



## General Facility Changes:

- Athletes should remain in their cars until 5 minutes prior to their practice time.
- Athletes should enter through the side gate spacing 10 feet apart. We do not normally use this gate but you use the same parking lot as you normally would. There are signs directing you as well as red arrows on the ground.
- T2 Athletes will take their bags to their designated drop off area.
- Athletes will take their mesh bag, water bottle and pool equipment to their lane. T2 staff will be helping athletes navigate this new procedure.
- At the end of practice athletes will gather their pool equipment and walk to their dry bag. Pick up all of their belongings and exit using the front gate (the one we normally use). Once outside we asked that athletes spread out on the sidewalk and by the blue rope barrier with a 6 foot spacing to wait for their ride. There are marked spaces in this area. We ask that parents are at the pool promptly to pick up their athlete.
- No one is allowed to gather in the parking lot of the pool before/after practice.
- The water fountain and snack machines will be closed at this time.
- We ask that parents remain in their cars during this time so that we can limit the number of people in the facility. If you must come into the pool area, we have removed the picnic tables and are not allowing any chairs. We ask that everyone in the facility not to go over to the bag area, not to go past the south side of the pool and to maintain a 6 foot spacing as they wait.

## Locker Room Policy Changes:

- Locker rooms will be closed with the exception of “emergency” bathroom usage. There will be a maximum of 4 people in each locker room at a time.
- Athletes are asked to enter locker rooms via the main pavilion side door and exit via the door closest to the pool. These areas are marked with red arrows on the ground.

## Water/In Pool Changes:

- Properly disinfected water will inactivate the corona virus according to the CDC. We will be raising our sanitation levels a bit as well just to be on the safe side.
- T2 will do everything that we can do spread athletes out and maintain a 6 foot spacing between athletes both in and out of the water. T2 will be following USA Swimming recommendations on spacing athletes.
- T2 also has additional plans for athletes to do some work on land spread out which will also.
- **Everything that T2 has planned is with proper spacing and safety in mind.**

## Who Should Stay At Home?

- Please read the Norris Pool Contact Tracing/Return to Practice Protocol document on our COVID-19 Page on our site.

## Equipment Policy Changes:

- Sharing of equipment will not be allowed at the pool. The community bins of kickboards, pull buoys, and fins are removed from the facility. All swimmers must bring their own equipment that they wish to use to the pool. This includes Masters and Open Lap swimmers.
- Mesh bags will no longer be allowed to be kept at the pool. Please bring and take your mesh bags with you each day.

## Other Things To Do:

- Athletes should wash with soap and water for 20 seconds or use a hand sanitizer before coming to the pool. They should do this again after returning home.
- Bring a water bottle since the water fountains will be closed.
- Consider wearing a mask before/after practice.
- If you are at the pool and you need to sneeze or cough do so in a tissue or in your elbow.
- Avoid touching the gates, fence, tents, tables, bleachers.
- Avoid touching your face.
- Have fun!