



## 2020 CVST Summer Practice Schedule and Group Changes

Bronze Group	Monday thru Friday	- 9:30-10:30am
Silver Group	Monday thru Friday	- 9:30-11:00am
Gold Group	Monday thru Friday	- 9:30-11:00am
Pre-Senior Group	Monday thru Friday	- 8:00-9:30am
	Saturday	- 10:00-11:30am
Senior Groups	Mon., Wed. & Fri.	- 6:00-8:00am & 4:00-6:00pm
	Tuesday & Thursday	- 6:00-8:00am & 4:00-6:40pm
	Saturday	- 7:00-10:00am
Summer School Group**	Monday thru Thursday	- 6:00-7:00pm

*\* To participate in these practices, swimmers must get advanced approval from Jim and adhere to all Morning Group practice rules and requirements.*

*\*\* By Appointment Only. This Group is available to swimmers taking summer school or who are enrolled in various camps over the summer. To be eligible, parents must notify Randy Johnson in writing, a minimum of one week in advance, that their child will attend a practice. There will be no practices if no advance notice is received.*

## 2020 CVST Summer Practice Group Changes

**Bronze Group to Silver Group:** Emma Echeverry, Easton Heath, Carly Howe, Brennan Smith.

**Silver Group to Gold Group:** Ella Abele, Nina Accattato, Trey Davis, Isabella Herrera, Charley Jonsson, Danny Mendoza, Peyton Osborne, Mckinnley Polk, Addy Visher;

**Gold Group to Pre-Senior Group:** Peyton Balseiro, Noah Buscemi, Matthew Davis, Sophie Nichols; Maddie Polk, Molly Polk, Brady Santo; Connor Smith;

**Senior 2 Group to Senior 1 Group:** Maddie Reidel, McKenna Smith.