

JaxParks Swim Classic
Sponsored by the Episcopal Amberjax & JaxParks
January 15 – January 17, 2016
Cecil Aquatic Center
Jacksonville, Florida

Sanctioned by: Florida Swimming of USA Swimming # 3537
“In granting this approval it is understood and agreed the USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event”.

CONDITION OF SANCTION: The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

*In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the meet.

*Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

*Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is Prohibited.

CAMERA ZONES: *Use of audio or visual recording devices, including a cell phone is permitted only in designated areas. Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of “Camera Zones” at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable “Camera Zones” may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,” etc. Meet Management shall also designate “Non-Camera Zones”. Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Hosted By: Episcopal Amberjax

Type of Meet: Indoor, 25 yard – 8 or 10 lane short course meet; the size of the meet will determine the pool configuration, up to an 10/8 two course configuration. Timed Finals (Age Groups & Seniors) No qualifying times will be required.
Meet management reserves the right to use fly-over starts at this competition.

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Dates & Times: Friday, January 15th – Timed Finals 4:30 Open
Saturday, January 16th – Timed Finals 8:30am, 13/14, Senior
Saturday, January 16th – Timed Finals 30 minutes after the completion of the morning session,
6 & U, 7/8, 9/10, 11/12
Sunday, January 17th – Timed Finals 8:30am, 13/14, Senior
Sunday, January 17th – Timed Finals 30 minutes after the completion of the morning session,
6 & U, 7/8, 9/10, 11/12

Location: Cecil Aquatics Center
13611 Normandy Blvd.
Jacksonville, FL 32221
Phone # (904) 573-8994

To see pictures of the venue please click on to the link below

<http://www.coj.net/Departments/Parks+and+Recreation/Recreation+Activities/Cecil+Recreation+Complex/default.htm>

Pool Specifications: Indoor, 25 yard – 8 or 10 lane short course meet; the size of the meet will determine the pool configuration, up to an 10/8 two course configuration. The configuration for the meet will be determined at the time of the entry deadline and will be communicated along with a psych-sheet before the meet.
Water depth at the competition starting end is a minimum of 5 feet. Regulation KDI Paragon Starting Blocks.
If two courses are used for competition, then there may be one buffer lane and at least 2 lanes for continuous warm up/warm down.

Timing Equipment: 2 SST Timing System or Colorado system, touch pads and a Colorado back up system will be used, as will a Dolphin back timing system. Hy-Tek Meet Manager will be used to score the meet
11 Line Colorado Display & a single line display will be used on the second course if needed.

Warm-up: Friday PM Warm-up 3:00 pm Events 4:30 pm
Saturday and Sunday AM Warm-up 7:00am Events 8:30am
Saturday and Sunday PM Warm-up guaranteed 30 min. prior to start of afternoon sessions
Warm-up schedule is attached.

*If determined necessary, a detailed warm-up schedule will be provided via email and posted on the Amberjax web-site on Tuesday January 12th

* If two courses are used then at least Two 25 yard lanes will be available for warm-up/warm- down during the meet.

Eligibility: Open to all currently registered USA Swimming swimmers of invited teams. 2016 USA-S athlete forms and fee will be accepted by the meet referee.

Entry Limit: The total number of entries will be limited as not to exceed the 4-hour rule. The team whose entries put the meet over 800 will be the final team allowed in the meet. Swimmers are limited to three (3) individual events per sessions plus relays. Swimmers over entered will be considered as entered in the first four events. No limit on relay teams, please designate as A, B, C, etc.

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- Seeding: Use of 25 Yard Short Course times to be used for seeding. Conversions, using the formula in the current Florida Swimming Handbook may be used for entry and seeding purposes.
- Scratch Penalty: No penalty for scratching on the block with the exception of deck seeded events. Any swimmer entered in a deck seeded event that has checked in for the event must swim the event unless he/she notifies the admin referee before the seeding has begun that he/she wishes to scratch. Failure to do so will result in the swimmer being barred from his/her next individual event in which he/she is entered on that day or the next day of the meet, whichever is first.
- Entries: Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Free text email entries will not be accepted. Disk and e-mail entries will not be accepted that are not accompanied by a hard copy entry, including the Master Entry form. List all attending coaches, contact phone numbers, and RELAY ONLY swimmers in the body of the e-mail. Include the total number of swimmers and events in the body of the e-mail. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Electronic mail confirmation will be sent upon receipt of file Florida Swimming rules require a \$50 penalty from teams that do not submit their entries in Hy-Tek format.
- Deck Entries Deck entries may be accepted by the Meet Referee or his/her designee, up to 1 hour before the start of the session under the following conditions:
* Swimmers must meet all other eligibility and entry limit standard requirements of the meet.
* Entry & meet fees must be paid at time of entry
* A swimmer may not scratch an event to deck enter an event.
* A swimmer may only deck enter an event that has an existing empty lane, no new heats will be established.
- Entry Fee: Timed Final Meet: \$4.00 per individual event; \$5.00 per Relay
\$10.00 facility fee per swimmer
Deck Entry- \$10.00 per individual event
Entry fees must accompany entries. Entries will not be accepted without payment.
- Entry Deadline: All entries must be received by 9:00pm Friday, January 8th, 2016
Make checks payable to "AmberJax Swim Team" and mail to:

