

**Patriot Aquatics**  
**Short Course Winter Invitational**  
**April 24, 2021**  
**Held at the Lake Howell Aquatic Center**

Sanctioned By: Florida Swimming of USA Swimming, Sanction #  
"In granting this approval it is understood and agreed that USA-S and FL shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Condition of Sanction:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming OR the competition course has not been certified in accordance with 104.2.2(C).

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited and is strongly discouraged.

Operation of a drone, or any other flying apparatus, is prohibited over the venue) pools, athlete/coach areas. Spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of program operations.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

COVID-19 Considerations: *In applying for this sanction(ed event), the Host, Patriot Aquatics agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Florida Swimming, the State of Florida and Seminole County.*

*We have taken enhanced health and safety measures – for you, our other guests, and cast members. You must follow all posted instructions while visiting Patriot Aquatics. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Patriot Aquatics, you voluntarily assume all risks related to exposure to COVID-19.*

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

- Sponsored By: Patriot Aquatics and the Lake Howell Aquatic Center
- Type of Meet: 25 yard age group & senior, Timed Finals
- Date & Time: April 24, 2021  
9:00 am Session Start, 11 & Older; 8:00 am Warm-Up Begins; 10 & Younger Session begins 15 minutes after the conclusion of the 11 & Older Session.
- Location: Lake Howell Aquatic Center  
4200 Dike Road  
Winter Park, FL 32792  
\* Please do not mail anything, including entry fee checks, to this address
- Pool Specs: 1 x 8 or 10 lane 25-yard competition course. Water depth is 5 – 8 feet start and turnend.
- Timing Equipment: Daktronics Omnisport 2000 Timing system with scoreboard, Hy-tek computer seeding and scoring will be used. Button and handheld back-ups will be used.
- Seeding: 25-yard times will be used for seeding.
- Scratches: No penalty for scratching on the block.
- Heat Sheets: Heat sheets will be posted on [silverhawkaquatics.com](http://silverhawkaquatics.com), [floridaswimming.org](http://floridaswimming.org), and e-mailed to all competing teams' contact person no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$2.00 charge will be applied to each swimmer's entry fee. **NO HEAT SHEETS WILL BE AVAILABLE FOR PURCHASE AT THE MEET!** Coaches will also be required to print out their own heat sheet for this meet. **THERE WILL BE NO HEAT SHEETS AT THE MEET FOR COACHES!** Coaches, please make your teams aware of this.
- Eligibility: USA Swimming registered athletes. Entries will close with the team that puts us over the 4 hour rule. Meet management may elect to run two 8-lane courses or one 10-lane course. Meet management may elect to combine sessions based on the number of entries received. Teams will be notified of any changes to sessions by e-mail no later than Wednesday, April 21st. By Invitation Only.
- Entry Limit: Swimmers are limited to (4) individual events per session.

Entry Form: Entries must be in USA Swimming Hy-Tek CL2 format and submitted on a Hy-Tek disk, or sent by email using Hy-Tek team manager. Corrupted, unreadable, or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the applicant. Email to: [scott@silverhawkaquatics.com](mailto:scott@silverhawkaquatics.com)

Entry Fee: \$15.00 facility fee  
\$4.15 per individual event  
\$2.00 per swimmer heat sheet fee  
\$10.00 per event deck entered at the meet

Deck Entries: Deck entries are to be submitted to meet management no later than 30 minutes prior to the start of each session. The fee for deck entries is \$10.00 per event and must be paid at the time the entry is made. Deck entry will be accepted only if there are open lanes in the desired event. NO NEW HEATS WILL BE CREATED. Swimmers must still comply with the maximum per session entry limits and other eligibility requirements. Swimmers may not scratch an event in order to deck enter a new event. Proof of USA Swimming registration must be met.

Entry Deadline: Monday, April 19th by 5:00 pm

E-mail Entries To: Scott Caron---[scott@silverhawkaquatics.com](mailto:scott@silverhawkaquatics.com)

Mail Entries To: Silver Hawk  
Aquatics  
PO Box 696  
Goldenrod, FL 32733  
\*Do Not Mail Entries or Entry Fees to Physical Address!\*

Checks Payable To: Silver Hawk Aquatics

Awards: Medals 1<sup>st</sup> – 3<sup>rd</sup>, 12 and younger events only  
Ribbons 4<sup>th</sup> – 8<sup>th</sup>, 12 and younger events only  
All awards must be picked up upon the completion of the meet.  
No awards will be mailed.

Scoring: 9-7-6-5-4-3-2-1 for individual events

Contact Info: Scott Caron, 407-746-9104 ([scott@silverhawkaquatics.com](mailto:scott@silverhawkaquatics.com))

Rules: USA Swimming rules will govern. Safety rules as outlined by USA Swimming and as recommended by the head marshal will be in effect during all warm up periods and in all warm up areas. Team Representative: Prior to the start of the meet, the name of one person other than the coach will be given to the referee. The coach and that person only will be recognized by the referee regarding any matter pertaining to the meet.

