

Improvement Report
2021 CCS Last Chance Meet
Meet Date: 02/06/2021
Location: Punta Gorda, FL
Report Date: 02/07/2021
Time Standard: FLAGS SCY AG

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Standard	Base Line	Improvement	New Best	Cut Time	Standard	
Belder, Gabriella	14	F	Open 200 Fly	F	1		2:27.57Y		2:27.89Y	-0.32				
Splits 50: 32.40 100: 36.42 150: 38.52 200: 40.23											Belder, Gabriella			
Open 500 Free	F		3				5:36.88Y		5:31.83Y		5.05			
Splits 50: 29.91 100: 32.19 150: 32.48 200: 32.61 250: 32.74 300: 33.80 350: 34.54 400: 35.03 450: 34.15 500: 39.43														
Bishop, Alisha	12	F	11-12 100 Fly	F	3	16.00	1:14.10Y		1:15.66Y	-1.56				
Splits 50: 32.54 100: 41.56											Bishop, Alisha			
11-12 100 IM	F		4	15.00			1:14.31Y		1:13.56Y		0.75			
Splits 50: 34.16 100: 40.15														
				39.01Y			37.59Y		1.42				2	
				31.63Y			33.25Y		-1.62				5	
	14.00			28.70Y			29.37Y		-0.67				3	
				3:03.23Y			3:01.51Y		1.72					
Splits 50: 39.57 100: 46.14 150: 48.98 200: 48.54														
Caldwell, Lary	15	M	Open 100 Free	F	1		50.43Y		49.22Y	1.21				
Splits 50: 24.72 100: 25.71											Caldwell, Lary			
Open 200 Back	F		3	16.00			2:12.45Y		2:06.40Y		6.05			
Splits 50: 30.10 100: 33.13 150: 34.53 200: 34.69														
	17.00			1:53.83Y			1:47.63Y		6.20					
Splits 50: 26.38 100: 28.88 150: 29.94 200: 28.63														
	4:41.91Y			-6.97			Splits 50: 28.57 100: 32.86 150: 34.81 200: 33.54 250: 42.94 300: 41.97 350: 30.60 400: 29.65							
Caldwell, Zachary	14	M	Open 100 Breast	F	4	15.00	1:14.66Y		1:19.25Y	-4.59				
Splits 50: 35.38 100: 39.28											Caldwell, Zachary			
Open 100 Fly	F		3	16.00			1:02.32Y		1:04.91Y	-2.59				
Splits 50: 28.16 100: 34.16														
				56.08Y			56.60Y		-0.52					
Splits 50: 27.33 100: 28.75														
Carver, Josiah	18	M	Open 100 Breast	F	1	20.00	1:07.78Y		1:02.87Y	4.91				
Splits 50: 31.75 100: 36.03											Carver, Josiah			
Open 100 Fly	F		1	20.00			56.42Y		51.86Y		4.56			
Splits 50: 26.24 100: 30.18														

