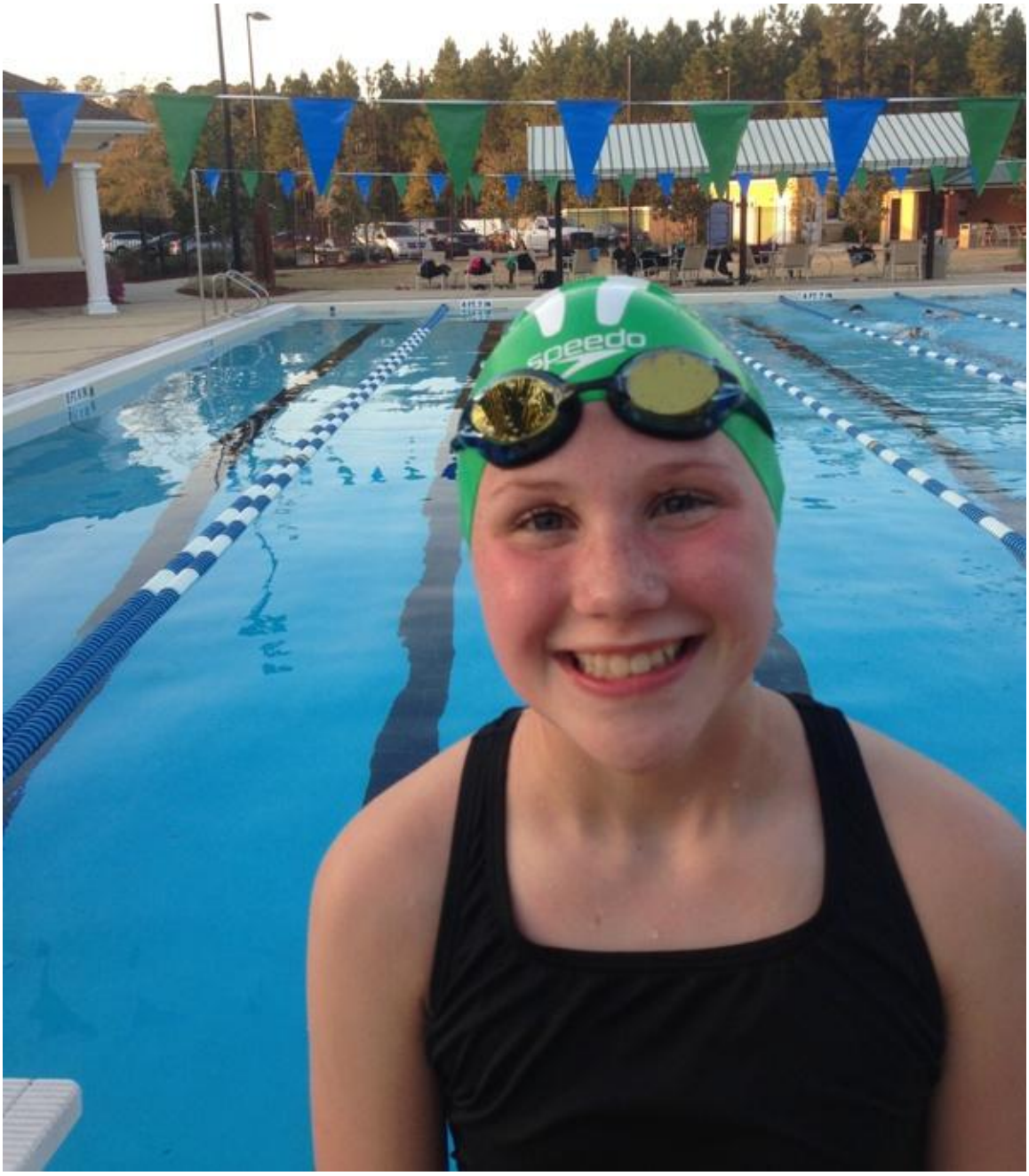
Bronze – Reagan D.

Reagan has been on Loggerhead for a little over six months and has been progressing consistently ever since. She puts in good effort during practice and stays towards the front of the lane. Reagan has a bright future ahead of her in swimming and we are glad to have her on the team.

Silver – Grace R.

Grace is the kind of swimmer every coach loves to have. Always happy to be at practice and listens to the coaches' instructions and does her best to apply them to her swimming. Coachability! Grace has come a long way since joining us this August and we are very excited to see her develop through the rest of this season and the summer. Keep up the effort Grace!

Gold- Yvette Z.



Yvette, or Zerry Berry, joined us this August as a self-proclaimed breaststroker. She just aged up to the 11-12 age group, however she had quite a run at the 10&under records before she aged up, leaving her mark on the team top 5 list. She is a consistent practice swimmer and hard worker. Keep it up!

Gold Plus- Abbey E.

Abbey has been swimming for Loggerhead for multiple years, but we are willing to say that this is truly her breakout year. Abbey has really begun to believe in herself and it is showing in her training at practice as well as her performances at meets this season. At the Gator Classic she posted a relay split in the 50 free of 26.5 seconds that was nearly 2 seconds faster than she had gone previous to that meet. Abbey will be looking forward to final this spring at FLAGs in back and free as well as push the 11-12 girl relays to some top finishes. Way to go, Abbey!

March

Bronze – Ashley D.

Ashley has been on the team now for almost two years. She started off in June 2011 as an All-Star swimmer and has been getting better and better since. Ashley has good focus and is very conscious of her technique during practice. She is always in a happy mood and is always willing to learn something new.

Silver – Anna P.

