

# FLORIDA ELITE

## WARRIORS

www.swimelite.org



The Charleston Wrap Fundraiser has begun! We get 40% back from all purchases, and all you have to do is share on Facebook or Email with your friends and family! Shopping is open through December 7th.



SWIM: Please visit [registercw.com](http://registercw.com) to register today! Use our ORGANIZATION ID 24847 to register! One registration per family.

SYNCHRO: Please visit [registercw.com](http://registercw.com) to register today! Use our ORGANIZATION ID 19477 to register! One registration per family.



### WELCOME SYNCHRO COACH JACKIE!

Jackie Buckholz is a Tampa native and second generation synchronized swimmer, who swam for both Tampa Synchrays and Suncoast Waterworks. During her synchro career which began at the age of six, she placed in the top sixth places at all age group nationals she competed in, specializing in the trio competition. Her top performance was placing second in trio at Junior nationals her last year competing. Jackie's fondest memories include swimming at the Junior Olympic held in Hawaii and having the opportunities to be coached by Collegiate coaches; former Olympians throughout her career.

She is grateful for an amazing experience and is excited to pass on her love for the sport.



### WELCOME SWIM COACHES!!



Hi my name is Kyle Seilkop, I am 20 years old and from Cincinnati, Ohio. I am an avid lifter and I swam from the ages of 12-19 and swam for the University of Tampa. I am incredibly excited to share my knowledge with younger swimmers and inspire athletes to always give 100 percent.



Katie has been doing synchronized swimming since she was about 5 1/2 years old where she started with Tampa YMCA Synchro. Then in 2020 she moved with the team to Florida Elite. Soon after the move she joined the swim team in 2021. Katie is super competitive and loves competing at meets. Over the years she has competed at many Junior Olympics and Nationals. Outside of swimming and coaching Katie is a freshmen in college and is majoring in Marine Science. In her free time she loves going to the beach, spending time with friends/family, shopping, and traveling!



Hi I'm Madison Houck, I am the middle school conditioning coach here at Florida Elite! A little about me is that I started competitive swimming on Florida Elite when I turned 6 and my favorite strokes to swim are freestyle and backstroke! I plan on studying chemistry and molecular biology in college as well as hopefully swim!



Hi my name is Daniel Tran, I am 20 years old and from Atlanta, Georgia. I started swimming at the age of 5 at Swim Atlanta under the legendary coach, Chris Davis. I stopped swimming at age 18 at the University of Tampa and I am excited to share my knowledge with the youth of this sport.



"Fill the Food Bin!" Please bring any donations to the athlete food bin when you can! After a long practice the kids need to refuel. Granola bars, apple sauce packs, fruit snacks, rice crispies, anything non-perishable that can be left outside, is all appreciated.





# Upcoming Meets/Events

Dates	Host - Location	Additional Info
September 5	LABOR DAY - NO PRACTICE	(Optional available for HP & Elite)
September 9-11	TBAC - Countryside	Kelly Allen Meet - All Groups (No Saturday practice)
October 14-16	WFLA - Largo	Halloween Meet - All Groups
October 28	FE - LOL Pool	Fall Festival! More info to come.
November 18	FE - LOL Pool	Mini Meet with TBD
December 27-29	FE - LOL Pool	Fitter & Faster Clinic

## All Competing Athletes:

### Athletes:

- team cap
- team suit
- team shirt

## All Athletes:

- goggles
- kickboard
- pull buoy

## All Green and Blue groups:

- long blade fins

## Performance, high performance, and elite:

- paddles
- snorkel

**\*\*We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.**

**REMINDE GROUPS:**  
 Beginner Warriors- @FEBegin  
 Junior Warriors- @FEJunior  
 Performance- @FEPerform  
 High Perf & Elite - @FESilver  
 MSC & HSC -@FECondit  
 Homeschool- @FEHome

