

TEAM RECOMMENDED TRAINING GEAR

(Please make sure all equipment has name on it)

***TBAY is not responsible for lost or stolen equipment!***

**NATIONAL GROUP/NATIONAL DEVELOPMENT/SENIOR 1**

1. **TBAY Swim Cap** – Wear at all Swim Meets, and at practice!(See Coach Dave for caps)

The following equipment can be found at our Preferred Vendor: All American Swim supply (click on the Logo from our Homepage to visit our TBAY portal. A portion of each purchase is returned back to the program!

http://www.allamericanswim.com/team\_store.php?team\_id=TBA23&Enter\_Team\_Store=Enter%20Team%20Store&status=1&sort=products\_sort\_order&page=2

1. Fins – Arena Tech Pro Fins(Check size, they stretch and run big)
2. Hand Paddles – TYR Catalyst, Finis

In addition to regular Hand paddles

Freestyle paddles (working on EVF) - <http://www.swimoutlet.com/product_p/7616.htm>

Finger paddles (Great for IM’ers and Breastrokers) –

<http://www.swimoutlet.com/product_p/3968.htm>

1. Kickboard – Pull/Kick
2. Pull Buoy – Pull/Kick
3. Swimmer Snorkel – Arena or finis
4. Mesh Bag – TBAY Mesh bag
5. Finis Tempo Trainer
6. Swim Parachute - (16”)
7. Drag Socks - <http://aquavolo.bigcartel.com/product/dragsox>