**Warm Up Assignments:**

Session 1 – Open Warm up

Session 2 & 4 - (Sat & Sun 7.30am)

|  |  |
| --- | --- |
| **Team** | **Lane** |
| Hydro 4 | 1-3 |
| Indian River | 1 |
| Planet Swim | 4-7 |
| St Augustine | 8 |
| Flagler Fluid | 9 |
| West Volusia | 10 |
| YMCA First Coast | 10 |

Session 3 & 5 (Sat & Sun 11.15am)

|  |  |
| --- | --- |
| **Team** | **Lane** |
| Hydro 4 | 1-3 |
| Indian River | 1 |
| Planet Swim | 4-7 |
| St Augustine | 8 |
| Flagler Fluid | 9 |
| West Volusia | 10 |