



Winter Meet

February 4-6, 2022

This meet will be seeded fastest to slowest - \$3 Heat Sheet Surcharge.
Any or All Events may be combined by Age and Gender, but scored separately

Sanctioned By: Florida Swimming of USA Swimming # **FL-5924**

"In granting this sanction/approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Condition of Sanction:

- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

COVID-19

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death.

According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Date and Time:

Friday February 4th - 5:00 PM Timed Finals

Saturday February 5th and Sunday February 6th

11 & older - 8:30 AM Timed Finals

10 & under - Time Finals - 30 minutes after conclusion of morning session

Location:

North Shore Pool

901 North Shore Drive NE, St. Petersburg, FL 33701

Pool Spec: Certified 25 Yard, outdoor pool with up to two racing courses. Locker room course has a max of 10 lanes and Bayside course has a max of 10 lanes. Both having a minimum depth of 4 feet, at both starting ends, and non-turbulent lane lines. Numerous lanes for constant warm down.

Timing Equipment: Colorado Timing System with scoreboard on both courses

Warm up: Friday - 3:30 PM

Saturday & Sunday: 11 & older 7:00 am - 8:20 AM

10 & under - after morning session finishes

Eligibility: Open to all USA Swimming registered swimmers, 2022 USA-Swim registrations will be accepted on deck and given to meet referee.

Seeding: 25 Yard times will be used for seeding. No Converting Times.

Scratches: No penalty for scratching on the block.

Entry Limit:

Swimmers will be limited to a maximum of three (3) INDIVIDUAL events per day.

Entries will be limited to keep the meet under the 2 1/2 hour session. Fly over Starts may be used to control the length of the meet.

Swimmers posting entries over the event limit will be considered as entered in the first four (3) events listed.

Entry Form: Entries must be submitted via email to Eva Gronke at:
eva@fastswimresults.com

Entry Fee: Individual events: \$4.50 per event - 3 MAX per day
\$2 travel surcharge for out of LSC swimmers
Facility Charge: \$10 per swimmer
Heat Sheet Fee: \$3 per swimmer

ALL ENTRY FEE MUST BE PAID BEFORE THE START OF THE MEET. NO SWIMMERS WILL BE PERMITTED TO COMPETE IN THE MEET, UNTILL ALL ENTRY FEES ARE PAID.

Entry Deadline:

All entries must be submitted by WEDNESDAY, JANUARY 26, 2022

Enclose checks and make payable to Tampa Bay Aquatic Club (TBAC).

Please email entry files to: Eva Gronke eva@fastswimresults.com

Heat Sheets:

Heat sheets will be posted on www.fastswimresults.com and be emailed out to each visiting team coach no later than 48 hours prior to the start of the meet. These are to be printed and brought to the meet. Heat sheets will NOT be available at the meet for purchase. Coaches, please email all swimmers and parents to make them aware of this.

Deck Entry: Deck entries will be accepted to fill heats only. No new heats will be created. Each deck entry will cost \$10.00, plus facility fee and heat sheet fee, if not already entered in meet. Entries will only be accepted from coaches with credentials. Parents and swimmers cannot deck enter an athlete. Deck entries must be accepted by the Administrative Referee and assigned a lane by 8:45am on the day of competition.

Friday deck entries must be accepted by 4:15pm. A swimmer may not drop an event to deck enter another event, and the entry limit of 3 pre- entered events remains.

Awards:

Age Group events: 1st - 10th Place: Ribbon

No awards for Senior

Rules:

Current USA Swimming and regulations rules will govern. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. All coaches must have their current 2022 USA Swimming coaching credentials in plain site, while on the deck of the pool. Team Representative: Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and only that person will be recognized.

Identification:

Coaches and Officials shall wear their USA Swimming Registration card in a conspicuous manner on their person at all times, while on the deck during the meet. Proof of credentials via Deck Pass will also be permitted. Coaches without credential will not be permitted on the pool deck. Volunteers must have credentials to be on the pool deck.

Coach Supervision:

All swimmers must be supervised by a USA Swimming Certified Coach. Any swimmers attending the meet without a certified coach must take responsibility for finding a certified coach, who will be responsible for them during all warm-ups and sessions of the meet. That agreement must be submitted in writing to the referee before the swimmer is allowed in the meet.

Warm-Up Schedule: The first 25 minutes will be general warm-up as listed below. The last 25 minutes will be controlled warm-up as listed below)

Lane 1 Push off 50's pace (circle swimming)	Lane 1 Push off 50's pace (circle swimming)
Lane 2 Swimming and pulling only (push-off no equipment)	Lane 2 Racing starts - one length only
Lane 3 Swimming and pulling – push off only	Lane 3 Racing start = one length only
Lane 4 Swimming and pulling only	Lane 4 Swimming and pulling only
Lane 5 Swimming and pulling only (push-off no equipment)	Lane 5 Swimming and pulling only
Lane 6 Swimming and pulling only (push-off no equipment)	Lane 6 Swimming and pulling only
Lane 7 Swimming and pulling only (push-off no equipment)	Lane 7 Swimming and pulling only
Lane 8 Swimming and pulling only (push-off no equipment)	Lane 8 Racing start one length only
Lane 9 Swimming and pulling only (push-off no equipment)	Lane 9 Racing start one length only
Lane 10 Push off 50's pace (circle swimming)	Lane 10 Push off 50's pace (circle swimming)

