

Small Team Championship Invitational  
7th Annual Swimming Championship  
February 18 & 19, 2023

**SANCTIONED BY:** Florida Swimming of USA Swimming Inc. Sanction #

In granting this approval it is understood and agreed that USA and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

**CONDITION OF SANCTION:** The competition course has been certified in accordance with the 104.2.2. The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. In applying for this sanction, Makos Aquatics Club of Gainesville agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Florida Swimming LSC, the State of Florida, and Alachua County.

AN INHERENT RISK OF EXPOSURE TO COVID-19 EXIST IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMELY CONTAGIOUS DISEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION, SENIOR CITIZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. BY VISITING THE DWIGHT HUNTER AQUATIC CENTER, YOU VOLUNTARILY ASSUME ALL RISKS RELATED TO EXPOSURE TO COVID-19. USA SWIMMING INC. CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID-19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DISEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPREADING COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA SWIMMING, MAKOS AQUATICS CLUB OF GAINESVILLE AND THE CITY OF GAINESVILLE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DESEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP AND CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**HOSTED BY:** Makos Aquatics Club of Gainesville. USA Swimming, the LSC, the facility, and the Makos Aquatics Club of Gainesville shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in this event. Damage to the facility, when proved, will cause the offending participant, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. All participants and guests must adhere to the facility rules and coaches must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times.

**MEET LOCATION:** Dwight H. Hunter Northeast Pool, 1100 NE 14th Street, Gainesville, FL 32601

**DATES & TIMES:**

**Session #1:** Saturday, February 12 - Start 11:00AM

**Session #2:** Saturday, February 12 - Start 20 minutes after the conclusion of session #1

**Session #3:** Sunday, February 13 - Start 11:00AM

**TYPE OF MEET:** Outdoor 25 Yard - single course (6-10 lanes). Timed final events.. Age Groups 8 & Under, 10 & Under, 11-12, 13-14 and 15 & Over

**POOL SPECS:** Outdoor pool. 6-10 lanes will be used for competition. Water depth 6-12 feet.

**TIMING EQUIPMENT:** Daktronics Timing system, non-slip touch pads, back up buttons and eight lane display board.. Two additional hand times per lane will also be used.

**TIMERS:** Each team will be responsible for providing timers for 2 lanes during the duration of the meet.

**OFFICIALS:** Each visitor team is asked to provide one official for session 1 & session 3.

**ELIGIBILITY:** Open to all currently registered USA Swimming Inc. swimmers. On deck USA registration will NOT be allowed and presented to the referee for proof. Limited to invited teams only. No unattached athletes unless entered with a team in attendance. Only teams directly invited by the meet host will have entries accepted.

**DISABILITIES:** Swimmers with disabilities are welcome to enter this meet. The athlete (or the athlete's coach) is responsible for notifying the Referee prior to the competition of any disability of the athlete.

**SEEDING:** 25 yard Course times will be used. All events will be seeded slow to fast except session 2 which is fast to slow.

**ENTRY LIMIT:** Entries will be limited to the first 400 swimmers. Swimmers may compete in up to THREE INDIVIDUAL EVENTS combined in session 1 & 2 and THREE INDIVIDUAL events in Session 3. Swimmers may compete in ONE RELAY EVENT per day.

**SCRATCHES:** No penalty for scratching on the block, except for deck seeded events. Failure to swim once checked in to a positive check in event will result in that swimmer being barred from the next individual event he/she is entered in. Swimmers may not scratch an event to enter another event.

**SEND ENTRIES TO:** Joy Kraus: coachjoy1@yahoo.com 304-654-0240 - bring payment to the meet

**ENTRY DEADLINE:** All entries must be received no later than, 5:00PM on Friday February 10th. Entries received after the entry deadline will be considered deck entries and accepted only to fill empty lanes. If a team is denied entry due to meet capacity being reached they will be notified by Saturday, February 4th.