## Updated Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Beginner 1</b>	5:15-6:00pm 6:00-6:30pm dryland	5:15-6:00pm		5:15-6:00pm 6:00-6:30pm dryland		
<b>Beginner 2</b>	4:30-5:15pm 5:15-5:45pm dryland	4:30-5:15pm		4:30-5:15pm 5:15-5:45pm dryland		
<b>Junior 1</b>	6:00-7:00pm 7:00-7:30pm dryland	6:00-7:00pm		6:00-7:00pm 7:00-7:30pm dryland	5:30-6:30	
<b>Junior 2</b>	6:30-7:00 dryland 7:00-8:00pm	7:00-8:00pm		6:30-7:00 dryland 7:00-8:00pm	6:30-7:30	
<b>MSC</b>	6:00-7:00pm	6:00-7:00pm		6:00-7:00pm		
<b>HSC</b>	off during high school season					
<b>Performance</b>	5:45-6:00pm dryland 6:00-7:00pm	5:30-6:00pm dryland 6:00-7:00pm		5:30-6:00pm dryland 6:00-7:00pm	4:30-5:30pm	
<b>High Performance</b>	6:00-7:00pm dryland 7:00-8:30pm	6:00-7:00pm dryland 7:00-8:30pm		6:00-7:00pm dryland 7:00-8:30pm	6:00-8:00pm	7:00-9:00am
<b>Elite</b>	5:00-6:30am 4:30-6:00pm 6:00-7:00pm dryland	4:30-6:00pm 6:00-7:00pm dryland	5:00-6:30am	4:30-6:00pm 6:00-7:00pm dryland	5:00-6:30am 4:15-6:00pm	7:00-9:30am
<b>Beginner - Homeschool</b>	8:45-9:00 AM dryland 9:00-9:45 AM	8:45-9:30 AM		8:45-9:30 AM	8:45-9:00 AM dryland 9:00-9:45 AM	
<b>Junior - Homeschool</b>	8:45-9:00 AM dryland 9:00-10:00 AM	8:45-9:45 AM		8:45-9:45 AM	8:45-9:00 AM dryland 9:00-10:00 AM	
<b>Performance - Homeschool</b>	8:45-9:00 AM dryland 9:00-10:15 AM	8:45-10:00 AM		8:45-10:00 AM	8:45-9:00 AM dryland 9:00-10:15 AM	
<b>HP - Homeschool</b>	8:45-9:00 AM dryland 9:00-10:30 AM	8:45-10:15 AM		8:45-10:15 AM	8:45-9:00 AM dryland 9:00-10:30 AM	7:00-9:00am

When shopping for your equipment through our Team Store, SwimQuik, you will receive 20% off all arena products, including the team suit. arena also provides benefits and incentives to our athletes and the club for certain achievements. For additional details email feaquaticsdirector@gmail.com.

<https://swimquik.com/collections/florida-elite>



# Upcoming Meets/Events

Dates	Location	Additional Info
September 5	LABOR DAY - Morning Practice for Age Group Only	
September 8-11	Convention	Coaches out of town, watch for updates
September 24-25	Rising Star Camp - Clearwater	Watch for more info coming!
October 1	LOL Pool	Blue (13-15) Team Evaluations
October 28	LOL Pool	Fall Festival - More info coming soon
December 10	LOL Pool	FROSTY FIGURE MEET

## Updated Schedule

GROUP:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AWD	3:30-4:30			4:30- 5:30		
Younger Intro (1 or 2 days)		5:15-6:00			5:15-6:00	
Younger Intro (2 days)		6:30-7:30			6:30-7:30	
10-Under Novice			4:30-5:45		4:30-5:45	
11-Over Novice		6:30-7:30			6:30-7:30	
10-Under Intermediate	5:00-7:00	5:45-7:15			5:45-7:15	
11-Over Intermediate	5:00-7:00	4:30-6:00			4:30-6:00	
Intermediate going into Blue (August 29th-October 1st)	5:00-7:00	6:00-8:30		6:00-8:30		8:30-11:30
Green (12&U Age Group)	4:30- 6:45	4:30- 6:45		4:30- 6:45		8:00-11:00
Blue (13-15 Age Group)		6:00-8:30		6:00-8:30	6:00-8:00	8:30-11:45
Silver (16&O Age Group)				6:00-8:30	6:00-8:00	9:15-12:30
Silver/Blue doing High School swim team				6:00-8:30	6:00-8:00	Blue 8:30-11:45 Silver 9:15-12:30
Masters	6:45-7:45				12:00-1:00	
Intro to masters						8:30-9:30am

We utilize the app called Remind to communicate weather-related changes as well as other important team information. Please download it and sign-up for the appropriate group.

