United Swim Club Winter Schedule, starting on **November 12 until end of May.**

Advanced, Intermediate 1 & Intermediate 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Advanced a.m.	**WR** 5:45 – 6:50 TBD	**WR** 5:45 – 6:50		**WR** 5:45 – 6:50		8:00 – 10:30
p.m.	3:15 – 5:15	3:15 – 5:15	3:15 – 5:15	3:15 – 5:15	3:15 – 5:15	
INTMD 2 a.m.		**WR** 5:45 – 6:50 optional		**WR** 5:45 – 6:50 optional		8:45 – 10:30
p.m.	3:15 – 5:00 5:00 – 6:30	3:15 – 5:00 5:00 – 6:30	3:15 – 5:00 5:00 – 6:30	3:15 – 5:00 5:00 – 6:30	3:15 – 5:00 5:00 – 6:30	
INTMD 1 a.m.						9:00 – 10:30
p.m.	3:30 – 5:00 5:00 – 6:30	3:30 – 5:00 5:00 – 6:30	3:30 – 5:00 5:00 – 6:30	3:30 – 5:00 5:00 – 6:30	3:30 – 5:00 5:00 – 6:30	

* **WR** – Weight Room
* **DL** – Dryland

Bronze, Silver & Gold

Evening

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bronze	4:30 – 5:15 5:15 – 6:00	4:30 – 5:15 5:15 – 6:00	x	4:30 – 5:15 5:15 – 6:00	4:30 – 5:15 5:15 – 6:00	10:30 – 11:15
Silver	4:30 – 5:30 5:30 – 6:30	4:30 – 5:30 5:30 – 6:30	x	4:30 – 5:30 5:30 – 6:30	4:30 – 5:30 5:30 – 6:30	10:30 – 11:30
Gold	5:15 – 6:30	5:15 – 6:30	x	5:15 – 6:30	5:15 – 6:30	10:30 – 11:45