

Florida Swimming mandates that all persons follow COVID guidelines as required by facility and local protocols including but not limited to mask and social distancing policies. Please follow host meet letter guidelines.

Florida Swimming will not be responsible for enforcing facility protocols however participation in the meet must adhere to facility guidelines.

**2021 - SEMINOLE SUNRISE LANES SWIM MEET
July 2,3,4 2021**

Hosted by: St. Petersburg Aquatics

All Events will be seeded - Fastest to Slowest -

No Time Entries WILL NOT BE ENTERED

ALL TEAMS OF 5 OR MORE SWIMMERS MUST PROVIDE AN OFFICIAL FOR EACH SESSION THAT TEAM COMPETES

Sanctioned by	Florida Swimming of USA Swimming # FL-5652 "In granting this sanction, it is understood and agreed that USA-S shall be free and held harmless from any liabilities or claims for damages by reason of injuries to anyone during the conduct of this event."
Swimmers from out of State	All members of the Out of State Swimmers Team, Coaches and Spectators must provide a negative Covid test 48 before travel to the meet and a second negative test within 24 hours of arriving in Saint Petersburg. A special Out of State only swimmer's warm-up on Thursday before from 6:30pm to 8:00pm
Sponsored by:	St. Petersburg Aquatics, City of St. Petersburg Department of Leisure Services
Type of Meet:	Age Group and Senior 50 meter long course, Timed Finals
Date and Time:	Friday July 2, 2021 5:00pm Start Warm up (11 & Older 3:00pm to 4:30pm)(10 & Under 4:30pm to 4:50pm) Saturday July 3, 2021 – Meet Starts (13 & Older swimmers) at 8:00am Warm-up from 6:30am to 7:50am Warm-up for 12 & Under boys and girls for 40 minutes following #29 Sunday July 4 2021 – Meet Starts (13 & Older swimmers) at 8:00am Warm-up from 6:30am to 7:50am Warm-up for 12 & under Boys and Girls for 40 minutes following #70
Officials:	Referee: Kevin Mooren Chief Stroke and Turn: Michelle Walker Starter: Ken Walker Admin. Official: Samantha Mooren Head Marshall: Bill Burrows
Meet Manager:	Fred Lewis 727 440 9382 swimstpete@aol.com
Location:	North Shore Pool - 901 North Shore Drive NE, St. Petersburg, FL 33701

Pool Spec:	Certified 50 meter, outdoor pool with a maximum of 10 long course racing lanes. A depth of 4 feet at start and turn ends of the pool and non-turbulent lane lines. Constant warm down lanes available
Timing Equipment:	Colorado Timing System with scoreboard
Eligibility:	Open to all USA swimming registered swimmers.
Seeding:	50-meter times will be used for seeding. Real times only – Converted times will not be accepted, No time Entries will not be ACCEPTED Meet will be seeded Fastest to slowest
Scratches:	No penalty for scratching on the block.
Entry Limit:	Entries will be limited to 250 Non SPA Swimmers per session. Swimmers will be limited to a maximum: two (2) individual events in Friday night's session and three (3) Individual events per day on Saturday and Sunday. Swimmers posting entries over the Limit will be considered as entered in the first three (3) events listed for Saturday and Sunday, first two (2) on Friday.
Entry Fee:	Individual events: \$4.15 Facility Charge \$12.00 per swimmer \$2.00 PER SWIMMER HEAT SHEET SURCHARGE \$2.00 per SWIMMER OUT OF LSC SURCHARGE * TEAMS MUST PAY WITH A SINGLE CHECK, BEFORE THE MEET STARTS. INDIVIDUAL SWIMMER'S CHECK WILL NOT BE ACCEPTED.
Entry Form:	Entries must be submitted by electronic entry only, in SDIF or CL2 format. Disk and email entries must be accompanied by a back-up hard copy of the entry and the Master Entry Form.
Deck Entry:	Deck entries will be accepted to fill heats only. No new heats will be created. Each deck entry will cost \$10.00, plus facility fee and heat sheet fee, if not already in the meet. All deck entries must be accepted by the Administrative Referee and assigned a Lane 45 minutes before the start of the session. A swimmer may not drop an event to deck enter another event, and the entry limit of 3 events remains.
Entry Deadline:	All entries must be submitted by Wednesday, June 23, 2021. Psych sheet should be posted Friday morning June 25 on Florida Swim Web. Coaches have 36 hours to correct their entries. Enclose checks and make payable to St. Petersburg Aquatics. Please send Express Mail Overnight to: Fred Lewis, St. Petersburg Aquatics, North Shore Pool 901 North Shore Drive, NE St. Petersburg, FL 33701
Awards:	Ribbons (1-10) for Age Group events. Mixed events will be scored and awarded (11 & 12, 9 & 10, 8 and Under) (10 and Under events will be scored and awarded (9&10, 8 and Under)
Condition of Sanction	The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When not accompanied by the coach, the swimmers legal guardian must ensure compliance. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes,

	coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations
Team Representative:	Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and only that person will be recognized.
Warm-Up Schedule:	Teams will have assigned lanes for warm-up. ***Except for racing start, swimmers must enter the pool feet first with one hand Touching the deck of the pool*** NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME
Camera Zones:	Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
Heat Sheets:	Posted at www.stpetersburgaquatics.com , www.floridaswimming.com no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. A \$2 charge will be applied to each swimmer's entry fee. A limited number of heats sheets will be available at the meet for purchase. Coaches, please email all swimmers and parents to make them aware of this.
Deck Changing:	DECK CHANGING IS NOT PERMITTED AT THE NORTH SHORE POOL. SWIMMERS WHO DECK CHANGE ARE SUBJECT TO REMOVAL FROM THE POOL BY THE POOL STAFF.
Covid Rules	<ol style="list-style-type: none"> 1. SOCIAL DISTANCING WILL BE REQUIRED BY ALL PARTICIPANTS AT ALL TIMES. FAILURE TO SOCIAL DISTANCE MAY RESULT IN REMOVAL FROM THE FACILITY. SWIMMERS ARE REQUIRED TO WEAR FACE MASKS AT ALL TIMES, EXCEPT WHEN COMPETING OR WARMING DOWN. 2. POOL DECK WILL BE LIMITED TO ONLY THOSE SWIMMERS IN THE CURRENT EVENT AND THE FOLLOWING EVENT. PARENTS MAY COME INTO THE FACILITY AND SIT IN THE BLEACHERS ON AN EVENT BY EVENT BASIS TO WATCH THEIR SWIMMER. PARENTS MUST BE SITTING SIX FEET APART OR THE BLEACHERS WILL BE CLOSED. SPECTATORS MUST WEAR MASKS AT ALL TIMES. NO SPECTATORS WILL BE ALLOWED IN THE FACILITY TILL AFTER THE ORIENTATION SESSION, WHICH WILL TAKE PLACE 5 MINUTES BEFORE THE SESSION STARTS. SPECTATORS WAITING TO ENTER THE FACILITY MUST REMAIN SOCIALLY DISTANCED AND WEAR FACE MASKS AT ALL TIMES. SPECTATORS MUST KEEP THE ENTRANCE TO THE POOL CLEAR, WHILE WAITING TO ENTER. ALL SPECTATORS MUST EXIT THE FACILITY AFTER EACH SESSION. 3. TEAMS WILL BE STAGED ON THE BACK DECK (BAYSIDE) AND SPA WILL BE STAGED UNDER THE AWNINGS ON THE SOUTH SIDE OF THE 50 METER POOL 4. NON SPA SWIMMERS WILL ENTER AND EXIT THE FACILITY BY THE FRONT GATE FOLLOWING THE EXISTING TRAFFIC PATTERNS. SPA SWIMMERS WILL ENTER AND EXIT THE POOL BY WAY THE BACK PUMP ROOM DOOR AND BE SOCIALLY DISTANCE, SINGLE FILE AT ALL TIMES. ALL SWIMMERS MUST EXIT THE FACILITY AT THE END OF THE SESSION BEFORE THE NEXT SESSIONS SWIMMERS ENTER THE FACILITY 5. TIMERS ARE REQUIRED TO WEAR FACE MASKS AT ALL TIMES. 6. TEAMS MUST PROVIDE AT LEAST ONE OFFICIAL FOR EACH SESSION, THEY HAVE SWIMMERS ENTERED. NAMES OF OFFICIALS MUST ACCOMPANY THE ENTRY ON THE