**ENTRY FORM:** Entries must be in USA Swimming SDIF format or Hy-tek, CL2 format. A signed hard copy printout is acceptable as proof of entry in place of the enclosed entry forms. Free text email entries will not be accepted. Dish and e-mail entries will not be accepted that are not accompanied by a hard copy entry, including the Master Entry Form. List all attending coaches, contact phone numbers and Relay only swimmers in the body of the email. Corrupted unreadable or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of the file. If using the enclosed entry form, the form will serve as proof of entry. The legal name and current USA Swimming registration number for each swimmer must be listed on the entry form. Florida Swimming requires a \$50 penalty from teams that do not submit their entries in the Hy-tek format.

**ENTRY FEES:** \$10 Facility Fee per swimmer/\$3.00 Heat sheet fee per swimmer/ \$5.50 per individual event/\$6.00 per relay event/\$10.00 per deck entry

Payment must be brought to the meet and made payable to: Makos Aquatics Club of Gainesville

**SCORING:** Individual events: 11-9-8-7-6-5-4-3-2-1

Relay events: 22-18-16-14-12-10-8-6-4-2

\*\*for team award purposes only 2 swimmers per event and 2 relays per team will score points. \*\*scores will be recalculated for individual high point awards allowing all individuals to score to determine the correct winner and runner up.

**AWARDS:**

Individual events: Medals (1st-3rd) Ribbons - 10 & Under events only (4th-8th)

Relay events: Medals (1st-3rd)

High Point Award (1st & 2nd) per age group and gender (8&U, 10&U, 11-12, 13-14 and 15 & Over)

Team Awards: (1st & 2nd)

\*\*PODIUM Ceremony for ALL 1st - 3rd finishers.

\*\*\*NO AWARDS WILL BE MAILED....Please pick up awards at the end of the meet\*\*\*

**RELAYS:**

Mixed relays must be made up of two male and two female athletes. 2 relays may be entered per team.

**RULES:** Current USA Swimming Inc. Rules govern the meet.

Florida Swimming Rules and Regulations 223.10

**OFFICIALS:**

Meet Director: Leonard Kraus

Meet Referee: Quinn Sampson

Starter: Ale Maruniak

Head Marshal: Jon Allen

Stroke & Turn: Michele Lamoso

Administrative Referee: Joy Kraus

\*\*Officials wishing to volunteer at any session, please contact:

Ale Maruniak [alemar@ufl.edu](mailto:alemar@ufl.edu)

**COACHES MEETING:** There will be a coaches meeting at 10:15AM on Saturday at the starters table.

**OFFICIALS BRIEFINGS:** Officials briefings will be held one hour prior to the start of each session in the hospitality room.

**MEET COMMITTEE:** A meet committee to be composed of the Meet Director, home team coach, and three visiting coaches will make decisions regarding the meet schedule in the event of inclement weather or at other times as requested by the Meet Director. In case of weather delays, the meet committee will have the power to cancel the meet or events or postpone it to a future date or time with the best interest of the swimmers and traveling teams in mind.

**COACH SUPERVISION:** Each swimmer participating in a Florida Swimming Sanctioned meet must be supervised during warm-up and competition by a currently registered USA Swimming Coach. An athlete not escorted by a Coach member must check in with the Meet Referee upon arrival at the meet. Such athletes must find a substitute Coach who will supervise them during warm-up and competition and must submit the enclosed Alternate Coach form (signed by the accepting coach) to the Meet Referee prior to beginning any warm-up or competition.

**IDENTIFICATION:** Coaches and Officials shall wear their USA Swimming Registration card in a conspicuous location at all times while on deck during the meet or show proof of current 2020 USA-S coach membership in Deck Pass.

**TEAM REPRESENTATIVE:** Prior to the start of the meet, the name of one person other than the coach who will check with the Meet Referee about any matter pertaining to the meet may be given to the Meet Referee. The coach(es) and that person only will be recognized.