### Group

### Code

Intro	SynchNov
Novice	SynchNov
Intermediate	SynchInter
Silver, Blue, Green	SynchAG

### Equipment Needed:

Synchro athletes need certain equipment to properly train. Any equipment that touches the face cannot be shared between athletes or borrowed from FE. Goggles, caps, and nose clips are available for purchase from your coach.

**Intro and Novice:** Mat

**Intermediate:** Mat and Jump rope

**Green, Blue, Silver:** All Intermediate equipment + running shoes, bands, weights

# Athletes of the Month!!

## SWIM



Aubrey is one of those swimmers that you would hate to see leave your group. She is a well rounded swimmer with dedications. She's a great student and leader to those around her. Every day she puts in all her effort to become the best swimmer she can be. I have been lucky enough to coach a student like her and all of her future coaches should be lucky to have her.

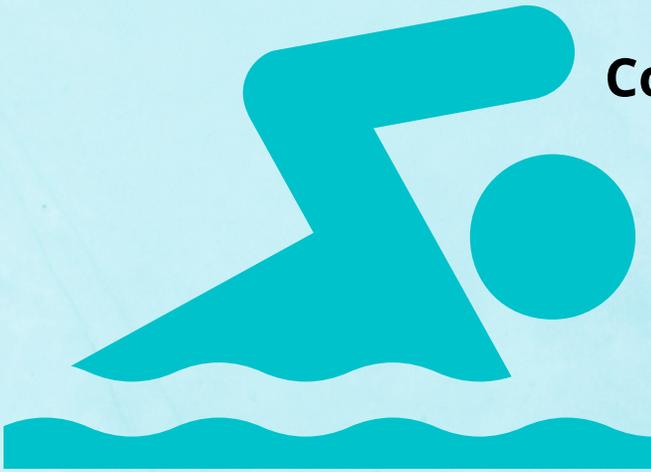
## SYNCHRO



Ellie is our athlete of the month! Ellie swam novice last year and has steadily been improving with hard work and focus. We are thrilled she is moving into Green Age Group this fall! Ellie's coaches all said they are impressed with her dedication to getting a correction and stays positive while working to achieve a new skill. We look forward to a great season for Ellie!



Birthday	First Name	Last Name	Practice Group
09/02/2012	Ava	Williams	Homeschool Group
09/04/2007	Jena Caitlyn	Ruste	Elite
09/06/2011	Artur	Avakian	Junior Warriors 1
09/11/2009	Nayeli	Almodovar	Junior Warriors 2
09/12/2013	Ivana	Diaz	Junior Warriors 1
09/13/2004	Madison	Houck	Elite & JUNIOR COACH
09/13/2004	Jackson	Houck	Elite
09/14/1999	Zoe	Keegan	SYNCHRO COACH
09/15/2010	Cynthia	Valuch	Synchro - Blue (13-15)
09/16/2011	Mason	Hunter	Junior Warriors 2
09/16/2014	Autumn	Ruiz	Synchro - Novice (10U)
09/17/2008	Jordyn	Rolle	High Performance
09/17/2010	Samantha	Phan	Junior Warriors 1
09/17/2011	Elliana	Jordan	Synchro - Green (12U)
09/17/2013	Gabriella	Torres	Synchro - Intermediate (10U)
09/20/2007	Abdallah	Elkamash	High Performance
09/23/2013	Athena	Allen	Beginner Warriors 1
09/24/2010	Payton	Burton	High Performance
09/25/2011	Madison	NeSmith	Beginner Warriors 2
09/26/2007	Daniella	Fouad	High Performance
09/26/2009	Kora	Brown	Junior Warriors 2
09/28/2004	Hannah	Beatty	Elite
09/28/2008	Angelena	Dawod	Junior Warriors 2
09/28/2010	Andolena	Dawod	Junior Warriors 2
09/29/2009	Laila	Geltzer	Performance
09/30/2002	Maja	Meszaros Szabo	SYNCHRO COACH



