

Speedo Championship Series / Southern Zone Southern Sectional						
SPRING 2021 Championships Time Standards						
Women				Men		
LCM (50M)		SCY (25Y)	Event	SCY (25Y)		LCM (50M)
28.39		24.89	50 Free	22.29		25.59
1:01.29		54.09	100 Free	48.29		55.29
2:12.09		1:56.69	200 Free	1:45.79		2:00.89
4:38.79		5:09.89	400 (500) Free	4:46.09		4:16.59
9:35.69		10:50.49	800 (1000) Free	9:57.19		8:55.59
18:21.79		18:05.29	1500 (1650) Free	16:48.69		17:14.19
32.89		28.59	50 Back	25.69		30.19
1:09.69		1:00.79	100 Back	55.09		1:04.49
2:31.99		2:13.29	200 Back	2:02.29		2:20.69
38.29		33.59	50 Breast	29.49		34.19
1:20.59		1:10.89	100 Breast	1:02.69		1:12.39
2:55.99		2:36.29	200 Breast	2:19.29		2:40.39
31.29		27.39	50 Fly	24.29		27.79
1:06.49		59.09	100 Fly	52.29		59.59
2:29.49		2:12.19	200 Fly	1:58.49		2:15.39
2:31.19		2:12.59	200 IM	1:59.39		2:17.69
5:18.19		4:38.69	400 IM	4:11.99		4:51.29
NT		NT	200 Free Relay	NT		NT
NT		NT	200 Medley Relay	NT		NT

SPRING 2021 Championships BONUS Time Standards						
Women				Men		
LCM (50M)		SCY (25Y)	EVENT	SCY (25Y)		LCM (50M)
29.09		25.59	50 Free	22.89		26.29
1:02.89		55.49	100 Free	49.49		56.69
2:15.39		1:59.69	200 Free	1:48.49		2:03.99
4:45.79		5:17.69	400 (500) Free	4:53.29		4:23.09
9:50.09		11:06.79	800 (1000) Free	10:12.19		9:08.99
18:49.39		18:32.49	1500 (1650) Free	17:13.99		17:40.09
33.79		29.39	50 Back	26.39		30.99
1:11.49		1:02.39	100 Back	56.49		1:06.19
2:35.79		2:16.69	200 Back	2:05.39		2:24.29
39.29		34.49	50 Breast	30.29		35.09
1:22.69		1:12.69	100 Breast	1:04.29		1:14.19
3:00.39		2:40.19	200 Breast	2:22.79		2:44.39
32.09		28.09	50 Fly	24.89		28.49
1:08.19		1:00.59	100 Fly	53.59		1:01.09
2:33.29		2:15.49	200 Fly	2:01.49		2:18.79
2:34.99		2:15.99	200 IM	2:02.39		2:21.19
5:26.19		4:45.69	400 IM	4:18.29		4:58.59