Officials: Referee: Bart Smith  
Admin Ref: Michelle Heusel  
Starter:  
Stroke & Turn:  
Meet Manager: Scott Caron  
Meet Marshall: Scott Caron

Coaches/Officials: Coaches and officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet.

Coach Supervision: Each swimmer participating in a Florida Swimming sanctioned meet must be supervised during warm-up and competition by a current coach member of USA Swimming. An unattached athlete or an athlete not escorted by a coach member must check in with the meet referee upon arrival at the meet. Such athletes must find a substitute coach who will supervise him/her during warm up and competition and must submit the enclosed alternate coaches form (signed) to the meet referee.

Camera Zones: Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Meet Warm-Up: All warmups will be assigned times and lanes to control social distancing.

## Order of Events

### Session 1, 11 & Olders

Start Time: 9:00 AM

Event #	Event	Age Group
1/2	200 Free Open	
3/4	50 Fly	11-12
5/6	50 Fly	13-14
7/8	100 Fly	Open
9/10	50 Back	11-12
11/12	50 Back	13-14
13/14	100 Back	Open
15/16	50 Breast	11-12
17/18	50 Breast	13-14
19/20	100 Breast	Open
21/22	50 Free	11-12
23/24	50 Free	13-14
25/26	100 Free	Open
27/28	100 IM	Open
29/30	200 IM	Open

### Session 2, 10& Under

Start Time: 15-minutes after Session 1 (non-competition lanes available for warm-up)

31/32	100 Free	10 & under
33/34	50 Free	10 & under
35/36	25 Free	8 & under
37/38	100 Fly	10 & under
39/40	50 Fly	10 & under
41/42	25 Fly	8 & under
43/44	100 Back	10 & under
45/46	50 Back	10 & under
47/48	25 Back	8 & under
49/50	100 Breast	10 & under
51/52	50 Breast	10 & under
53/54	25 Breast	8 & under
55/56	100 IM	10 & under

**SILVER HAWK AQUATICS**  
**Winter Invitational**  
 April 24, 2021  
**Master Entry Form**

Team Name \_\_\_\_\_ Call Letters \_\_\_\_\_

Address \_\_\_\_\_

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Coach \_\_\_\_\_

Office Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

**Email address:** \_\_\_\_\_

**SWIMMER/COACH REGISTRATION**

I certify that all individuals listed on the attached entry forms are current registered members of USA Swimming and are eligible to compete in the meet. I further certify that one or more of the following coaches will be on-deck supervising the activities of these individuals during all warm-up and competitive sessions at the meet.

Name of Coach

Team Affiliation

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I certify that the individuals listed above are current registered USA Swimming coach members, and that I am a current USA Swimming registered non-athlete member.

\_\_\_\_\_  
 Signature (Must be a current USA Swimming member)

\_\_\_\_\_  
 Team Affiliation

\_\_\_\_\_  
 Date

**Entries must be received by Monday, April 19, 2021 at 5:00 pm**

**Financial Recap**

We have entered the following:

WOMEN'S IND. EVENTS _____	@ \$4.15 EACH =	\$ _____
WOMEN'S RELAY EVENTS _____	@ \$5.00 EACH =	\$ _____
MEN'S IND. EVENTS _____	@ \$4.15 EACH =	\$ _____
MENS' RELAY EVENTS _____	@ \$5.00 EACH =	\$ _____
TOTAL SWIMMERS _____	@ \$15.00 EACH =	\$ _____
 TOTAL FEES		 \$ _____

## COVID-19 Protocols:

### Protocols & Requirements:

- 2 x bathrooms on pool deck for coaches, officials, and volunteers. Masks required.
- Locker rooms will be open for swimmers and spectators. Mask required.
- Masks mandatory within fenced in pool area. Swimmers must wear masks while on the pooldeck unless going to warm-up/warm-down/race.

Parent Viewing: Maximum occupancy for the pool is 392. Up to one (1) parent per family will be allowed inside the fenced in pool area only while their child swims for the 10 & under and 11-12 year old sessions. We are working on a parent viewing area for the 13 & up session. More details to come ASAP. All sessions will be livestreamed on our Facebook live for viewing. Additional space will be available outside the pool area on the grounds surrounding the facility. Spectators will social distance within the pool's fenced in area. Tents must be at least 6' from any other tent. Masks are mandatory. Spectators who are outside the pool area may view the event through the chain link fence on the east and north sides of the pool.

Coaches Seating: Seating for coaches will be in an assigned location.

Competitors Spacing: Teams seated together – voluntarily seating outside the pool deck is strongly encouraged.

Warm up: Scheduled warm up with assigned lanes and times prior to each session. Three 25-minute warm up periods prior to each session. Subject to change

Warm up/Warm down: During the meet, at least 2 lanes will be available with not more than 2 swimmers per lane.

Swimmers are prohibited from stopping on the same wall at the same time.