# Coaches and Board of Directors

## Coaches

Darcee Redding- Aquatics Director  
 Guerby Ruuska-Swim Head Coach  
 Camille Albrecht-Synchro Head Coach

### Swim

Robin      Tori  
 Cameron   Kara  
 Jennah     Madi  
 Katie      Julia  
 Daniel     Kyle

### Synchro

Zoe  
 Maria  
 Kyra  
 Maja  
 Juliana  
 Jackie

## BOD

Michael Speilberger- President  
 Jeanie Saunders- Vice President  
 Steve Swenson-Treasurer  
 Chris Johnson-Secretary

At Large Members:  
 Brent Smith

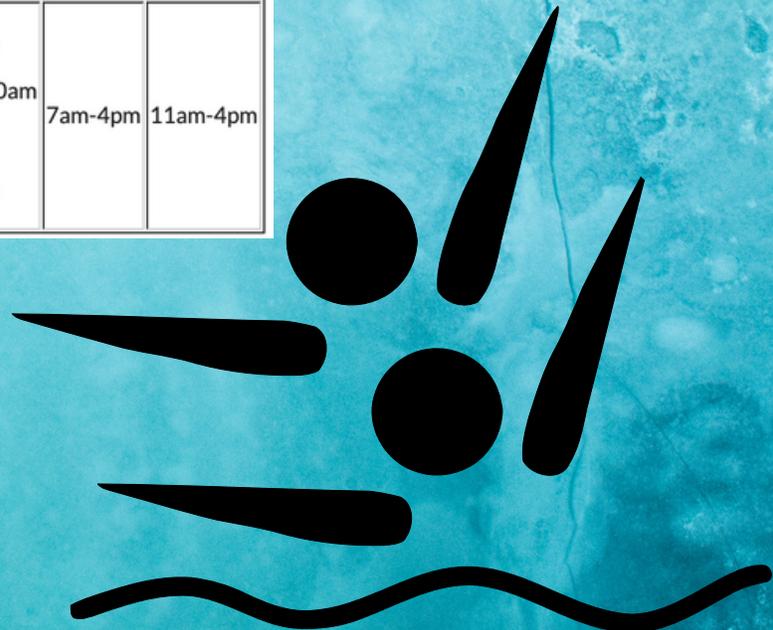
## Contact Info

Aquatics Director-[FEaquaticsdirector@gmail.com](mailto:FEaquaticsdirector@gmail.com)  
 BILLING- Billing Email: [billing.floridaelite@gmail.com](mailto:billing.floridaelite@gmail.com)  
 TEAM ADMIN- JAMIE RADITIC-MEHALSO Email: [floridaeliteswim@gmail.com](mailto:floridaeliteswim@gmail.com)  
 Phone - (813)279-5445

## Masters Info!!

REMIND CODE: @FEAquatics

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Masters	5am-630am		5am-630am		5am-630am		
Lap Swim	830am-1030am	830am-1030am		830am-3pm	830am-1030am	7am-4pm	11am-4pm
Times	12pm-3pm	11am-3pm			12pm-3pm		
	6pm-8pm	6pm-8pm		6pm-8pm	530pm-8pm		



## Financial Policy

**Monthly dues:** In consideration of the participation of the swimmer(s) in Florida Elite's (FE) swim program, the Parent/Guardian agrees to pay the dues for the Swimmer's practice level that is set forth. Monthly payment of dues shall be due and payable on the first day of each month. Swimmers are expected to pay for the entire month no matter how many days they attend practice. Make-up days due to inclement weather are at the coaches' discretion. If the Swimmer is transferred to a different level by the coaching staff, the fees for the new level will be invoiced in the next billing cycle. If the monthly dues payment is not received in full by the 10th of the month, a late fee of \$25 per month may be assessed to the family's dues account.

Dues are paid on a per month basis, regardless of the number of practices a swimmer attends. It is possible to place a swimmer's account on hold and not accrue monthly dues. Notice must be made in writing by the 20th of the month preceding the start of the hold. Notice is to be sent to FloridaEliteSwim@gmail.com specifying which month(s) the swimmer(s) will be out of practice. A swimmer's place on the team will not be guaranteed while the account is on hold. If the practice group that the swimmer participates in is filled, the swimmer can be put on a wait-list to rejoin when a position becomes available. It is the responsibility of the Parent/Guardian to update the Secretary of the Board of Directors of these changes.

