



Carrollwood Village Swim Team #CVSTvsCOVID Meet #5

Meet Information Letter

A USA Swimming Sanctioned Meet through the Florida Swimming LSC #5229

“In granting this sanction it is understood and agreed that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event”.

“We have taken enhanced health and safety measures – for you, our other guests, and team members. You must follow all posted instructions while attending this swim meet at the Carrollwood Country Club Tennis & Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the Carrollwood Country Club, you voluntarily assume all risks related to exposure to COVID-19.”

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. Carrollwood Village Swim Assn, Inc. (CVST), cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in Carrollwood Village Swim Assn. Inc. (CVST), events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a Carrollwood Village Swim Assn. Inc. (CVST), hosted event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS CARROLLWOOD VILLAGE SWIM ASSN., INC. (CVST), AND ITS OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Condition of Sanction: The competition course has been certified in accordance with 104.2.2C. The copy of such certification is on file with USA Swimming.

Any swimmer who attends the meet unaccompanied by a USA Swimming member coach must be certified, by a USA Swimming member coach, as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer’s parent(s) to comply with this requirement.



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #5

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Type of Meet:	25yd. Short Course; Age Group, Senior Long Format - 6&U, 7-8, 9-10, 11-12 12&U, Senior
Meet Dates:	Friday, October 2, 2020.
Time:	5:00pm (Meet Management reserves the right to end the meet at 8:00pm, no matter where it is in the order of events)
Location:	Carrollwood Country Club Tennis & Aquatic Center (TAC) Pool, 13985 Clubhouse Drive, Tampa, Florida 33618 – 813-961-1368
Pool Spec:	10 Lane Certified 25yd. Outdoor pool, non-turbulent lane lines with Daktronics Timing System. 6 to 9 Competition lanes will be used depending on the number of entries.
Warm-up:	4:00-4:50pm: Each team will have 3 lanes for warm-up. NOTE 1: Social Distancing MUST be maintained at all times. NOTE 2: One hand must be on the deck when entering the pool, when not doing a racing start. NOTE 3: No equipment may be used at any time. NOTE 4: Warm-up / Warm-down during the meet available.
Eligibility:	Open to currently registered members of the following teams: CVST, AAC, STA, who are members of Florida Swimming.
Deck Entries:	No Deck Entries Permitted.
Entry Deadline:	Entry Forms must be turned in with a Hy-tek .cl2 File by 5:00pm the Tuesday prior to the meet.
Entry Limit:	5 events per swimmer
Entry Fee:	\$4.15 per individual event.
Facility Fee:	\$7.50 per person.
Seeding:	Events will be pre-seeded and mixed male and female.
Starts/Finish:	All starts will be fly-over unless told otherwise. Meet Management reserves the right to change the starting procedures during the meet if necessary. After the race & the subsequent warm-down period, the swimmer in the pool should move to the side of the lane and is asked to breathe with their head toward the water.
Scoring:	None
Awards:	Ribbons: 1 st -8 th Place
Rules:	Current USA Swimming Rules will govern the meet.



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #5

Team Rep.: Prior to the start of the meet, each team may give the name of one other person other than the coach to the Meet Referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team.

Officials: Meet Referee - Rick Sheridan Starter - Bob Griffiths
Head Stroke & Turn - Chris Repak Admin Official - Bob Griffiths
Head Meet Marshall - Mike Visher Meet Director/Head Timer - Jan Volz

Information: www.CVST.org
Jim Kelly – Jim@CVST.org
Twitter: @CVSTSwimming
Facebook: CVSTSwimming

Deck Changes: Changing into or out of swimsuits other than in locker rooms is not appropriate and is prohibited.

Camera Zones: “Camera Zones” at this swim meet where both still photography and video photography of a race or a competitor in a race may be taken. includes, the east & west sides of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,”. “Non-Camera Zones” for this meet include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms and restrooms. Any individual failing to abide by this rule could be subject to removal from the facility.

COVID Facility Requirements: Entrance to the facility will include health screening questions and temperature screening at the facility, no person shall be admitted with a temperature over 100.4.

Social Distancing MUST always be maintained while on CCC Property.

Athletes should arrive in their suits and depart in suits. Locker rooms will be closed.

All coaches, officials, spectators (parents), shall wear masks when on the CCC Property.

Team Areas will be assigned.

Parents will be staged in a roped off area of the parking lot (chairs will be needed). 6-8 parents (depending on the number of swimmers per heat) will be rotated in and out of the Parent Viewing Area for each heat. No spectators other than parents will be allowed in to watch.

Teams will be allowed 2 additional helpers in Team Areas to get swimmers to Bull Pen.

Coaches & Officials Hospitality may not be available for this event other than bottled water.

All additional requirements that may be posted or verbalized at the facility by any member of the CCC and CVST Staff or the Officials.



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #5

#CVSTvsCOVID Meet #5 - Order of Events

All events will be mixed Male & Female.

EVENT #	AGE GROUP	MIXED EVENT
1	Senior	500 Free
2	6&Under	25 Free
3	7-8	25 Free
4	9-10	50 Free
5	11-12	50 Free
6	Senior	200 Free
7	6&Under	25 Back
8	7-8	25 Back
9	9-10	50 Back
10	11-12	50 Back
11	Senior	200 Back
12	6&Under	25 Breast
13	7-8	25 Breast
14	9-10	50 Breast
15	11-12	50 Breast
16	Senior	200 Breast
17	6&Under	25 Fly
18	7-8	25 Fly
19	9-10	50 Fly
20	11-12	50 Fly
21	Senior	200 Fly
22	7-8	100 IM
23	9-10	100 IM
24	11-12	100 IM
25	Senior	200 M
26	7-8	50 Free
27	9-10	100 Free
28	11-12	100 Free
29	Senior	100 Free
30	7-8	50 Back
31	9-10	100 Back
32	11-12	100 Back
33	Senior	100 Back
34	7-8	50 Breast
35	9-10	100 Breast
36	11-12	100 Breast
37	Senior	100 Breast
38	7-8	50 Fly
39	9-10	100 Fly
40	11-12	100 Fly
41	Senior	100 Fly
42	9-10	200 IM
43	11-12	200 IM
44	Senior	50 Free
10 Minute Break		
45	Senior	400 IM