

GTSA January 2 Meet

The following applies to swim meet participants, parents, coaches, officials, volunteers, and spectators.

To manage the number of spectators in the stands, GTSA asks that swim families have no more than 1 spectator present in the stands.

1. Everyone must screen themselves and their children at home before coming to the pool.

- a. If anyone is feeling ill, has a fever (over 100.4 degrees), a sore throat, diarrhea, vomiting, abdominal pain, a severe headache or has been exposed to someone with COVID-19 in the past 14 days, **THEY MUST STAY HOME.**
- b. If during the event, anyone experiences Covid-19 symptoms, they should isolate themselves and have another person notify a GTSA coach or marshal of the situation. The coach or marshal will also notify the facility. The person will leave the event/go home and any areas that the sick person has touched or been will be disinfected. (See protocols below).
- c. Be advised that government health organizations are recommending people 65 years and older, those who live in a nursing homes or long-term care facilities, and people with underlying medical conditions (particularly if not well controlled) should remain home. Underlying medical conditions include chronic lung disease or moderate to severe asthma, serious heart conditions, immunocompromised, severe obesity diabetes, chronic kidney disease undergoing dialysis, and liver disease.
- d. CDC, state, and local guidelines are in effect during the meet.

2. Face Coverings (Think restaurant rules)

- a. Everyone is requested to wear face coverings when entering the pool area, walking around inside the pool, and when in any indoor areas. When sitting or standing in place and maintaining social distance, face coverings may be removed.
- b. No one is allowed to sit or stand in any high traffic areas.
- c. When entering locker rooms/restrooms, everyone will be required to wear face coverings and are encouraged to maintain social.
- d. Swimmers may remove their face coverings and leave them with their belongings when getting ready for their race. **(place in plastic baggie)**
- e. Upon completion of their race they should return to their place on deck and put their face covering back on **if unable to social distance.**

3. Swimmers

- a. Should bring their own water bottles and snacks as there will be no hospitality or shared water coolers.
- b. Should bring a chair unless they intend to sit on the ground on a towel.
- c. Will sit with their teams/groups and sit socially distanced from one another. Swimmers who live in the same household may sit next to one another.
- d. Handshakes, high fives, and team huddles are prohibited.

4. Meet Procedures

- a. Pre-meet warmup will limit swimmers to 5 per lane. Teams will be assigned lanes.
- b. During the swim meet there will be one timer per lane. Masks are mandatory for timers. Timers will stay seated unless they are standing for timing purposes.
- c. Swimmers will line up two heats before their race at the cones set on the east side of the pool.
- d. After each race, swimmers will exit the pool and walk to the warm down area or return immediately back to their designated team area. All swimmers must be cleared of the area for the next heat to step up.
- e. Only 3 swimmers per warm down lane allowed during the meet. Swimmers must enter warm down lanes from the start end of the pool.
- f. Participants, parents, coaches, officials, volunteers will not share equipment.

5. Other

- a. The City of Tampa or GTSA will provide a sanitation station.
- b. Our Aquatic Director, Todd Hoffmeier is the point of contact for any Covid-19 concerns.
- c. We will limit pre-meet and post-meet meetings to the greatest extent possible between coaches, volunteers, participants, officials, and teams.
- d. Bleacher seating areas may be used but are not being sanitized.
- e. GTSA will utilize electronic means of communicating heat sheets and results.

Inclement Weather

In the event of inclement weather, swimmers, coaches and spectators must return outside the park gates and wait in their vehicles.

Protocols if someone is injured or showing symptoms of COVID-19

- GTSA will notify Manager on Duty if an individual requires aid.
- Lifeguards rendering aid outside of the water will wear gloves, masks, and eye protection.

- If an individual exhibits COVID-19 symptoms or temperature over 100.4 F they and their party will be isolated from the public to a specified location. Staff will complete the following:
 - Call 911
 - Complete City of Tampa Incident Report Form.
 - If a person is in distress or having difficulty breathing the facilities emergency operations plan will be implemented.
 - There will be no in water resuscitation
 - Rescue breaths delivered must use a bag valve mask (BVM) and requires 2 guards

Meet volunteers

1 timer per lane w/ mask

All coaches, officials, volunteer w/ mask

150 Swimmer limit per session of meet