



2020 Area 1 & 4 Spring Championships
Friday, February 28th – Sunday, March 1st
Hosted by: Planet Swim Aquatics

Sanctioned by:

Florida Swimming of USA Swimming #5011

“In granting this approval it is understood and agreed that USA Swimming Inc., Florida Swimming Inc. and Planet Swim LLC shall be free and held harmless from any liabilities or claims from damages arising by reasons of injuries to anyone during the conduct of the event.”

Condition of Sanction:

1. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
2. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
3. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.
4. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
5. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Hosted by:

Planet Swim Aquatics

Location:

Cecil Aquatics Center
13611 Normandy Blvd.
Jacksonville, FL 32221
Ph# (904) 573-8994

Type of Meet:

Short course yards, Timed Finals swimming in age groups 8 & under, 12 & under and 13-18. For 12 & Under events as well as 13-18, age groups will compete together, though they will be separated into age groups for awards and scoring: 8 & Under, 9-10, 11-12, 13-14 and 15-18.



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Dates & Times:

Friday – February 28th 2020 – Session starts at 5:00 pm

Saturday – February 29th 2020 – 13 & Over Session starts at 9:00 am, 8 & Under/12 & Under Session starts not before 12 noon.*

Sunday – March 1st 2020 - 13 & Over Session starts at 9:00 am, 8 & Under/12 & Under Session starts not before 12 noon.*

**In advance of the meet, coaches will be informed of the projected start time for the Saturday and Sunday afternoon sessions.*

Pool Specifications:

Indoor, heated pool with either a single course, 10-lane set-up or a dual course, 8-lane set-up. If using a two-course set up, all 8 & Under events (both boys and girls) will be held in the same course. Course configurations will be determined once entries are processed. The pool minimum depth specifications are met.

Timing Equipment:

Superior Sports Timing and/or Colorado timing system and back up; *Hytek Meet Manager for Windows* will be used to score the meet.

Warm-up:

Friday – 4:00-4:50pm, 5:00pm start

Saturday/Sunday Morning – Group A: 7:30-8:10 am, Group B: 8:10-8:50 a.m., 9:00 a.m. start

Saturday/Sunday Afternoon – Approximately 11:30 am to 12 pm., Start Not Before 12:00 p.m.*

By Wednesday, February 26, all participating coaches will be sent a warm-up schedule with warm-up guidelines.

** Swimmers in the Sat/Sun afternoon sessions will be given a minimum of 30-minute warm-up following the completion of morning session events, prior to the start of the meet. For safety purposes, no afternoon participants will be allowed in the warm-up/down lanes of the diving well prior to the completion of the morning session. Afternoon warm up sessions may be split into two groups. Continuous warm-up will be available during all sessions in the adjacent pool/diving well.*

Eligibility:

Open to all USA Swimming registered swimmers within Florida Swimming Inc. Area 1 & 4. Athletes may enter an individual age group event if they have not achieved the current Florida Swimming Age Group Championship (FLAG) or LSC Senior Championship (Senior) qualification time. Swimmers may not swim a stroke and distance in a relay in which they achieved a FLAGS/Senior Champs qualifying time. Age group 17-18 will use Senior qualifying times from 2020 Senior Champs. There are no qualifying times for relays, 13-14 50-yard events and 8 & Under 25-yard events. On deck registration **will** be allowed. The current USA-S form, fee and proof of birth date, if required, must be presented to the Referee.

Entry Limit:

Swimmers are limited to two (2) individual events on Friday, four (4) individual events on Saturday and four (4) individual events on Sunday. Swimmers may swim only one (1) relay per day. Any swimmer entered beyond the entry limit will be scratched from those events entered past the limitation for that day or for the entire meet.



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Seeding:

For seeding, 25-yard short course times will be used. Conversions may be made using the formula in the current Florida Swimming handbook or by the standard computer software used to prepare your entry. All events will be seeded fast to slow. In addition, the Meet Referee may combine heats to decrease the duration of the session.

Entry Form:

All entries must be submitted on the entry forms that will also serve as proof of entry (see exception for computer disk entry below). The current USA Swimming registration number for each entered swimmer must be listed on the entry form. A member of USA Swimming, who has completed the form, must sign the Master Entry Form. If entry forms needed, please contact Coach Junior at Planet Swim.