Martin Zuberо (Meet Director) (904) 396-5751 ex 1627
4455 Atlantic Boulevard
Jacksonville, FL 32207
Episcopal AmberJax website: www.amberjax.org

FOR HYTEK CL2 ENTRIES ONLY: email: zuberom@esj.org

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Officials:

Meet Referee: Robert Thompson
Admin Referee: Keith Powell
Starter: Ed Phillips
Stroke & Turn: Phyllis Powell
Meet Marshall: Greg Burgess

Meet Workers: Parents from visiting teams wishing to work the meet in some capacity are requested to notify The AmberJax Meet Director: Martin Zuberom by Wednesday, January 13th at email address: zuberom@esj.org or (904) 396-5751 ex1627.

Scoring: No team scoring for this event.

Awards: Ribbons will be awarded for individual places 1-8th, relays 1-3rd. **NO AWARDS WILL BE MAILED.** Please pick up awards at the meet.

Meet Information: Meet Director: Martin Zuberom (904) 396-5751 ex1627.

Team Representative: Prior to the start of the meet, the name of one person other than the coach, who will check with the Admin Referee about any matter pertaining to the meet, may be given to the Admin Referee. For each team, the coach and that person only will be recognized.

Coaches' Meeting: There will be a coaches meeting prior to start of the Friday PM session & the Saturday AM session.

Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet. Coaches must show proof of membership when asked by the Meet Referee.

Rules: Current USA Swimming Rules & Regulations will govern. Safety rules, as outlined by USA Swimming, and as recommended by the Meet Marshall will be in effect during all warm-ups and sessions.

FLY OVER starts may be used at this competition. Meet referee may, at their discretion, combine heats.

Officials Briefing: Officials briefings will be held one hour prior to the start of each session. Visiting Officials are welcomed and appreciated. Please contact: Martin Zuberom at 396-5752 ext. 1627. Uniform will be white shirts with blue shorts, skirts, skorts or pants.

Meet Committee: A meet committee to be composed of the Meet Referee, home team coach and three other coaches chosen at the first coaches' meeting will meet as needed to make decisions regarding the meet, in the event of inclement weather or at other times as requested by the Meet Referee.

Supervision: A current USA Swimming member Coach must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete or an athlete not escorted by a member Coach must check in with the Meet Referee upon arrival at the meet. Such athletes must find a substitute coach who will supervise him/her during warm-up and competition and must submit the enclosed alternate coaches form (signed) to the Meet Referee.

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Warm Up Schedule

NO EQUIPMENT
PERMITTED

SWIMMERS MUST ENTER THE WATER FEET FIRST AND BE SUPERVISED BY A COACH.

* The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

In the morning sessions, the warm-up period will be at least 1 hour. The first 30 minutes are general warm-up and the last 20 minutes will be controlled as specified below.

Controlled Warm Up Lanes

- 1 & 9 Pace 50s - push off
- 2 & 10 Racing Starts - one way only
- 3 & 11 Circle swimming only
- 4 & 12 Circle swimming only
- 5 & 13 Racing Starts - one way only
- 6 & 14 Circle swimming only
- 7 & 15 Racing Starts - one way only
- 8 & 16 Pace 50s - push off

*If determined necessary, a detailed warm-up schedule will be provided via email on Wednesday, January 13th

* Swimmers in the afternoon session will be given at least 30-minute warm-up upon the completion of the morning session before the start of the afternoon session.

*If 2 courses are used two 25 yard lanes will be available for warm-up/warm-down during the meet. There may be an empty buffer lane at all times between the warm-up lane and the last competition lanes.

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Order of Events

Friday Session One

Warms Ups: 3:00 PM Meet Starts: 4:30 PM

Girls	Event	Boys
1	12 & U 200 IM	2
3*	13 & Over 400 IM	3*
5	12 & U 200 Free	6
7*	13 & Over 500 Free	7*

*Events # 3 & 7 ARE DECK SEEDED EVENTS, SWUM FASTEST TO SLOWEST & MIXED GENDER, THESE EVENTS WILL NOT BE SCORED.