DiNofa, Adrianna	12	F	11-12 100 Breast	F	1	20.00	1:20.74Y	1:22.45Y	-1.71	
Splits 50: 38.25 100: 42.49								DiNofa, Adrianna		
11-12 100 Fly	F		1	20.00	1:08.86Y	1:09.71Y	-0.85	Splits 50: 31.63 100: 37.23		
20.00	1:08.91Y	Times	1:11.21Y	-2.30	Times	FLAGS SCY AG	Splits 50: 32.03 100: 36.88			
28.05Y	-0.26									
Hartzell, Elsie	14	F	Open 200 Back	F	4	15.00	2:24.89Y	2:16.69Y	8.20	
Splits 50: 34.20 100: 36.10 150: 37.05 200: 37.54								Hartzell, Elsie		
Open 200 Free	F		3	16.00	2:12.49Y	2:14.31Y	-1.82	Splits 50: 30.64 100: 33.61 150: 34.17 200: 34.07		
Havrilla, Kollyns	8	F	10 & Under 50 Breast	F	11	6.00	1:02.68Y	58.85Y	3.83	
Havrilla, Kollyns			10 & Under 50 Fly	F	10	7.00	57.00Y	57.14Y	-0.14	
Havrilla, Kollyns			8 & Under 50 Free	F	3	16.00	46.76Y	48.46Y	-1.70	
Held, Brendan	18	M	Open 100 Fly	F	2	17.00	57.87Y	54.46Y	3.41	
Splits 50: 26.91 100: 30.96								Held, Brendan		
Open 200 Free	F		4	15.00	1:55.83Y	1:47.30Y	8.53	Splits 50: 26.58 100: 28.95 150: 29.97 200: 30.33		
Hunt, Elizabeth	11	F	11-12 100 Breast	F	8	11.00	1:37.32Y	1:38.78Y	-1.46	
Splits 50: 1:37.32 100: 0.00								Hunt, Elizabeth		
11-12 100 IM	F		8	11.00	1:26.49Y	1:27.44Y	-0.95	Splits 50: 41.39 100: 45.10		
13.00	38.98Y		38.16Y	0.82		Hunt, Elizabeth	11-12 50 Free	F	11	
6.00	33.83Y		33.85Y	-0.02						
Hunt, Madison	11	F	11-12 50 Back	F	11	6.00	45.56Y	47.47Y	-1.91	
Hunt, Madison			11-12 50 Free	F	14	3.00	40.43Y	37.70Y	2.73	
Khodzhaieva, Elizabeth	12	F	11-12 100 Back	F	1		1:08.90Y	1:09.37Y	-0.47	
Splits 50: 33.51 100: 35.39								Khodzhaieva, Elizabeth		
11-12 100 Free	F		3		1:02.61Y	1:02.99Y	-0.38	Splits 50: 30.24 100: 32.37		
16.00	1:12.26Y		1:14.02Y	-1.76		Splits 50: 32.87 100: 39.39				
32.43Y	0.23		Khodzhaieva, Elizabeth			11-12 50 Breast	F	5	38.77Y	
42.03Y	-3.26		Khodzhaieva, Elizabeth			11-12 50 Free	F	4	15.00	28.63Y
28.61Y	0.02									
Krause, Ellie	11	F	11-12 100 Back	F	4		1:18.35Y			

Splits 50: 36.58 100: 41.77				Krause, Ellie					
11-12 100 Breast	F	2	17.00	1:21.51Y	1:25.72Y	-4.21	Splits 50: 38.64 100: 42.87		
17.00	1:12.67Y	Splits 50: 32.84 100: 39.83							
1:05.50Y	-2.23	Splits 50: 29.40 100: 33.87							
Krause, Ellie		11-12 50 Free		F	7	12.00	29.54Y	30.87Y	-1.33
Marzonie, Zoey	12	F	11-12 100 Breast	F	7	12.00	1:31.04Y	1:31.79Y	-0.75
Splits 50: 44.66 100: 46.38				Marzonie, Zoey					
11-12 100 Fly	F	4	15.00	1:19.11Y	1:20.10Y	-0.99	Splits 50: 37.11 100: 42.00		
33.36Y	35.15Y	-1.79	Marzonie, Zoey		11-12 50 Free	F	9		
9.00	30.34Y	32.43Y	-2.09	Marzonie, Zoey		Open 100 Free	F	8	
1:05.31Y	1:05.65Y	-0.34	Splits 50: 31.57 100: 33.74						
2:22.37Y	-0.23	Splits 50: 33.09 100: 37.08 150: 37.25 200: 34.72							
McGowan, Cooper	14	M	Open 100 Back	F	3	1:05.19Y	1:07.63Y	-2.44	
Splits 50: 31.83 100: 33.36				McGowan, Cooper					
Open 100 Free	F	7	58.70Y	59.97Y	-1.27	Splits 50: 28.13 100: 30.57			
26.82Y	26.64Y	0.18							
McGuire, Sydney	10	F	10 & Under 100 Breast	F	2	1:45.26Y	McGuire, Sydney		
Splits 50: 49.40 100: 55.86				McGuire, Sydney					
10 & Under 50 Breast	F	4	15.00	51.61Y	47.08Y	4.53	McGuire, Sydney		
10 & Under 50 Free	F	8	37.10Y	38.32Y	-1.22	McGuire, Sydney			
9-10 100 Free	F	6	13.00	1:28.19Y	1:24.89Y	3.30	Splits 50: 40.49 100: 47.70		
Medina, Ava	9	F	10 & Under 50 Breast	F	12	5.00	1:09.28Y		
Medina, Ava			10 & Under 50 Fly	F	9	9.00	54.70Y		
Medina, Ava			9-10 100 Free	F	10	7.00	1:41.54Y		
Splits 50: 45.98 100: 55.56									
Metz, Gwendolyn	9	F	10 & Under 100 IM	F	6	13.00	1:40.90Y	1:44.52Y	-3.62
Splits 50: 45.95 100: 54.95				Metz, Gwendolyn					