	<p>EMAIL.</p> <p>7. ALL SPECTATORS AND PARTICIPANT SHOULD CONDUCT A WELLNESS CHECK BEFORE LEAVING HOME AND ENTERING THE FACILITY.</p> <p>8. TRAFFIC FLOWS ONE WAY BEHIND THE BLOCKS TOWARDS THE BAY, COACHES ARE NOT TO STAND BEHIND THE BLOCKS</p>
	<p>“In granting this approval it is understood and agreed the USA_S/FL shall be free and held harmless from any liabilities or claim from Damages arising by reasons of injuries to anyone during the Conduct of the event.” Condition of Sanction: Any swimmer entered in the meet, unaccompanied by USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Operating a Drone in any City of Saint Petersburg Park is against the law. Deck changing at all City of Saint Petersburg Pools is prohibited.</p> <p>IN APPLY FOR THIS SANCTION, SPA AGREES TO COMPLY AND ENFORCE ALL HEALTH AND SAFETY GUIDELINES OF USA SWIMMING, FLORIDA SWIMMING AND THE CITY OF SAINT PETERSBURG. AN INHERENT RISK OF EXPOSURE TO COVID-19 EXIST IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT.</p> <p>COVID-19 IS AN EXTREMEY CONTAGIOUS DESEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DESEASE CONTROL AND PREVENTION, SENIOR CITZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. BY VISITING THE NORTH SHORE POOL, YOU VOLUNTARILY ASSUME ALL RISKS RELATED TO EXPOSURE TO COVID-19. USA SWIMMING INC. CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DESEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPEADING COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA SWIMMING, SAINT PETERSBURG AQUATICS AND THE CITY OF SAINT PETERSBURGAND EACH OF THEIR OFFICIERS, DIRECTORS, AGENTS EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DESEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP AND CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UN FORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTCIPATION IN THIS COMPETITION. UNKNOWN, FORESEEN OR UN FORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>

Friday June 2, 2021 5:00PM START

Warm-up 12 and Older (3:00pm to 4:30pm) 10 and Under (4:30pm to 4:50pm)

(Swimmers may enter a maximum of TWO (2) events.)

USE METER TIMES FOR ENTRY – NO TIME ENTRIES NOT ACCEPTED

Event #	Age Group	Event
1	Senior Mixed	100 Free
2	Senior Mixed	50 Breast
3	Senior Mixed	50 Back
4	Senior Mixed	50 Fly
5	Senior Mixed	50 Free
6	Senior Mixed	800 Free **** No time entries not accepted

Saturday, July 3, 2021. 8:00am Start

Warm-up 13 & Over Mixed 6:30am to 7:50am

(Swimmers may enter a maximum of three (3) events each day.)

USE 50 METER TIMES FOR ENTRY – NO CONVERTING TIMES NO TIME ENTRIES WILL NOT BE ACCEPTED:

Event #	Age Group	Event
7/8	Senior	100 Breast
9/10	13 & 14	100 Breast
11/12	Senior	50 Free
13/14	13 & 14	50 Free
15/16	Senior	50 Breast
17/18	13 & 14	50 Breast
19/20	Senior	200 Fly
21/22	Senior	100 Back
23/24	13 & 14	100 Back
25/26	Senior	200 Free
27	Senior Mixed	1500 Free **** No time entries not accepted

Saturday, July 3, 2021. 12 & under

Warm-up

(Swimmers may enter a maximum of three (3) events each day.)