Entries:

Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. Free text or e-mail entries will not be accepted. Disk or e-mailed entries must be accompanied by a backup hard copy of the entry. List all attending coaches, contact phone numbers, and RELAY ONLY swimmers in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of the file. If using the paper Entry Form, the form will serve as proof of entry. The legal name and current USA Swimming Registration Number for each swimmer must be listed on the Entry Form, including “relay-only” swimmers. The Master Entry Form must accompany the proof of entries and a current USA Swimming Member must sign the form. Email files to Junior Temotio at:

coachjr@planetswim.org

We will strive to have the Hytek event files posted on our web site (www.planetswimaquatics.com) and/or the Florida Swimming website (www.floridaswimming.org) for downloading and importing to Team Manager for email submission of entries. You may also have this file emailed to you by contacting Junior Temotio at the above email address.

Deck Entries:

Deck entries may be accepted by the Meet Referee or his/her designee up to 30 minutes before the start of the session under the following conditions:

- * Swimmers must meet all other standard requirements of the meet.
- * Entry & meet fees must be paid at the time of entry (\$10.00 per event). Cash or check accepted.
- * If the swimmer is not yet entered in the meet, they will also be charged the \$10 facility fee and \$2 heat sheet fee.
- * A swimmer may not scratch an event to deck enter an event.
- * A swimmer may only deck-enter an event that has an existing empty lane, no new heats will be established.

Entry Fee:

Facility Fee - \$10.00 per swimmer
Individual Events – \$4.15 per event
Relay Events - \$5 per event
Deck Entered Events - \$10.00 per event
Heat Sheet Surcharge - \$2.00 per swimmer



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Entry Deadline:

Friday, February 21st 2020 by 3:00PM. Please email entries to: coachjr@planetswim.org

Make checks payable to Planet Swim LLC and deliver to Coach Junior at the competition upon arrival.

Distance Check in:

Positive check-in is required at the admin table for the 1650 freestyle by 5:00 pm on Friday, February 28 and for the 1000 Free by 9:00 am on Sunday, March 1st. 1650 Free and 1000 Free swimmers must provide their own counter and timer. There will be NO positive check-in for the 500 Free events.

Scratches:

No penalty for scratching at the blocks in pre-seeded timed final events.

Mailing address:

Planet Swim
c/o Junior Temotio
272 Alta Mar Dr.
Ponte Vedra Beach FL 32082

Officials:

Meet Referee: Jon Mobley
Meet Admin: Scott Rabalais
Chief Judge: Walter Wilkinson
Starter: Ellen Johnson
Stroke & Turn: John Andrew Connell
Meet Marshal: Junior Temotio

Officials available to officiate at any session(s) may email Walter Wilkinson at wrw1981@gmail.com

Scoring:

Individual: 9-7-6-5-4-3-2-1

Individual point values shall be doubled for relays. Only two (2) relays can score per team per event.

Awards:

Medals awarded in each scoring age group for individuals and relays 1st – 3rd places, ribbons for places 4th -8th

High Point awarded for each gender in 8 & under, 9-10, 11-12, 13-14, and 15-18.

Team Trophies awarded for 1st, 2nd and 3rd places.

Team Representative:

Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. For each team, the coach and that person only will be recognized.



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Coach/Officials Sign-in:

Coaches and officials will be required to check in at the meet administration table. Please be prepared to present your credentials or Deck Pass. There will be a coach's sign-in sheet at the admin table for coaches to sign that their credentials are current.

Camera Zones:

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Rules:

Current USA Swimming Inc. Rules & Regulations will govern.

Starting Procedures:

"Fly-over" starting procedures will be utilized.

Coach Supervision:

All swimmers participating in the meet must be supervised by a USA Swimming Inc. Certified Coach.

Information:

Junior Temotio (603) 303-2447 - Cell/Text
Planet Swim LLC
272 Alta Mar Dr.
Ponte Vedra Beach, FL 32082
Email for meet information: coachjr@planetswim.org

Warm-Up Schedule:

NO EQUIPMENT PERMITTED, SWIMMERS MUST ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL DECK EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH. The referee/marshal may alter warm-up procedures to meet the needs of the swimmers. Teams will be assigned lanes for warm up and are in control to choose general or controlled settings. Coaches must receive permission from the Referee before beginning one-way starts in their assigned lanes.

Safe Sport:

There will be designated locker rooms for swimmers only and designated restrooms for spectators, coaches, officials, volunteers, and non-swimmers. Teams are responsible for educating their swimmers, parents, guardians, and invited guests of the necessity to follow the above policy.



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Timers:

Planet Swim Aquatics will provide all timers for all sessions.

