**Warm-up Information – Hydro4 Winter Open Feb 5th-7th, 2021**

Friday – pool opens at 3:30pm

**Friday Distance**

• Warmup at 3:45pm

• Competition pool (21 lanes) open for warm-up

• No assigned lanes – 70-minute warm-up

• Session start time 5:00pm

**Saturday 11 & Older**

• Warmup opens at 7.15am

• See Lane Assignment table – Two 35-minute warm-up sessions

• Session start time 8:30AM

**Warm-up 1 - 7:15am**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Hydro | Lanes 2-7 |
| Planet | Lanes 8-14 |
| Nth FL | Lanes 15-18 |
| Fluid | Lanes - 19-20 |
| Wahoo’s | Lane - 21 |

**Warm-up 2 - 7:50am**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Loggerhead | Lanes 2-10 |
| Bolles | Lanes 11-15 |
| Cyclones | Lanes 16-18 |
| WVKW | Lane - 19 |
| Wahoo’s | Lane - 20 |
| TekMasters | Lane - 21 |

**Saturday 10&Under**

• Warmup at 12.35pm

• See Lane Assignment table – Two 30-minute warm-up sessions

• Session start time 1.35pm

**Warm-up 1 - 12:35pm**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Hydro | Lanes 2-7 |
| Planet | Lanes 8-14 |
| Nth FL | Lanes 15-18 |
| Fluid | Lanes - 19-20 |
| Wahoo’s | Lane - 21 |

**Warm-up 2 - 1:05pm**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Loggerhead | Lanes 2-10 |
| Bolles | Lanes 11-15 |
| Cyclones | Lanes 16-18 |
| WVKW | Lane - 19 |
| Wahoo’s | Lane - 20 |
| TekMasters | Lane - 21 |

**Sunday 11 & Older**

• Warmup opens at 7.15am

• See Lane Assignment table – Two 35-minute warm-up sessions

• Session start time 8:30AM

**Warm-up 1 - 7:15am**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Loggerhead | Lanes 2-10 |
| Bolles | Lanes 11-15 |
| Cyclones | Lanes 16-18 |
| WVKW | Lane - 19 |
| Wahoo’s | Lane - 20 |
| TekMasters | Lane - 21 |

**Warm-up 2 - 7:50am**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Hydro | Lanes 2-7 |
| Planet | Lanes 8-14 |
| Nth FL | Lanes 15-18 |
| Fluid | Lanes - 19-20 |
| Wahoo’s | Lane - 21 |

**Sunday 10&Under**

• Warmup at 12.35pm

• See Lane Assignment table – Two 30-minute warm-up sessions

• Session start time 1.35pm

**Warm-up 1 - 12:35am**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Loggerhead | Lanes 2-10 |
| Bolles | Lanes 11-15 |
| Cyclones | Lanes 16-18 |
| WVKW | Lane - 19 |
| Wahoo’s | Lane - 20 |
| TekMasters | Lane - 21 |

**Warm-up 2 - 1:05pm**

**Lane 1 – Open for Dives**

|  |  |
| --- | --- |
| Hydro | Lanes 2-7 |
| Planet | Lanes 8-14 |
| Nth FL | Lanes 15-18 |
| Fluid | Lanes - 19-20 |
| Wahoo’s | Lane - 21 |