



## T2 Aquatics/Naples Swim School/Open Swim COVID-19 Protocol

### Contact Tracing Protocol

#### Athlete In Close Contact With An Infected Individual

If a swimmer (B) was in close contact (defined by the CDC as being within 6 feet of an infected person for at least 15 minutes, starting from 48 hours before illness onset until the time the patient is isolated.) with any infected individual (A) during the period defined above:

- This swimmer (B) is considered to have been exposed to COVID-19.
- The swimmer (B), and any members of their immediate family who are also team members, should stay home for 14 days from the last instance of contact with the individual (A) regardless of if they (B) test negative before that date.
- The swimmer (B) is encouraged, but not required, to get tested for COVID-19.
- If, after 14 days they (B) have not developed any symptoms, they (B) may return to the water without having to receive a negative test.
- If the swimmer (B) tests positive for COVID-19, the same protocols should contact tracing should be followed for them and any swimmers (C) with whom they interacted with while infectious.

#### Athlete In Close Contact With An Individual Who Is Known Or Suspected To Have Been Exposed

If a swimmer (X) was in close contact with any individual (Y) who is KNOWN or SUSPECTED to have been exposed to COVID-19 (e.g., the individual's parent tested positive) during the period in which the initially exposed individual would have been contagious/actively infected:

- The swimmer (X) should not be allowed to return to practice until they (X) or the exposed individual (Y) can test negative for COVID-19.
- If the initially exposed individual (Y) tests positive for COVID-19, the appropriate guidelines for the swimmer (X) and associated contract tracing for close contact should be undertaken. (See above)

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### Return To Practice Protocol

#### For An Individual Who Tested Positive for COVID-19 but never experienced symptoms:

- After 14 days have passed since the date of their first positive COVID-19 test, per CDC guidelines the individual may end their home isolation.  
OR
- After they have tested negative for COVID-19 in two separate tests at least 24 hours apart, per CDC guidelines the individual may end their home isolation. (The CDC recommends 2 negative tests at least 24 hours apart, but testing capacity may be limited.)
  - A swimmer should not return to the water if any members of their immediate family who have tested positive have not yet met this guideline.

#### For An Individual Who Tested Positive For COVID-19 And Experienced Symptoms:

- After 5 days have passed since recovery (no fever without fever-reducing medications and improvement in respiratory conditions) AND 14 days have passed since the onset of symptoms, they may return to the water.  
OR
- After they have tested negative for COVID-19 in two separate tests at least 24 hours apart, per CDC guidelines the individual may end their home isolation. (The CDC recommends 2 negative tests at least 24 hours apart, but testing capacity may be limited.)
  - A swimmer should not return to the water if any members of their immediate family who have tested positive have not yet met this guideline.