



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #3

Supplemental Information for Sanctioning

Statement of the Local Protocols and Requirements –

In applying for this sanction, the Host, Carrollwood Village Swim Assn., Inc. (CVST) agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Florida Swimming, the State of Florida and Hillsborough County, Florida.

Facility Requirements –

- 1) **Strict social distancing will be adhered to at all times.**
- 2) One timer per lane will be used
- 3) Pool deck will be closed to general spectators.
- 4) **One Parent per swimmer may view their child's race(s) in the designated viewing area but must leave immediately following the race(s) so other parents can watch the next race (Max. Parents in viewing area is six (6)).**
- 5) **All parents using viewing area will have temperature taken and must wear a mask and maintain proper social distancing. Anyone with 100.4+ will not be granted access.**
- 6) Parent seating will be marked off in the TAC parking lot.
- 7) Pool deck entry will be limited to Swimmers, Officials and Volunteers
- 8) **Controlled access to pool will be through pool gates & registration table.**
- 9) **Swimmers, Officials and Volunteer temperatures will be taken at entry. Anyone with 100.4+ will not be granted access to the pool.**
- 10) **All Officials and Volunteers must wear masks.**
- 11) Hand Sanitizing dispensers will be located at various locations inside the TAC.
- 12) CDC signage will be displayed around the facility.
- 13) Ropes/Barriers to direct swimmer flow and Marshall, zones, etc. Use tape/ground markers.
- 14) Locker room including - showers and steam room will be closed except for toilets.
- 15) Capacity limitations and designated areas will be enforced.
- 16) CVST will have a designated tent/seating area on the pool deck individual for practice groups.
- 17) This meet will be pre-seeded, and no deck entries will be allowed.
- 18) CVST will have assigned warm-up and warm-down lanes by practice groups.
- 19) Swimmers will use a Bull Pen System prior to their races to progress to the blocks.
- 20) After the final swimmer in a heat completes the race, swimmers will swim to opposite end of pool to exit.
- 21) Up to 3 lanes may be available for warm-up during the meet, but only one swimmer per lane will be permitted, unless circle swimming in two combined lanes is the method used.

SafeSport Statement –

With Consideration to SafeSport requirements parents will be able to view swimmers in a designated and marked area. This area is the parent viewing area at the east side of the pool.

Statement of Club LSC Registration –

All swimmers entered in this meet are members of the Carrollwood Village Swim Team and are registered members of Florida Swimming, Inc.

MAAPP Statement of Compliance –

All applicable adults (18 years of age or older) participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



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Meet Information Letter

A USA Swimming Sanctioned Meet through the Florida Swimming LSC # 5175

“In granting this sanction it is understood and agreed that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event”.

“We have taken enhanced health and safety measures – for you, our other guests, and team members. You must follow all posted instructions while attending this swim meet at the Carrollwood Country Club Tennis & Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the Carrollwood Country Club, you voluntarily assume all risks related to exposure to COVID-19.”

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. Carrollwood Village Swim Assn, Inc. (CVST), cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in Carrollwood Village Swim Assn. Inc. (CVST), events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a Carrollwood Village Swim Assn. Inc. (CVST), hosted event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS CARROLLWOOD VILLAGE SWIM ASSN., INC. (CVST), AND ITS OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.



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Condition of Sanction: The competition course has been certified in accordance with 104.2.2C. The copy of such certification is on file with USA Swimming.

Any swimmer who attends the meet unaccompanied by a USA Swimming member coach must be certified, by a USA Swimming member coach, as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer's parent(s) to comply with this requirement.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