Anna is still in her first year of swimming for Loggerhead but has really had a break through this spring. She has consistently shown improvement and is easy to coach, always listening to her coaches and trying to the best of her abilities. Anna is a great addition to our Loggerhead family and we look forward to see how far she can go in the sport!

Gold- Isaiah T.

Isaiah joined Loggerhead this past fall and was playing a quick game of catch up in drills and skills. In his very first meet with us in January, Isaiah made the 10&U FLAG cut in the 100 butterfly, and then went on in the spring to earn four more including the team record in the 100 breaststroke. Congratulations and keep up the good work!

Gold Plus- Brittney C.

Brittney has been a Loggerhead for multiple years now. This past summer, Brittney was selected to be on the 2012 Florida Zone Team and competed in Rockwall, Texas. Since that meet, Brittney has come back with a great passion for swimming and a desire to better herself every day in the pool and the results show it! Keep up the effort, Brittney!

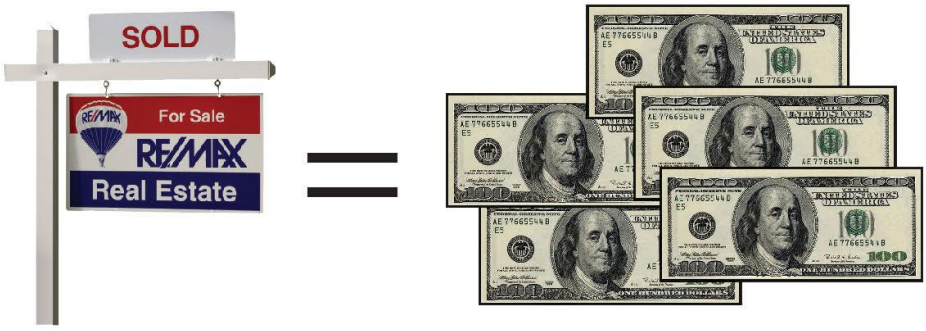
Supporting The Loggerheads!

Jallngton Creek
LOGGERHEAD AQUATICS

Hi!
We're The Rogo Team and our son is a member of the Loggerhead Swim Team.
We want to let you know about a new program we are implementing that will help bring much needed funds to The Loggerhead Team for all the things they need to keep their heads above water.

For every real estate property closed with us from a Loggerhead connection, whether it's a buyer or a seller, we will donate $500 to the team in that person's name. By Loggerhead connection we mean any parent, grandparent, other family member or even a friend of any team member.

Just give us a call or drop us an e-mail to find out more!



THE ROGO TEAM
Suzan Rogalski, REALTOR®
Doug Rogalski, REALTOR®
904.742.3045
Suzan@TheRogoTeam.com

RE/MAX Specialists • 12646 San Jose Boulevard • Jacksonville, FL 32223

Each office independently owned and operated. This is not intended to solicit the offerings of other brokers. $500 donation with home valued at $150,000 and above

Other News

WANTED:
Photos of Loggerheads

If you take pictures, we would love for you to share them with the team! To do so, please join the JCLA share site with Shutterfly.com by emailing Cate Pollitt pollittinc@hotmail.com. This is a closed opt-in site for Loggerhead families; We just need your permission to add you. Thanks!

Loggerheads Care!!!

Sunscreen donations requested

JCP Cares is providing Summer Fun backpacks for the almost 600 homeless students in St. Johns County. Loggerhead Aquatics has been asked to donate sunscreen to be included in the backpacks. Any kind of sunscreen is welcome and may be dropped off at practice before May 1st. ***Way to give back to our community, Loggerheads!***

For Sale…

TYR Crossblade Fins size 34-35 (1-3)
TYR Crossblade Fins size 36-37 (3-5)
…if interested please contact PeteOlson@JKATransitions.com

JCLA Parka-size adult medium- $25 obo
…if interested please contact suzanrogalski@gmail.com

Wanted to Buy…

Anyone who has size 1 fins for sale, please contact Anne M. annem2@comcast.net

Summer 2013 Practice Schedule

Effective June 3rd, 2013

Group		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior National	AM	7:00-9:30m	7:00-9:30m	7:00-9:30m	7:00-9:30m	7:00-9:30m	7:00-9:30am
	PM	2:30-4:00pm		2:30-4:00pm		2:30-4:00pm	
Senior I		7:00-9:30am	7:00-9:30am	7:00-9:30am	7:00-9:30am	7:00-9:30am	7:00-9:30am
Senior II		6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	7:00-9:00am
Gold Plus	AM		9:15-11:15am		9:15-11:15am		9:00-11:00am
	PM	5:00-7:00pm	7:00-8:30pm	5:00-7:00pm	7:00-8:30pm	5:00-7:00pm	
Gold		5:00-6:45pm	5:00-7:00pm	5:00-6:45pm	5:00-7:00pm	5:00-6:45pm	9:30-11:00am
Silver		4:00-5:00pm	4:00-5:00pm	4:00-5:00pm	Off	4:00-5:00pm	11:00-12:00am
Bronze		4:00-4:45pm	4:00-4:45pm	4:00-4:45pm	Off	4:00-4:45pm	Off
All-Star		Off	Off	Off	4:20-5:00pm	Off	Off

*Bronze (BRI & BRII) should attend three out of the four available practices.
*Gold Plus AM practice on Tuesday and Thursday is the MAIN practice of the day.
Tuesday and Thursday evening will be more drill and aerobic based. Swimmers should strive to attend both.

Good Luck in the 2013 Long Course Season!

GO LOGGERHEAD!!!