



Carrollwood Village Swim Team #CVSTvsCOVID Meet #1

Meet Information Letter

A USA Swimming Sanctioned Meet through the Florida Swimming LSC #5145

“In granting this sanction it is understood and agreed that USA-S/FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event”.

“We have taken enhanced health and safety measures – for you, our other guests, and team members. You must follow all posted instructions while attending this swim meet at the Carrollwood Country Club Tennis & Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the Carrollwood Country Club, you voluntarily assume all risks related to exposure to COVID-19.”

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. Carrollwood Village Swim Assn. Inc. (CVST), cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in Carrollwood Village Swim Assn. Inc. (CVST), events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a Carrollwood Village Swim Assn. Inc. (CVST), hosted event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS CARROLLWOOD VILLAGE SWIM ASSN., INC. (CVST), AND ITS OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Condition of Sanction: **The competition course has been certified in accordance with 104.2.2C. The copy of such certification is on file with USA Swimming.**

Any swimmer who attends the meet unaccompanied by a USA Swimming member coach must be certified, by a USA Swimming member coach, as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer's parent(s) to comply with this requirement.



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #1

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

- Type of Meet:** 25yd. Short Course; Age Group, Senior
Long Format - 6&U, 7-8, 9-10, 11-12 12&U, Senior
- Meet Dates:** Friday, July 17, 2020.
- Time:** 5:00pm (Meet Management reserves the right to end the meet at 8:00pm, no matter where it is in the order of events)
- Location:** Carrollwood Country Club Tennis & Aquatic Center (TAC) Pool,
13985 Clubhouse Drive, Tampa, Florida 33618 – 813-961-1368
- Pool Spec:** 10 Lane Certified 25yd. Outdoor pool, non-turbulent lane lines with Daktronics Timing System. 6 to 9 Competition lanes will be used depending on the number of entries.
- Warm-up:** 4:00-4:50pm: 4:00-4:30pm – lanes 1-10 continuous lap swimming; 4:30-4:50pm – lanes 2-6 & 9-10 continuous lap swimming & lanes 1 and 7&8 one-way racing starts.
NOTE 1: One hand must be on the deck when entering the pool, when not doing a racing start.
NOTE 2: No equipment may be used at any time.
NOTE 3: Warm-up / Warm-down during the meet available in Lane 10.
- Eligibility:** Open to currently registered CVST members, who are members of Florida Swimming only.
- Deck Entries:** No Deck Entries Permitted.
- Entry Deadline:** Entry Forms must be turned in with a Hy-tek .cl2 File by 5:00pm the Tuesday prior to the meet.
- Entry Limit:** 5 events per swimmer
- Entry Fee:** \$4.15 per individual event.
- Facility Fee:** \$5.00 per person.
- Seeding:** Events will be pre-seeded, combined by gender and like strokes & distances but will be scored separately.
- Scoring:** None
- Awards:** Ribbons: 1st-8th Place
- Rules:** Current USA Swimming Rules will govern the meet.
- Team Rep.:** Prior to the start of the meet, each team may give the name of one other person other than the coach to the Meet Referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team.
- Officials:** Meet Referee - Rick Sheridan
Head Stroke & Turn - Chris Repak
Head Meet Marshall – Mike Visser
Starter - Bob Griffiths
Admin Official - Bob Griffiths
Meet Director/Head Timer - Jan Volz
- Information:** www.CVST.org
Jim Kelly – Jim@CVST.org
Twitter: @CVSTSwimming
Facebook: CVSTSwimming



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #1

- Food Service:** **NO Coolers / No Outside Food Permitted On Club Property** - Food Service will be available at the meet – Club Charge, or Credit Card only. Coolers, etc. are prohibited from the facility. All food and drink consumed on the property must be purchased through the facility.
- Deck Changes:** Changing into or out of swimsuits other than in locker rooms is not appropriate and is prohibited.
- Camera Zones:** “Camera Zones” at this swim meet where both still photography and video photography of a race or a competitor in a race may be taken. includes, the east & west sides of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start-end,”. “Non-Camera Zones” for this meet include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms and restrooms. Any individual failing to abide by this rule could be subject to removal from the facility.

#CVSTvsCOVID Meet #1 - Order of Events

*All events will be combined by gender.
All events of like stroke and distance will be combined.*

EVENT #	AGE GROUP	MIXED EVENT
1-2	Senior	50 Free
3-4	6&Under	25 Free
5-6	7-8	25 Free
7-8	9-10	50 Free
9-10	11-12	50 Free
11-12	Senior	200 Free
13-14	6&Under	25 Back
15-16	7-8	25 Back
17-18	9-10	50 Back
19-20	11-12	50 Back
21-22	Senior	200 Back
23-24	6&Under	25 Breast
25-26	7-8	25 Breast
27-28	9-10	50 Breast
29-30	11-12	50 Breast
31-32	Senior	200 Breast
33-34	6&Under	25 Fly
35-36	7-8	25 Fly
37-38	9-10	50 Fly
39-40	11-12	50 Fly
41-42	Senior	200 Fly
43-44	7-8	100 IM
45-46	9-10	100 IM
47-48	11-12	100 IM
49-50	Senior	200 IM
51-52	7-8	50 Free
53-54	9-10	100 Free
55-56	11-12	100 Free
57-58	Senior	100 Free
59-60	7-8	50 Back
61-62	9-10	100 Back
63-64	11-12	100 Back
65-66	Senior	100 Back
67-68	7-8	50 Breast



Carrollwood Village Swim Team

#CVSTvsCOVID Meet #1

69-70	9-10	100 Breast
71-72	11-12	100 Breast
73-74	Senior	100 Breast
75-76	7-8	50 Fly
77-78	9-10	100 Fly
79-80	11-12	100 Fly
81-82	Senior	100 Fly
83-84	9-10	200 IM
85-86	11-12	200 IM
87-88	Senior	400 IM
89-90	Senior	500 Free