

an event (see qualifying times page). [CLICK HERE](#) for qualifying times.

Aquatica (Senior Champs) - Orlando, FL - July 30 - August 3, 2019

This meet is our season ending championship meet for our 15&Older swimmers that have the corresponding Senior Championship qualifying times per event. The event is also open to swimmers 11-14 that have the corresponding qualifying times, for swimmers NOT in the Senior Group, please speak with Coach Eric Jacob about your interest in participating in this event! Qualifying times can be found here [CLICK HERE](#).

USA Swimming Futures - Greensboro, NC - August 1 - 4, 2019

This meet is for our our swimmers that have achieved the corresponding National Level meet times. If you have a cut for this meet, you should definitely be in attendance (unless you are at Junior Nationals!). [CLICK HERE](#) for qualifying times.

USA Swimming Junior Nationals - Palo Alto, CA - August 6 - 10, 2019

We currently have three swimmers qualified for this prestigious meet, this year held at Stanford University. Only about 1% of swimmers competing in USA Swimming ever reach this meet, so a big congratulations to Summer, Shannon, and Ian for achieving these qualifying times! We hope to add to the travel team! [CLICK HERE](#) for qualifying times.

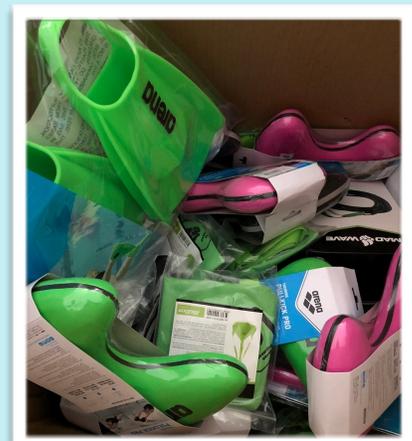
Please remember that we train to be a competitive swim team at these championship meets. In swimming, very few meets 'score' the meet. This is usually reserved to championship meets where we go head to head with the best in the area, state, and nation. We need our swimmers to show up to these meets to not only show off all of their hard work, but the work of the team and the coaches! This is opportunity to show off your talents and how hard you've worked towards your goals.

LOGGERHEAD SWIP SWAP SITE

In Facebook type in search for:

Swim Team Swip Swap - Loggerhead Aquatics

Use this group to swip-swap gently used team ware, search for carpool friends and communicate with other families. Buyers/sellers use this page at their own risk. Loggerhead Aquatics and its staff are not responsible for posts or exchanges related to this group. Abuse and/or inappropriate content will be immediately deleted and user risks being dismissed from the group. At this point in time, group members must be members of Loggerhead Aquatics.



Equipment

New Equipment on the Deck

Our Loggerhead Boosters have generously donated funds towards the purchase of eight Destro Machine power towers. These towers are a form of resistance training utilized in the Senior Group for sport specific strength training. You'll see them on deck

occasionally so if you were wondering what they were, now you know!

The purchase of these towers goes back to our article last week, the need for more help with our Loggerhead Parent Advisory Committee. If you are willing to

volunteer some of your time, we can get fundraisers, events, etc that can raise more money for equipment, travel, etc that will increase the experience for your swimmers at the club! Please think about helping out!

Thank you very much to our Loggerhead Boosters!



WELCOME TO OUR NEW LOGGERHEAD SWIMMERS!

Jayden Davis
 Halle Hyman
 Edward Lyle
 Daniel Rasner
 Evan Varghese
 Emi Varghese
 Dylan Voigt
 William Woodcock
 Helen Zhang



Volunteerism

We need YOUR help to make our team great!

A great swim team will always rest on the shoulders of our parent group. In order to run an effective swim meet, there is a large need for parent volunteer timers, officials, hospitality workers, set up / tear down, awards.... the list goes on.

Finding volunteers is becoming increasingly difficult for ALL clubs in our area and around the state. We know that time is valuable, so what better way to show how invested you are to supporting your athlete by donating your time?

As one of the largest teams in the area, we carry some responsibility. We are going to start helping Bolles and Episcopal by hosting a few meets through the year. We will be partnering with Mandarin Aquatic Club to co-host a couple meets at Cecil Field, and we will host two to three meets at Julington Creek.

