

## 2023 Boys & Girls Club National Swimming Championships

### Warm-up Lane Assignment Information

Fri Timed Finals, Sat & Sun Prelims

Sat & Sun Finals

Teams

First Hour

Last ½ Hour

3:30 p.m. – 4:50 p.m.

BGNW	Lane 1-4		
BGNE	Lane 5-6		
GNBC	Lane 7-8		
RIMA	Lane 9-10		
CBGC	Lane 11-12	General	General
DMARR	Lane 13	Warm-up	Warm-up
TBGT	Lane 14-15		
TEAM	Lane 16-20		
WORC	Lane 21		
CVST	Lane 22		

Lane 1 is at the Bay (East) end of the facility and lane 22 is at the Building (West) end.

All teams are required to warm-up in their designated lanes for the first 60 minutes of the Saturday and Sunday preliminary sessions.

For the last 20 minutes of Friday Timed Finals and Saturday and Sunday Preliminary Sessions there will be no team lane assignments.

Lanes with block numbered 3 and 7 in each of the competition courses will be designated as sprint lanes and the outside buffer lanes will be designated as pace lanes for the last 30 minutes of each warm-up session.

*All swimmers are to enter the pool feet first with one hand on the deck.*