**CAMERA ZONES:** Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones: at each swim meet where both still photography and video photography of a race or competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end" etc. Meet Management shall also designate "Non-Camera Zones" Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race start purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

**SPECTATORS:** Spectators are limited to a designated spectator area on the pool deck only. NO CHAIRS/TENTS ETC. will be allowed in the on deck spectator area this area will be standing room only. Spectators may watch from outside the fence area and set up tents and chairs outside the fence area as well.

**MEDICAL INFORMATION:** Lifeguards will be on duty during the duration of the event. AED is available at all times.

**INFORMATION:** Leonard Kraus, Meet Director / kraus.leonard@gmail.com/ 304-360-3478

**WARM-UP SCHEDULE** - NO EQUIPMENT AT ANY TIME

9:00-9:30AM OPEN WARM UP (No racing starts)

9:30-10:30AM Assigned Warm Up (will be emailed by Wednesday prior to the meet)

10:30-10:50AM Controlled Warm Up in competition Pool

Lane 1 = Pace

Lane 2 = Starts (start end)

Lane 3 = Starts (start end)

Lane 4 = Starts (start end)

Lane 5 = Starts (turn end)

Lane 6 = Starts (turn end)

Lane 7 = Pace

Lane 8 = Pace

SATURDAY, FEBRUARY 18– SESSION #1

GIRLS	EVENT	BOYS
1	10 & Under 100 IM	2
3	11-12 100 IM	4
5	13-14 200 IM	6
7	15 & Over 200 IM	8
9	8 & Under 25 FREE	10
11	10 & Under 100 FREE	12
13	11-12 100 FREE	14
15	13-14 100 FREE	16
17	15 & Over 100 FREE	18
19	8 & Under 50 BACK	20
21	10 & Under 50 BACK	22
23	11-12 50 BACK	24
25	13-14 200 BACK	26
27	15 & Over 200 BACK	28
29	8 & Under 25 BREAST	30
31	10 & Under 100 BREAST	32
33	11-12 100 BREAST	34
35	13-14 100 BREAST	36
37	15 & Over 100 BREAST	38
39	8 & Under 50 FLY	40
41	10 & Under 50 FLY	42
43	11-12 50 FLY	44
45	13-14 200 FLY	46
47	115 & Over 200 FLY	48
49	8 & Under Mixed 100 Free Relay	
50	10 & Under Mixed 200 Free Relay	
51	12 & Under Mixed 200 Free Relay	
52	13 & Over Mixed 200 Free Relay	

SATURDAY, FEBRUARY 18– SESSION #2

GIRLS	EVENT	BOYS
53	13 & Over 500 FREE	54
55	13 & Over 400 IM	56

**ALL session #2 events**

- seeded fast - slow
- All sessions 2 events scored by age group (13-14 & 15 & Over)
- Events 53 & 54:: Swimmers must provide their own timers & counter
- Event 55 & 56:: Swimmer must provide their own timer

SUNDAY, FEBRUARY 19 - SESSION #3

GIRLS	EVENT	BOYS
57	8 & Under 50 FREE	58
59	10 & Under 50 FREE	60
61	11-12 50 FREE	62
63	13-14 50 FREE	64
65	15 & Over 50 FREE	66
67	8 & Under 25 BREAST	68
69	10 & Under 50 BREAST	70
71	11-12 50 BREAST	72
73	13-14 200 BREAST	74
75	15 & Over 200 BREAST	76
77	8 & Under 25 BACK	78
79	10 & Under 100 BACK	80
81	11-12 100 BACK	82
83	13-14 100 BACK	84
85	15 & Over 100 BACK	86
87	8 & Under 50 FLY	88
89	10 & Under 100 FLY	90
91	11-12 100 FLY	92
93	13-14 100 FLY	94
95	15 & Over 100 FLY	96
97	10 & Under 200 FREE	98
99	11-12 200 FREE	100
101	13-14 200 FREE	102
103	15 & Over 200 FREE	104

SESSION #3 - CONTINUED

105	8 & Under Mixed 100 Medley Relay	
106	10 & Under Mixed 200 Medley Relay	
107	12 & Under Mixed 200 Medley Relay	
108	13 & Over Mixed 100 Medley Relay	