



School Year Swim Lessons

Tampa Bay Aquatic Club Stroke School is committed to teaching athletes of all ages competitive swimming skills. Our stroke school is designed to prepare athletes to join the competitive club team in the near future. We do not specialize in survival, learn-to-swim lessons, but are happy to recommend other great programs in the area.

Our staff is committed to the safety of our swimmers, our instructors, and their families. Coaches will wear PPE gear in the water during lessons. Please help us maintain a safe environment by wearing a face covering and social distancing if you are on deck.

Private Lessons are offered during the school year, in the spring (March to May) and in the fall (August to October), on a first come first serve basis. Space is very limited during the school year. Semi-private lessons are available upon special request, but you must provide both swimmers for the lesson.

Spring Lessons: swimmers must commit to a full 3-week session (6 lessons total, 2 per week for 3 weeks). Each lesson is 30 minutes long. Lessons are scheduled for the same time on either Monday and Wednesday OR Tuesday and Thursday. Families are encouraged to register for all three sessions. We cannot guarantee your same day/time slot once Spring 1 has begun. Swimmers should wear an athletic swimsuit (no bikinis please), and bring goggles, a water bottle, and a towel for each lesson.

If TBAC is forced to cancel a lesson due to weather or other unforeseeable circumstances, we will try to make up the lesson at your scheduled time on Friday of that same week. We can only make up one lesson per week. Make-ups will not be scheduled when the team has to travel for a meet, or once the session has ended. It is possible that we will not be able to make up every single rained out lesson. We are NOT able to offer a make-up if a lesson is missed for personal reasons.

Private Lessons \$180 per swimmer	Semi-Private Lessons \$150 per swimmer	Spring 1: March 29 - April 16 Spring 2: April 19 - May 7 Spring 3: May 10 - May 28
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Full schedule of days and times is available on our team website on the ‘Swim School’ tab. Registration for Spring Sessions will open March 1, 2021.

tbacbrandon.org