SEMINOLE HIGH SWIMMING 2021

SEASON SCHEDULE/ IMPORTANT DATES

PRACTICE SCHEDULE:

Weekday swim practices, beginning August 10: Mon-Tue-Thur-Fri 2:30-5 pm; Wed from 2-5 pm.

Morning swim practices are CLUB ONLY.

No morning weights due to COVID concerns.

EXCEPTIONS:

Sept 6 (Labor Day)- No practice

Oct 8- (No school, but we will practice from 7-9:30 am)

Dual Meet Dates:

Sept 8 (Home)

Sept 14 (Home vs Oviedo)

Sept 29 (@ Lake Brantley and Lake Howell)

Oct. 13 (Home)

Lake Brantley Invitational- Sept. 18 (prelims in the morning, finals at night)

**CHAMPIONSHIP MEETS:**

Seminole Athletic Conference Meet- Oct 20, at Lake Howell HS

District Meet- Likely Oct. 30 *and likely at* Lake Brantley HS

Regional Meet- Likely Nov. 5 or 6 (location and times TBD)

State Championships (Stuart, FL)- Nov. 12