

MAAC Fall 2020 Practice Schedule
Beginning September 7, 2020

Pre - Comp	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:30-5:15p	5:15-6:00p	4:30-5:15p	5:15-6:00p	OFF	OFF
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AGC Orange	6:00-7:00p (S)	5:30-6:30p (S)	5:15-6:15p (S)	5:30-6:45p (S)	4:30-5:30p (S)	OFF
AGC Black	7:00-8:00p (S)	6:30-7:30p (S)	6:15-7:15p (S)	6:45-8:00p (S)	4:30-5:30p (S)	OFF
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AAG Orange	5:45-6:00p (D) 6:00-7:00p (S)	5:30-6:30p (S)	5:00-6:15p (S)	5:30-6:45p (S)	OFF	12-1:30p (S)
AAG Black	6:45-7:00p (D) 7:00-8:00p (S)	6:30-7:30p (S)	6:15-7:30p (S)	6:45-8:00p (S)	OFF	12-1:30p (S)
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MRC	4:30-6:00p (S) 6:00-6:30p (D)	6-7am (S) --- 4:30-5:30p (S) 5:30-6:30p (D)	OFF	6-7am (S) --- 4:30-5:30p (S) 5:30-6:30p (D)	4:30-6:30p (S)	10a-12p (S)

(S) = Swim; (D) = Dryland

Note: Swimmers must wear masks until they are in the water, including during dryland. All swimmers also must provide their own workout/yoga mat for dryland.

All Practices happen at Georgia Tech Campus Recreation Center
750 Ferst Drive, Atlanta GA 30318