Except for racing start, swimmers must enter the pool feet first with one hand touching the deck of the pool

NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME

Officials:

Meet Referee: Adrienne Cardwell

Administration Referee: Eva Gronke

Starter: Beth Stargardt

Stroke & Turn: Deanna Kaufman

Head Marshall: Dave Gesacion

Meet Manager: Susan Curnutte 727-741-1605

Camera Zones: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "camera zones" at each swim meet where still and video photography of a race or a competitor in a race may be taken. No "Camera Zones" are the area immediately behind the starting blocks at either end of the racing course while they are in use for "racing start purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.

***THIS MEET WILL BE SEEDED FASTEST TO SLOWEST**

****MEET HOSTS RESERVE RIGHT TO RUN ONE OR TWO COURSES BASED ON NUMBER OF ENTRIES RECEIVED**

*****MEET HOST RESERVES RIGHT TO RUN ALL AGE GROUPS AS ONE SESSION BASED ON NUMBER OF ENTRIES RECEIVED**

****** NT entries for the 1650, 1000 and 500 WILL NOT BE ACCEPTED. Please provide a time.**

Friday February 4th, 2022 (Swimmers may enter a maximum of three (3) events/day)

Warm-Up: 3:30pm Start 5:00pm

Event Number	Age Group	Event
G – B		
1 & 2	SENIOR	400 IM
3 & 4	SENIOR	50 Backstroke
5 & 6	SENIOR	50 Breaststroke
7 & 8	SENIOR	50 Butterfly
9 & 10	10 & under	200 Freestyle
11 & 12	SENIOR	1650 Freestyle

Qualifying times:

Females: 19:49.99 Males: 19:14.99

SATURDAY 2/5 MORNING

GIRLS & BOYS 11 & OLDER - 3 event MAX per session

Warm-Up: 7:00AM Start 8:30AM

HEATS MAY BE LIMITED TO KEEP SESSION UNDER 2 ½ HOURS.

EVENT #	AGE	EVENT
G - B		
13 & 14	11 & OLDER	200 FREE
15 & 16	11 & OLDER	50 BACK
17 & 18	11 & OLDER	100 BUTTERFLY
19 & 20	11 & OLDER	200 BACK
21 & 22	11 & OLDER	100 BREAST
23 & 24	11 & OLDER	200 IM
25 & 26	11 & OLDER	500 FREE#

SATURDAY 2/5 AFTERNOON

GIRLS AND BOYS 10 & UNDER SESSION - 3 EVENTS MAX per session

Guaranteed 30 minutes warm up after the morning session ends. Not before 11:20 AM

GIRLS AND BOYS HEATS MAY BE LIMITED TO KEEP SESSION UNDER 2 ½ HOURS

G	B		
27 & 28	10 & UNDER	25 FREE	
29 & 30	10 & UNDER	25 BACK	
31 & 32	10 & UNDER	100 BREAST	
33 & 34	10 & UNDER	25 BUTTERFLY	
35 & 36	10 & UNDER	50 BACK	
37 & 38	10 & UNDER	100 FREE	
39 & 40	10 & UNDER	25 BREAST	
41 & 42	10 & UNDER	500 FREE#	

#EVENT MAY HAVE LIMITED HEATS TO KEEP THE SESSION UNDER 2 ½ HOURS

SUNDAY 2/6 MORNING

GIRLS & BOYS 11 & OLDER - 3 event MAX per session

Warm-Up: 7:00AM Start 8:30AM

HEATS MAY BE LIMITED TO KEEP SESSION UNDER 2 ½ HOURS

G – B

43 & 44	11 & OLDER	100 BACK
45 & 46	11 & OLDER	200 BUTTERFLY
47 & 48	11 & OLDER	50 BREAST
49 & 50	11 & OLDER	100 FREE
51 & 52	11 & OLDER	50 BUTTERFLY
53 & 54	11 & OLDER	200 BREAST
55 & 56	11 & OLDER	50 FREESTYLE
57 & 58	11 & OLDER	1000 FREESTYLE#

#EVENT MAY HAVE LIMITED HEATS TO KEEP SESSION UNDER 2 ½ HOURS

SUNDAY 2/7 AFTERNOON

GIRLS AND BOYS 10 & UNDER SESSION - 3 EVENTS MAX per session

GUARANTEED 30 MINUTE WARM UP AFTER MORNING SESSION

GIRLS AND BOYS HEATS MAY BE LIMITED TO KEEP SESSION UNDER 2 ½ HOURS

59 & 60	10 & UNDER	100 BACK
61 & 62	10 & UNDER	50 BREAST
63 & 64	10 & UNDER	100 BUTTERFLY
65 & 66	10 & UNDER	50 FREE
67 & 68	10 & UNDER	100 IM
69 & 70	10 & UNDER	50 BUTTERFLY
71 & 72	10 & UNDER	200 IM#

#EVENT MAY HAVE LIMITED HEATS TO KEEP SESSION UNDER 2 ½ HOURS