When these meets come up, we ask that you please help where you can! There will be opportunities to help with timing, officiating, donating hospitality items, setting up the pool and breaking the pool down, etc. Most of these positions require no additional training.

We DO need a few more officials to adequately meet the requirements of Florida

Swimming. We are supposed to carry a ratio of swimmers to officials on our roster that is higher than we currently have. Last month we put out a request for officials and we had one parent volunteer to start her training. THANK YOU!

We are in need of about five more parents to go through official training. It is a job that not only is vital to the operation of a swim meet, it is a position that we are drastically short of in the state. You don't need to work every meet of the year, every session of a meet, the more we have volunteer the easier it is on everyone!

If you have any interest in volunteering as an official please let Coach Hulvey (coachhulvey@loggerheadaquatics.com) know via email and he will get you in touch with an official for training purposes.

When we are at meets as a visiting team, sometimes we may be asked to help out with a few timers or officials. Please remember that we are all 'in this together' and it really helps for everyone to lend a hand if they are able.

Volunteerism always seems to fall on the shoulders of a few, at Loggerhead we hope to have the help of many to avoid this! Thank you for your thoughts and consideration!

Editorial: Cap and Goggle Drive to Support the Shawn D. Delifus Foundation

by David Gapinski

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This summer I am volunteering with the Shawn D. Delifus Foundation. The Foundation was created in memory of Loggerhead Coach Shawn who was the head age group coach until he suddenly passed away three years ago. This summer the Foundation is providing free swim lessons to over 220 people - infants through adults - at the Johnson Family YMCA on the Northside of Jacksonville. The Foundation is in need of caps and goggles to support their mission.

This past week I participated in the water with children 5-6 years old. It was so heartwarming to see these kids so happy in the water. I also got to see infants, parents and Grandparents learning to swim for the very first time. Until this point, I took for granted my ability and privilege to be able to swim every day, let alone do it well and have access to great facilities and fantastic coaches, it was an eye opening experience to say the least.

I am asking for cap and goggle contributions from my fellow Loggerhead teammates and families, it would be amazing if each family would participate in honor of Coach Shawn. If you prefer I can also collect monetary donations, any amount will be helpful, and I can purchase supplies for you. If you would like to make a monetary donation contact me to set a time and place for you to give me the

donation. If you would like to volunteer your time to the Foundation or have any questions feel free to call me or my mom Nina Kannatt (904) 287-0290, call or text me (904) 422-5185, or email me davidgapinski1@gmail.com, or email ninakannatt@gmail.com.



Items will be collected June 10th to June 17th at the JCP Recreation Center in the main lobby.

<https://shawnddelifus.com/>

HAPPY BIRTHDAY LOGGERHEAD!!!!!!!!!!!!!!!

June Birthdays

Daniel Ritchie
 Quin Whitnell
 Matthew Shi
 Aidan Wood
 Matthew Leitheiser
 Nicholas Leitheiser
 Dylan Voigt
 Lukas Morrell
 Makayla Davies
 Lydia Wollitz
 Charles Jinks
 Allison Wright
 Jayden Davis
 Sydney Cronin
 Madison Parnell



Do you have what it takes?

What do my coaches expect for me to have daily?

It is a coaches goal to install accountability and responsibility in their athletes. We work on this daily, and it definitely contributes to why coaches go grey early in life.

One of the topics for today is Required Equipment. There is a list of required equipment listed for each group. Please be sure that your athlete owns all of the required equipment and then help us with the whole having it at practice part. The quote to the right was borrowed off of another coach, but it really strikes home the accountability side of things.

