



## 2022 CVST Hosted Event Schedule

<u>Date</u>	<u>Event</u>	<u>Additional Information</u>
September 2	CVST September Friday Night at the Races	Pool Closes at 2:00pm
September 28	TC Dual Meet (High School)	Pool Closes at 2:00pm
October 7	CVST October Friday Night at the Races	Pool Closes at 2:00pm
October 27	CVST Halloween Costume Practice & Party	Pool Closes at 4:00pm
November 4	CVST November Friday Night at the Races	Pool Closes at 2:00pm
December 15	CVST Holiday Party	Pool Closes at 4:00pm
February 3-5	CVST Sweetheart Meet	Pool Closed 12pm Friday to 3pm Sunday
March 31-April 2	Boys & Girls Club National Championships	Northshore Aquatic Complex, St. Pete
April 14	CVST Blue/Green Meet	Pool Closes at 2:00pm
May TBA	PCL Swim Meets	Pool Closes at 2:00pm
June 3-5	CVST Tampa Bay Swim Classic	Northshore Aquatic Complex, St. Pete
June 9	CVST June Friday Night at the Races	Pool Closes at 2:00pm
June 22	CVST June Thursday Night at the Races	Pool Closes at 2:00pm
July 7	CVST July Friday Night at the Races	Pool Closes at 2:00pm

## 2022-2023 CVST Swim Practice Schedule

### School Year

Bronze Group	Monday thru Friday	- 4:30-5:30pm
Silver-Gold Group	Monday thru Friday	- 4:30-6:00pm
PreSenior Group	Monday & Wednesday	- 5:30-7:30pm
	Tuesday & Thursday	- 5:00-7:30pm
	Friday	- 4:00-6:00pm
	Saturday	- 7:00-10:00am
Senior 1 Group	Monday & Wednesday	- 5:30-7:30pm
	Tuesday & Thursday	- 5:00-7:30pm
	Friday	- 4:00-6:00pm
	Saturday	- 7:00-10:00am
School Year Morning Group*	August-November	Monday/Wednesday/Friday - 5:00-6:30am
	November-June	Tuesday/Thursday - 5:00-6:30am
Tampa Catholic High School	August-November	-7:00-8:30 pm

### Summer

Bronze Group	Monday thru Friday	- 9:30-10:30am
Silver-Gold Group	Monday thru Friday	- 9:30-11:00am
PreSenior Group	Monday- Thursday	- 7:00-9:00am & 5:00-7:00pm (Dryland Included Mon. & Wed.)
	Friday	- 4:00-6:00pm
	Saturday	- 7:00-10:00am
	Senior 1 Group	Monday- Thursday
Summer School Group**	Friday	- 4:00-6:00pm
	Saturday	- 7:00-10:00am
	Monday thru Thursday	- 6:00-7:00pm

\* To participate in these practices, swimmers must get advanced approval from Jim and adhere to all School Year Morning Practice Rules and Requirements.

\*\* By Appointment Only. This Group is available to swimmers taking summer school or who are enrolled in various camps over the summer. To be eligible, parents must notify Randy Johnson in writing, a minimum of one week in advance, that their child will attend a practice. There will be no practices if no advance notice is received.