**Payment Method:** FE will only accept credit card or ACH through the automated process on our website. Cash or personal checks are not accepted for monthly dues, annual fees and swim meet fees. It is the Parent/Guardian's responsibility to keep their FE account information current on FE's website.

**Ineligible to Participate Due to Non-Payment:** The Secretary of the Board of Directors will notify Parent/Guardian of payment failure on the 6th day of the month by email.

New swimmers will be ineligible to participate with the team when their FE annual registration, any applicable USA Swimming Membership fees, and first dues payment are not completed within ten days of registration.

If the monthly dues payment is not received in full by the 10th of the month for all existing swimmers, along with the \$25 late fee per month assessment to the family's dues account, the swimmer will be ineligible to participate. If Parent/Guardian becomes delinquent in payment of dues or assessments because of financial hardship, he/she may apply to the Board of Directors through the Secretary for a waiver of late fees and request reinstatement. A waiver may be granted if satisfactory arrangements are made for payment of the delinquent amounts.

**Annual FE Swimming Registration Fee:** All families are responsible for an annual team registration fee of \$100, which is withdrawn from your FE account **quarterly at \$25.00**. These fees will be charged with the monthly billing in March, June, September, and December. New families will be charged \$25 at registration and then follow the above cycle. The annual registration fee is non-refundable.

**Annual FE Synchro Registration Fee:** All synchro families are responsible for an annual registration fee which will be determined yearly by the head coach. For the 2020-2021 season the fees will be \$300 for Age Group, \$250 for Intermediate and \$200 for Novice and Show Team, and will be billed over the first three months of joining the team on the 15th of the month. This fee includes various items necessary for participation on the synchro team including the team suit, personalized team cap, white cap and team shirt. The USA Artistic Swimming Membership is included in the yearly registration fee. Age Group athletes will receive the "Competitive Athlete" membership, and all other athletes will receive the "Athlete" membership. This fee is non-refundable.

**USA Swimming Membership:** In order to swim with FE, all swimmers must register with USA Swimming and maintain an active membership which runs from January through December. As of 2020, the **annual USA Swimming Membership Fee of \$85 per swimmer** and is due upon joining FE and will be automatically renewed in September and reflected in your October bill. There is a modest increase in this fee yearly, which will be reflected in the October billing. USA Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck either at practice or at a swim meet. There are numerous other benefits to membership which can be explored at [usaswimming.org](http://usaswimming.org).

**USA Artistic Swimming Membership:** See Annual FE Synchro Registration Fee. USA Artistic Swimming Membership provides insurance coverage in the unlikely event something were to happen to your swimmer while on-deck whether at practice or at a meet. There are numerous other benefits to membership which can be explored at [usaartisticsswimming.org](http://usaartisticsswimming.org)

**Swim Meets:** Meet fees can be found in the meet packets which are posted under the Events tab on the FE website. There are various fees for a swimmer to participate in a meet. In addition to the fees imposed by the facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Parents are responsible for all fees and charges for events they have committed their child(ren) once the meet deadline has passed. Additionally, the Parents give permission to the Coaches to enter their child(ren) into a relay(s) and assume all costs associated with the relay. Relay assignments happen during the meet. By entering their child(ren) in a meet, the Parent assumes the cost associated with any relay(s) a coach may assign.

Team Unify is the system of record and it is the parent's responsibility to ensure it is correct before the meet deadline. All fees associated with meets are non-refundable.

**Synchro Meets:** Meet fees can be found in the Meet Announcements which will be emailed to the applicable groups upon receipt from the host teams. There are various fees for an athlete to participate in a meet. In addition to the fees imposed by the host team/facility, FE, may at its discretion add additional fees to cover the costs associated with processing charges for the meet and coach attendance. Novice Swimmer Parents must communicate to the head coach if their child will not be attending a meet 30 days prior to the meet, and are otherwise responsible for all fees and charges for events the coach has placed the athlete in. Intermediate and Age Group Parents are responsible for all fees and charges for events the coach has placed the athlete in by their child(ren)'s placement in these competitive groups. All fees associated with meets are non-refundable.