List of Loggerhead Required Equipment by Group:

Olympic Development and Silver

Short Blade (Speedo) Fins

Front Snorkel (Speedo)

Gold and Gold Plus

Short Blade (Speedo) Fins

Front Snorkel (Speedo)

Mesh Bag

Paddles (IM Tech)

Refillable Water Bottle

Senior 2, Senior 1, Senior National

Mesh Equipment Bag (Speedo)

Loggerhead Team Swim Cap

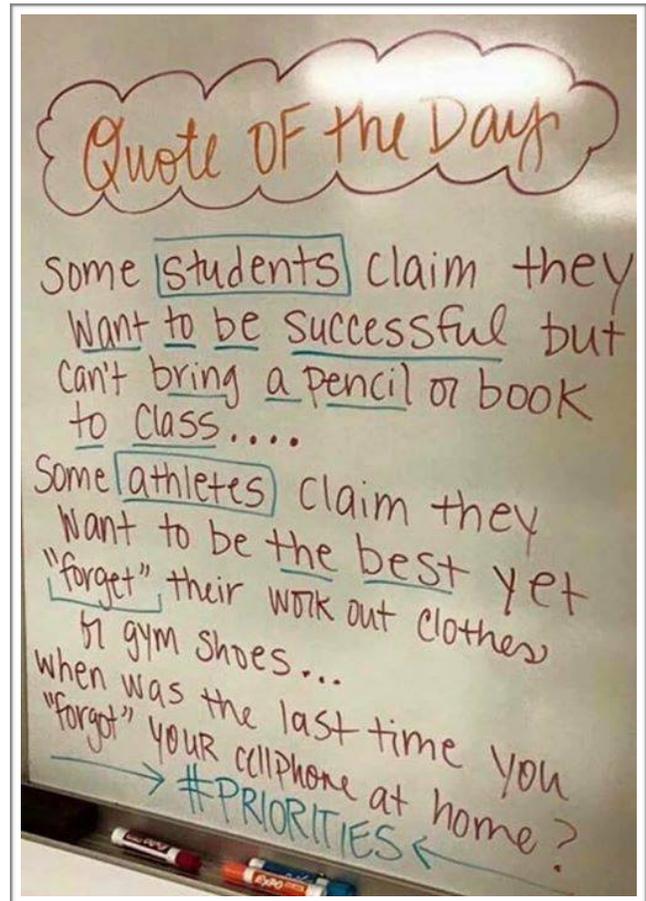
Refillable Water Bottle (plastic disposable water bottles not allowed)

Swimmers Snorkel (Speedo) without a purge valve.

DMC Elite Fins (or comparable Arena Pro or TYR Hydro)

Paddles (Speedo) Slightly larger than the athletes hand

Scuba Dive Slate (6"x4" or slightly larger)



100% ATTENDANCE CLUB FOR THE MONTH OF MAY 2019

Shreya Patchipulusu

Srija Patchipulusu

Addie Brown

Maddie Halstead

Makayla Davies

Katie Larson

Andy Saichua

Summer Stanfield

Max Dorrian

Emmie Lewis

100%

Let's see who can make this list for June!!!!!!

Become a USA Swim Official for Loggerhead Aquatics

In USA Swimming, our swim meets must be conducted and observed by certified USA Swimming Officials. These officials have all started out as volunteering parents. Many have continued to serve at meets well past their own children's days in swimming. In Florida, we have a requirement to have a 30 to 1 swimmer to official ratio in order to host home meets. There is also legislation going on in our LSC that would require teams to provide officials to any meet they are participating in.

As a club, we are in search of parents who are willing to take on the role of becoming an officials apprentice on the way to becoming certified Stroke and Turn official. These are the officials you see at the ends of the lane enforcing the rules and regulations of each stroke and that all swimmers are doing legal turns. From there, if you really like officiating, you could pursue becoming a starter, chief judge, and deck referee, etc.

There are perks to being an official as well. From the club, we provide a heavy discount on your yearly registration fee. At most meets, refreshments and meals are provided to working officials, and some meets have thank you packages. Plus, you get the gratitude of all the participants in being able to compete!

If you have interest in becoming an official, please speak with Ann Nguyen ([email](#)) or speak to Coach Hulvey about where to start. Not every meet has a clinic associated with it (learning to become an official) but there is a need for new officials in our area as well as in our state, so please think about learning how and lending a hand.

Volunteers Needed for Loggerhead Parent Advisory Committee

Interested in helping out with some of the behind the scenes things that go on here at Loggerhead? Helping organize team banquets, swim meets, fundraisers, socials, etc? Think about taking on a role with the Loggerhead Parent Advisory Committee (LPAC)! Your participation and involvement is appreciated! Please contact Fia Cronin or Lisa Gavin ([email](#)) for more information!