Concessions:

A concession stand will be available with a limited menu.

Hospitality:

Dinner will be provided for coaches and officials on Friday, while breakfast and lunch will be offered on Saturday and Sunday. Beverages will be provided throughout the meet to all volunteers and coaches.

Deck Access:

Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the immediate pool deck. Designated areas behind the blocks and adjacent to the officials' areas will be off limits to spectators.

Heat Sheets:

Heat sheets will be seeded and finalized no later than Wednesday prior to the meet. A digital copy will be posted at www.planetswimaquatics.com as well as www.floridaswimming.org. An email version will be sent to all coaches who send meet entries. Please distribute to your team prior to arriving to the swim meet. There will be NO hard copies sold at the meet. Heat sheets will only be available for officials and coaches. Because of no hardcopy sales of heat sheets there is a \$2.00 surcharge in meet fees for digital availability.



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Event Order: Day 1 - Session 1 (Friday p.m.)

| Friday, February, 28th | | Start time: 5:00 pm |
|---|---------------------|---------------------|
| Girls | Event | Boys |
| 1 | 12 & Under 200 IM | 2 |
| 3 | 13-18 400 IM | 4 |
| 5 | 12 & Under 500 Free | 6 |
| 7 | 13-18 1650 Free* | 8 |
| <i>*Positive check-in by 5:00 pm</i> <i>*1650 swimmers provide own counter and timer</i> | | |

Event Order: Day 2 - Session 2 (Saturday a.m.)

| Saturday, February 29th | | Start time: 9:00 am |
|-------------------------|----------------------|---------------------|
| Girls | Event | Boys |
| 9 | 15-18 200 Free Relay | 10 |
| 11 | 13-14 200 Free Relay | 12 |
| <i>5 Min. Break</i> | | |
| 13 | 13-18 200 IM | 14 |
| 15 | 13-18 50 Back | 16 |
| 17 | 13-18 500 Free | 18 |
| 19 | 13-18 50 Breast | 20 |
| 21 | 13-18 100 Back | 22 |
| 23 | 13-18 100 Fly | 24 |
| 25 | 13-18 200 Breast | 26 |
| 27 | 13-18 100 Free | 28 |

Event Order: Day 2 - Session 3 (Saturday p.m.)

| Saturday, February 29th | | Start time: Not Before Noon |
|-------------------------|-----------------------------|-----------------------------|
| Girls | Event | Boys |
| 29 | 12 & Under 200 Medley Relay | 30 |
| 31 | 8 & Under 200 Medley Relay | 32 |
| 33 | 12 & Under 50 Back | 34 |
| 35 | 8 & Under 25 Free | 36 |
| 37 | 12 & Under 100 Free | 38 |
| 39 | 8 & Under 25 Back | 40 |
| 41 | 12 & Under 50 Fly | 42 |
| 43 | 8 & Under 25 Fly | 44 |
| 45 | 12 & Under 100 Breast | 46 |
| 47 | 8 & Under 25 Breast | 48 |



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Event Order: Day 3 – Session 4 (Sunday a.m.)

| Sunday, March 1st | | Start time: 9:00am |
|-------------------|---|--------------------|
| Girls | Event | Boys |
| 49 | 15-18 200 Medley Relay | 50 |
| 51 | 13-14 200 Medley Relay | 52 |
| | <i>5 Min. Break</i> | |
| 53 | 13-18 200 Free | 54 |
| 55 | 13-18 50 Fly | 56 |
| 57 | 13-18 100 Breast | 58 |
| 59 | 13-18 200 Fly | 60 |
| 61 | 13-18 50 Free | 62 |
| 63 | 13-18 200 Back | 64 |
| 65 | 13-18 1000 Free* | 66 |
| | *Positive check-in by 9:00 am *1000 swimmers provide own counter and timer | |

Event Order: Day 3 - Session 5 (Sunday p.m.)

| Saturday, February 29th | | Start time: Not Before Noon |
|-------------------------|---------------------------|-----------------------------|
| Girls | Event | Boys |
| 67 | 12 & Under 200 Free Relay | 68 |
| | <i>5 Min Break</i> | |
| 69 | 12 & Under 200 Free | 70 |
| 71 | 12 & Under 100 Back | 72 |
| 73 | 12 & Under 50 Free | 74 |
| 75 | 12 & Under 100 Fly | 76 |
| 77 | 12 & Under 50 Breast | 78 |
| 79 | 12 & Under 100 IM | 80 |