(*LIMITED TO A TOTAL OF 160 SWIMMERS OR 80 SWIMMERS PER GENDER, CHECK IN BY 3:45PM)

Saturday Session Two

Warm Ups: 7:00 AM Meet Starts: 8:30 AM

Girls	Event	Boys
9	13-14 200 Free	10
11	15&Over 200 Free	12
13	13-14 100 Breast	14
15	15&Over 100 Breast	16
17	13-14 200 Back	18
19	15&Over 200 Back	20
21	13-14 100 Fly	22
23	15&Over 100 Fly	24
25	13-14 50 Free	26
27	15&Over 50 Free	28
29	13-14 200 Medley-R	30
31	SENIOR 200 Medley-R	32

Saturday Session Three

Begins 10 minutes after the completion of Session 2

Girls	Event	Boys
33	11 & Over Mixed 1000 Free*	33

*DECK SEEDED EVENTS, SWAM MIXED AND SWUM FASTEST TO SLOWEST, SCORED SEPARATELY
 (LIMITED TO A TOTAL OF 80 or 40
 SWIMMERS PER GENDER, CHECK IN BY 10:00AM)

Swimmers must provide timer for Event 33

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Saturday Session Four

Begins no earlier than 30 minutes after the completion of Session 3

Girls	Event	Boys
35	11-12 100 Free	36
37	10 & U 100 Free	38
39	7-8 25 Free	40
41	6&U 25 Free	42
43	11-12 50 Back	44
45	10 & U 50 Back	46
47	7-8 25 Back	48
49	6 & U 25 Back	50
51	11-12 100 Breast	52
53	10 & U 100 Breast	54
55	7-8 25 Breast	56
57	6 & U 25 Breast	58
59	11-12 50 Fly	60
61	10 & U 50 Fly	62
63	7-8 25 Fly	64
65	6&U 25 Fly	66
67	11-12 200 Medley-R	68
69	10 & U 200 Medley-R	70
71	8 & U 100 Medley-R	72
73	6 & U Medley-R	74

Sunday Session Five

Warm Ups: 7:00AM Meet Starts: 8:30AM

Girls	Events	Boys
75	13-14 200 IM	76
77	15&Over 200 IM	78
79	13-14 200 Breast	80
81	15&Over 200 Breast	82
83	13-14 100 Back	84
85	15&Over 100 Back	86
87	13-14 200 Fly	88
89	15&Over 200 Fly	90
91	13-14 100 Free	92
93	15&Over 100 Free	94
95	13-14 200 Free-R	96
97	SENIOR 200 Free- R	98

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Sunday Session Six

Will begin 10 minutes after the completion of session 5

Girls	Event	Boys
99	11 & Over Mixed 1650 Free*	99

*DECK SEEDED EVENTS, SWUM TOGETHER AND SWUM FASTEST TO SLOWEST, SCORED SEPARATELY
 (LIMITED TO A TOTAL OF 48 or 24
 SWIMMERS PER GENDER, CHECK IN BY 10:00AM)

Swimmers must provide timer for Event 99

Sunday Session Seven

Begins no earlier than 30 minutes after completion of Session 6

101	11-12 100 IM	102
103	9-10 100 IM	104
105	8& U 100 IM	106
107	11-12 100 Back	108
109	9-10 100 Back	110
111	8& U 50 Back	112
113	11-12 50 Breast	114
115	9-10 50 Breast	116
117	8 &U 50 Breast	118
119	11-12 100 Fly	120
121	9-10 100 Fly	122
123	8&U 50 Fly	124
125	11-12 50 Free	126
127	9-10 50 Free	128
129	8 & U 50 Free	130
131	11-12 200 Free – R	132
133	9-10 200 Free - R	134
135	8 & U 100 Free - R	136

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Master Entry Form

Teamname: _____ Call Letters: _____

Address: _____

Coach: _____ Home phone: _____ Office: _____

Coach Email: _____ Coach Cell: _____

Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

 Signature (must be USA Swimming member) Team _____ Date _____

Entries must be received by Friday, January 9th, by 9:00 PM. Please submit entries to: Meet
 Director: Martin Zuberom (904) 396-5751 Ext 1627
 4455 Atlantic Blvd
 Jacksonville, FL 32207 e-mail: zuberom@esi.org

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Financial Recap

We have entered the following:

Facility Feeper swimmer:	_____	@ \$10.00 EACH=\$ _____
Timed Finals	_____	@ \$4.00 EACH=\$ _____
Relays	_____	@ \$5.00 EACH=\$ _____

** Make check payable to AmberJax Swim Team** **NET FEES DUE = \$ _____**