10 & Under 50 Breast	F		6	13.00	54.77Y		55.30Y	-0.53		Metz, Gwendolyn	
10 & Under 50 Fly	F		6	13.00	45.52Y		50.35Y	-4.83		Metz, Gwendolyn	
9-10 100 Free	F		4	15.00	1:27.35Y		1:32.92Y	-5.57		Splits 50: 40.36 100: 46.99	
Mowry, Owen		16	M	Open 100 Back	F		1	56.42Y		55.73Y	0.69
Splits 50: 28.04 100: 28.38										Mowry, Owen	
Open 100 Free	F		3		52.37Y		50.71Y	1.66		Splits 50: 25.76 100: 26.61	
	17.00			2:08.20Y		2:05.41Y		2.79		Splits 50: 29.53 100: 32.77 150: 33.77 200: 32.13	
	1:50.67Y			3.55						Splits 50: 26.81 100: 29.89 150: 29.46 200: 28.06	
FL Swimming Champs											
Ramirez, Cameron		12	M	11-12 100 Fly	F		2	17.00	1:17.43Y	1:16.68Y	0.75
Splits 50: 35.36 100: 42.07										Ramirez, Cameron	
11-12 100 IM	F		3	16.00	1:16.69Y		1:14.97Y	1.72		Splits 50: 35.04 100: 41.65	
	16.00			35.70Y		35.66Y		0.04		Ramirez, Cameron	
	16.00			29.59Y		29.66Y		-0.07		11-12 50 Free	F
Reed, Alexa		10	F	10 & Under 50 Breast	F		1	20.00	41.58Y	Times	42.64Y
											-1.06 Times
											FLAGS SCY AG
Reed, Arianna		13	F	Open 100 Free	F		1		56.49Y	Times	56.80Y
											-0.31 Times
											FLAGS SCY AG
Splits 50: 26.75 100: 29.74											
Roberts, Sophia		10	F	10 & Under 200 Free	F			2:37.33Y		2:45.21Y	-7.88
Splits 200: 2:37.33										Roberts, Sophia	
10 & Under 50 Free	F		7		34.24Y		34.84Y	-0.60		Roberts, Sophia	
9-10 100 Free	F		1	20.00	1:13.78Y		1:18.02Y	-4.24		Splits 50: 34.67 100: 39.11	
Rymarenko, April		9	F	10 & Under 50 Breast	F		9	9.00	57.64Y		
Rymarenko, April				10 & Under 50 Fly	F		11	6.00	57.37Y		
Rymarenko, April				9-10 100 Free	F		9	9.00	1:41.32Y		
Splits 50: 50.25 100: 51.07											
Rymarenko, Ava		13	F	Open 100 Breast	F		6	13.00	1:25.18Y		1:26.02Y
											-0.84
Splits 50: 40.46 100: 44.72										Rymarenko, Ava	

Open 200 Free	F		15	2.00	2:24.83Y					Splits 50: 32.45 100: 36.26 150: 37.99 200: 38.13
Stokes, Lillyanna		10	F	10 & Under 100 IM	F	8	11.00	1:45.32Y	1:54.53Y	-9.21
										Stokes, Lillyanna
										Stokes, Lillyanna
10 & Under 50 Breast	F		8	11.00	57.46Y		55.54Y	1.92		
10 & Under 50 Fly	F		7	12.00	46.10Y		44.82Y	1.28		Stokes, Lillyanna
9-10 100 Free	F		7	12.00	1:28.43Y					Splits 50: 41.47 100: 46.96
Tocco, Anabel		13	F	Open 100 Back	F	11		1:20.96Y	1:22.49Y	-1.53
										Tocco, Anabel
Open 100 Free	F		13		1:08.81Y		1:10.03Y	-1.22		Splits 50: 32.49 100: 36.32
		12.00			13:29.68Y					Splits 50: 34.65 100: 39.18 150: 40.18 200: 41.17 250: 40.93 300: 41.37 350: 41.20 400: 40.33 450: 41.26 500: 41.50 550: 41.20 600: 41.04 650: 41.23 700: 41.62 750: 41.13 800: 42.41 850: 40.45 900: 40.20 950: 39.63 1000: 39.00
		2:48.71Y		2.06						Splits 50: 37.29 100: 44.48 150: 50.73 200: 38.27