- Type of Meet:** 25yd. Short Course; Age Group, Senior
Long Format - 6&U, 7-8, 9-10, 11-12 12&U, Senior
- Meet Dates:** Friday, August 7, 2020.
- Time:** 5:00pm (Meet Management reserves the right to end the meet at 8:00pm, no matter where it is in the order of events)
- Location:** Carrollwood Country Club Tennis & Aquatic Center (TAC) Pool,
13985 Clubhouse Drive, Tampa, Florida 33618 – 813-961-1368
- Pool Spec:** 10 Lane Certified 25yd. Outdoor pool, non-turbulent lane lines with Daktronics Timing System. 6 to 9 Competition lanes will be used depending on the number of entries.
- Warm-up:** 4:00-4:50pm: 4:00-4:30pm – lanes 1-10 continuous lap swimming; 4:30-4:50pm – lanes 2-6 & 9-10 continuous lap swimming & lanes 1 and 7&8 one-way racing starts.
NOTE 1: One hand must be on the deck when entering the pool, when not doing a racing start.
NOTE 2: No equipment may be used at any time.
NOTE 3: Warm-up / Warm-down during the meet available in Lane 10.
- Eligibility:** Open to currently registered CVST members, who are members of Florida Swimming only.
- Deck Entries:** No Deck Entries Permitted.
- Entry Deadline:** Entry Forms must be turned in with a Hy-tek .cl2 File by 5:00pm the Tuesday prior to the meet.
- Entry Limit:** 5 events per swimmer
- Entry Fee:** \$4.15 per individual event.
- Facility Fee:** \$7.50 per person.



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- Seeding:** Events will be pre-seeded and mixed male and female.
- Scoring:** None
- Awards:** Ribbons: 1st-6th Place
- Rules:** Current USA Swimming Rules will govern the meet.
- Team Rep.:** Prior to the start of the meet, each team may give the name of one other person other than the coach to the Meet Referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team.
- Officials:**
- | | |
|----------------------------------|-------------------------------------|
| Meet Referee - Rick Sheridan | Starter - Bob Griffiths |
| Head Stroke & Turn - Chris Repak | Admin Official - Bob Griffiths |
| Head Meet Marshall - Mike Visher | Meet Director/Head Timer - Jan Volz |
- Information:** www.CVST.org
Jim Kelly - Jim@CVST.org
Twitter: @CVSTSwimming
Facebook: CVSTSwimming
- Food Service:** **NO Coolers / No Outside Food Permitted On Club Property** - Food Service will be available at the meet – Club Charge, or Credit Card only. Coolers, etc. are prohibited from the facility. All food and drink consumed on the property must be purchased through the facility.
- Deck Changes:** Changing into or out of swimsuits other than in locker rooms is not appropriate and is prohibited.
- Camera Zones:** “Camera Zones” at this swim meet where both still photography and video photography of a race or a competitor in a race may be taken. includes, the east & west sides of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,”. “NonCamera Zones” for this meet include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms and restrooms. Any individual failing to abide by this rule could be subject to removal from the facility.

#CVSTvsCOVID Meet #3 - Order of Events

All events will be mixed Male & Female.

EVENT #	AGE GROUP	MIXED EVENT
1	Senior	400 IM
2	6&Under	25 Free
3	7-8	25 Free
4	9-10	100 Free
5	11-12	100 Free
6	Senior	200 Free
7	Senior	50 Free
8	6&Under	25 Back
9	7-8	25 Back
10	9-10	100 Back



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11	11-12	100 Back
12	Senior	200 Back
13	Senior	50 Back
14	6&Under	25 Breast
15	7-8	25 Breast
16	9-10	100 Breast
17	11-12	100 Breast
18	Senior	200 Breast
19	Senior	50 Breast
20	6&Under	25 Fly
21	7-8	25 Fly
22	9-10	100 Fly
23	11-12	100 Fly
24	Senior	200 Fly
25	Senior	50 Fly
26	7-8	100 IM
27	9-10	100 IM
28	11-12	100 IM
29	Senior	200 M
30	7-8	50 Free
31	9-10	50 Free
32	11-12	50 Free
33	Senior	100 Free
34	7-8	50 Back
35	9-10	50 Back
36	11-12	50 Back
37	Senior	100 Back
38	7-8	50 Breast
39	9-10	50 Breast
40	11-12	50 Breast
41	Senior	100 Breast
42	7-8	50 Fly
43	9-10	50 Fly
44	11-12	50 Fly
45	Senior	100 Fly
46	9-10	200 IM
47	11-12	200 IM
5 Minute Break		
48	Senior	500 Free
10 Minute Break (if needed)		
49	Senior	1000 Free
50	Senior	1650 Free