



COMPETITION CODE OF CONDUCT

HONOR CODE

The following code of team conduct remains in effect. Some of the items refer specifically to team travel. Additionally, anyone who, in the opinion of the coach or coaches, acts in a manner that would interfere with the travel objectives listed below, will be subject to immediate return home (**at the expense of the parent and/or swimmer**) and other disciplinary actions including barring from future travel meets or other competition or dismissal from the team.

The Southwest STARS Swim Team may travel as a team to some meets. Everyone is expected to behave in an exemplary manner. The reputation of the STARS, as well as the other athletes with you, is dependent on your behavior.

Team Travel Policies

1. The coaching staff holds the final word on any rules, regulations, or disciplinary action.
2. All team members are reminded that when traveling on trips, competing in meets, and attending other meet-related functions, you are representing both yourself and Southwest Aquatics. Your behavior must positively reflect the high standards of the club.
3. All swimmers and chaperones traveling with the team will attend all team functions and are expected to know all travel/meeting schedules and strictly adhere to them. The coaching staff will establish warm-up times and other trip related timetables as needed. Being prompt and on time is essential.
4. All swimmers are expected to wear STARS team T-Shirts and wear STARS team competition caps during the meet.
5. Swimmers are expected to remain with the team at all times during a trip. Swimmers are not allowed to leave the pool, the hotel, or any other place at which the team has gathered without the permission of a coach or chaperone.
6. Rooms and travel vehicles are to be treated with respect and kept neat.

Belongings should be kept together and all trash deposited appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from a trip.

7. When traveling by van, swimmers must wear seat belts and remain seated at all times.
8. Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' rooms unless a chaperone/coach has granted permission (i.e. for a small group to watch a movie). This applies to STAR members or members of any other team.
9. Swimmers are to refrain from inappropriate physical contact.
10. All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At curfew, all lights, TV's, electronic equipment, etc. must be turned off and no talking is permitted.
11. Swimmers are expected to be quiet and respect the rights of teammates and other hotel guests during evening hours and the rest time between prelims and finals. There is to be no telephone use after curfew and no room-to-room telephone use during afternoon rest time.
12. All telephone and incidental room charges must be paid prior to curfew on the final night of the trip.
13. When group meals are contracted with a hotel or restaurant, all swimmers and chaperones on the trip are expected to participate in and share the cost of these meals.
14. Swimmers are expected to travel with and stay with the team on team travel trips. Any exceptions to this policy must be approved by the Head Coach or his designee prior to the trip.
15. Chaperones must agree to fulfill their responsibilities to the swimmers entrusted to their care and to the other chaperones and coaches. Swimmers may not be chaperones.
16. Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family.
17. All team members will be polite in restaurants. A 15% tip would be well appreciated. If there has been a problem with the service, see the coaching staff.

I recognize my responsibility to abide by the rules and requirements of the Southwest STARS Swim Team I am representing and I acknowledge that I have received and read such.

Swimmer's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____