USE 50 METER TIMES FOR ENTRY – NO CONVERTING TIMES NO TIME ENTRIES WILL NOT BE ACCEPTED:

Event #	Age Group	Event
28/29	11 & 12	50 Back
30/31	10 & Under	50 Back
32/33	12 & Under	200 Back \$\$ Must have 50 or 100 Flags Cut
34/35	11 & 12	100 Breast
36/37	10 & Under	100 Breast
38/39	11 & 12	50 Free
40/41	10 & Under	50 Free
42/43	11 & 12	100 Fly
44/45	10 & Under	100 Fly
46/47	11 & 12	200 Free
48/49	10 & Under	200 Free ## entries may be limited

Sunday July 4, 2021. 8:00am Start

Warm-up 13 & Over Mixed 6:30am to 7:50am

(Swimmers may enter a maximum of three (3) events each day.)

USE 50 METER TIMES FOR ENTRY – NO CONVERTING TIMES NO TIME ENTRIES WILL NOT BE ACCEPTED:

Event #	Age Group	Event
50	13 & over Mixed	400 Free ** no time entries not accepted
51/52	Senior	50 Free
53/54	13 & 14	50 Free
55/56	Senior	50 Back
57/58	13 & 14	50 Back
59/60	Senior	200 Back
61/62	Senior	100 Fly
63/64	13 & 14	100 Fly
65/66	Senior	200 Breast
67/68	Senior	100 Free
69/70	13 & 14	100 Free
71/72	Senior	200 IM

Sunday July 4, 2021.

Warm-up

(Swimmers may enter a maximum of three (3) events each day.)

USE 50 METER TIMES FOR ENTRY – NO CONVERTING TIMES NO TIME ENTRIES WILL NOT BE ACCEPTED:

Event #	Age Group	Event
73/74	11 & 12	100 Back
75/76	10 & Under	100 Back
77/78	11 & 12	50 Fly
79/80	10 & Under	50 Fly
81	12 & Under Mixed	200 Fly \$\$MUST HAVE 50 or 100 FLAGS CUT
82/83	11 & 12	100 Free
84/85	10 & Under	100 Free
86/87	11 & 12	50 Breast
88/89	10 & Under	50 breast
90	12 & Under Mixed	200 Breast \$\$MUST HAVE 50 or 100 FLAGS CUT
91	12 & Under Mixed	200 IM ***
92	12 & Under Mixed	400 Free *** no time entries not accepted

NO TIME ENTRIES WILL NOT BE ACCEPTED FOR 400 METER, 800 METER and 1500 METER EVENTS.

**Limited to the fastest 60 swimmers (30 girls and 30 boys), event will be deck seeded. Swimmers not making the 50 swimmers limit will be given the opportunity to enter another event in an open lane.

Coaches must check in swimmers by:

7:15am FOR 400 METER EVENTS

4:15PM ON FRIDAY FOR THE 800 METER FREE. SWIMMER MAY HAVE TO PROVIDE A TIMER.

***Limited to 60 swimmers (30 girls and 30 boys) event will be deck seeded. Coaches must check swimmers in 30 min before the start of the afternoon session. Swimmers not checked in, may swim in an open lane or swim stand by. Swimmers not making the 60 swimmer limit will be given the opportunity to enter another event in an open lane.

**** Limited to 20 swimmers (10 girls and 10 boys) event will be deck seeded. Coaches must check in swimmers by 7:15am. Swimmers not making the cut may swim in another event in an open lane. USA Swimming Times Data Base may be used to verify entry times. **SWIMMER MUST PROVIDE A COUNTER AND A TIMER.**

\$\$ Must have Florida Swimming 100 or 50 FLAGS stroke cut to swim 200 of the stroke