



2018-2019 CVST Hosted Swim Meet Schedule

| <u>Date</u> | <u>Event</u> | <u>Additional Information</u> |
|-----------------------------|--|---------------------------------------|
| Sat, Aug 25, 2018 | CVST Awards Night | CCC Clubhouse |
| Fri, Sep 7, 2018 | Friday Night at the Races | CCC Pool Closes at 3:00pm |
| Tue, Oct 2, 2018 | Tampa Catholic High School Meet | CCC Pool Closes at 3:00pm |
| Fri, Oct 5, 2018 | Friday Night at the Races | CCC Pool Closes at 3:00pm |
| Fri, Nov 2, 2018 | Friday Night at the Races | CCC Pool Closes at 3:00pm |
| Fri-Sun, Feb1-3, 2019 | CVST Sweetheart Meet | CCC Pool Closed beginning 2:00pm Fri. |
| Fri-Sun, Apr 5-7, 2019 | Boys & Girls Club National Championships | Northshore Pool - St. Petersburg, Fl |
| Fri, Apr 12, 2019 | CVST Blue/Green Meet & Family Relays | CCC Pool Closes at 3:00pm |
| Fri-Sun, May 31-Jun 2, 2019 | Tampa Bay Swim Classic | Northshore Pool – St. Petersburg, Fl |
| Thu, Jun 13, 2019 | CVST June Friday Night at the Races #1 | CCC Pool Closes at 3:00pm |
| Thu, Jun 27, 2019 | CVST June Friday Night at the Races #2 | CCC Pool Closes at 3:00pm |
| Thu, Jul 11, 2019 | CVST July Friday Night at the Races | CCC Pool Closes at 3:00pm |
| Fri, Sep 6, 2019 | CVST September Friday Night at the Races | CCC Pool Closes at 3:00pm |
| Fri, Oct 4, 2019 | CVST October Friday Night at the Races | CCC Pool Closes at 3:00pm |
| Fri, Nov 1, 2019 | CVST November Friday Night at the Races | CCC Pool Closes at 3:00pm |

* May 2019 PCL Meets will be announced in January of 2019.

2018-2019 CVST Swim Practice Schedule

School Year

| | | |
|-----------------------------|-------------------------|---------------------------------------|
| Bronze Group | Monday thru Friday | - 4:30-5:30pm |
| Silver-Gold Group | Monday thru Friday | - 4:30-6:00pm |
| Senior 2 Group | Monday/Wednesday/Friday | - 5:30-7:30pm |
| | Tuesday/Thursday | - 5:00-7:30pm |
| | Saturday | - 7:00-9:00am |
| Senior 1 Group | Mon., Wed. & Fri. | - 5:30-7:30pm |
| | Tuesday & Thursday | - 5:00-7:30pm |
| | Saturday | - 7:00-10:00am |
| Morning Group* | August-November | Monday/Wednesday/Friday - 5:00-6:30am |
| | November-June | Tuesday/Thursday - 5:00-6:30am |
| *Tampa Catholic High School | August – November | -7:00-8:30 pm |

Summer

| | | |
|-----------------------|----------------------|-----------------------------|
| Bronze Group | Monday thru Friday | - 9:30-10:30am |
| Silver-Gold Group | Monday thru Friday | - 9:30-11:00am |
| Senior 2 Group | Mon., Wed. & Fri. | - 8:00-9:30am & 4:30-6:00pm |
| | Tuesday & Thursday | - 8:00-9:30am & 4:30-6:40pm |
| | Saturday | - 7:00-9:00am |
| Senior 1 Group | Mon., Wed. & Fri. | - 6:00-8:00am & 4:00-6:00pm |
| | Tuesday & Thursday | - 6:00-8:00am & 4:00-6:40pm |
| | Saturday | - 7:00-10:00am |
| Summer School Group** | Monday thru Thursday | - 6:00-7:00pm |

* To participate in these practices, swimmers must get advanced approval from Jim and adhere to all Morning Group practice rules and requirements.

** By Appointment Only. This Group is available to swimmers taking summer school or who are enrolled in various camps over the summer. To be eligible, parents must notify Randy Johnson in writing, a minimum of one week in advance, that their child will attend a practice. There will be no practices if no advance notice is received.

*** Senior 1 Group Refer to your Practice Group Calendar for Week of June 4-10, and any other changes to the schedule.