

Provide a quality swim program capable of competing at all levels of the sport and promotes discipline, fitness and goal setting



NWGA Nitros will be hosting **WICKED, THE SWIM MEET** on October 29<sup>th</sup> & 30<sup>th</sup>.

We ask that each family donate for the hospitality room assigned by group (see below or donate \$10.00 per swimmer). This room is used to feed all coaches and officials.

Heat sheets will be printed for the meet and ad space is available for purchase. If you would like to buy ad space, please contact [nwgaboard@gmail.com](mailto:nwgaboard@gmail.com) with your logo and ad size. Full sheet \$200, 1/2 sheet \$100, 1/4 sheet \$50, business card size \$25. All CAC sponsors will be printed in the heat sheet per sponsorship agreement.

Volunteers are essential for meets running smoothly. If you would like to volunteer please contact [nwgaboard@gmail.com](mailto:nwgaboard@gmail.com).

Pam Parker: Hospitality & Concessions  
Keith Bagwell: Timing  
Michele Eickman: Awards & Check In  
Jeff Hood: Setup & Tear Down  
Greg Hasty: 10 & U Bullpen

## HOSPITALITY BY GROUP:

Purple 1: 1 pk muffins or pastries

Purple 2: 1 pk Cookies

Navy: chips or dip

Green 1-6 pk soft drinks

Green 2- 1 case water

## UPCOMING EVENTS

OCT 29-30:  
WICKED, the swim meet  
hosted by NWGA

NOV 5-6:  
Turkey Turbo Meet-  
Atlanta, GA (GA TECH)

NOV 11:  
NWGA Board Meeting  
@ 6:00 PM

NOV 19:  
BSC OPEN-  
Kingsport, TN

A FULL  
SCHEDULE OF  
ALL EVENTS CAN  
BE FOUND  
ONLINE BY  
[CLICKING HERE](#)



UPDATE  
**\$9572.00**

# FALL & WINTER PRACTICE SCHEDULE (Effective October 17th)

## Purple 1:

M/W/F - 4:00pm to 5:00 PM

M/T/W/Th/F- 5:00 pm to 7:00pm

Sat.- 8:00 am to 10:00 am

## Purple 2

M/W/F - 4:00pm to 5:00 PM

## Green 1-

M/T/W/Th/F/ S 5:00 pm to 7:00 pm

Sat.- 8:00 am to 10:00 am

## Navy:

M/W/F/- 5:00pm to 6:30pm;

Sat.- 8:00 am to 10:00 am

## Green 2:

- \* There will be a few changes on practice days and times, due to the start of high school and middle school swimming and diving.
- \* Friday afternoons will be announced weekly during the completion of HS football. We will need to close at 6:00pm on home game nights ( including the play-offs)
- \* Green group will have adjusted or cancelled practices, due to HS and MS home swim meets on Tuesday's and Thursday's

## WELCOME: COACH MATT SINIARD



Coach Matt Siniard will join the coaching staff on September 22, 2016. He swam at Berry Collage and is the current head coach of the Cartersville Cobia swim team ( summer league). He is teaching at Calhoun Middle School, as well. Please welcome him to the NWGA family.

He will be the primary coach for the Purple 1 group and will assist with the Green 2 & Green 1 groups.

**THANK YOU:**

SWIM A THON  
VOLUNTEERS

HEATHER KAUFFMAN:  
NEW NITROS BANNER

# REMINDERS

- Swim caps and t-shirts are being distributed. The list is located in the CAC office along with caps and shirts. Extra caps and shirts are for sell to Silver group members and anyone else.  
Cost: Caps (15.00) Shirts (12.00)
- If Silver members would like to bump up to USA registered, \$25.00 will be subtracted from the yearly \$145 fee

# OCTOBER BIRTHDAYS

- SAMUEL MANNING (10/24)
- CARTER MCCOY (10/27)
- JAXON SILVERS (10/28)
- GALEN STEPHENS (10/19)
- LINDSEY DAVENPORT (10/24)
- SETH MANNING (10/21)

**CONTACT US:**  
**NWGABOARD@GMAIL.COM**

## COACHES

Charles Todd: toddc@calhouschools.org  
Mike Beeler: beelerm@calhouschools.org  
Christy Garcia: garciac@calhouschools.org  
Matt Siniard: siniardm@calhouschools.org

## NWGA BOARD

Jeff Hood- President: jeff@hoodlawllc.com  
Pam Parker- VP: parkerpam@calhouschools.org  
Michele Eickman- Secretary: tmeickman@gmail.com  
Don Hood- Treasurer: donhood1000@comcast.net  
Dr. Michelle Griffith: griffithm@calhouschools.org  
Members At Large:

- Keith Bagwell
- Melissa Edens