

NWGA NITROS NEWS

February 2018

GOLD MEDAL CHAMPIONSHIPS

We are so excited to be hosting the Gold Medal Championships on February 23-25, 2018, but absolutely cannot be successful without all of our Nitros Parents help. We will need at least 25 volunteers per session and there are seven sessions. Everyone will need to volunteer at least once and also bring food for the hospitality room. Volunteer jobs will be posted on Team Unify under the event itself and an email will be sent with the link. Food donations will sent via a separate email and will be on sign up genius. You must sign up electronically!



Friendly Reminder

- Nitros monthly fees are due by the 7th of each month. After the 7th a late fee of \$15 will be charged.

UPCOMING SWIM EVENTS

Georgia Open	Ga 14 and Under State	Ga Gold Medal Championships
Date: 2/10-2/11 Time: TBA Location: Ga Tech	Date: 2/15-2/18 Time: TBA Location: Ga Tech	Date: 2/23-2/25 Time: TBA Location: CAC Calhoun, Ga.

CONTACT US: NWGABOARD@GMAIL.COM



Northwest Georgia Aquatics



Practice Schedule

(February 5- May 31, 2018)

GREEN I Coach Todd

Monday	7:00-9:00 am	and	3:30-5:30 pm
Tuesday			3:30-5:30 pm
Wednesday	7:00-9:00 am	and	3:30-5:30 pm
Thursday			3:30-5:30 pm
Friday	7:00-9:00 am		<i>No Friday pm practice</i>
Saturday	8:00-10:00 am		

GREEN II Coach Todd

** Includes Dry-land/ Weight Room*

Monday	7:00-9:00 am	and	3:30-5:30 pm
Tuesday			3:30-5:30 pm
Wednesday	7:00-9:00 am	and	3:30-5:30 pm
Thursday			3:30-5:30 pm
Friday	7:00-9:00 am		<i>No Friday pm practice</i>
Saturday	8:00-10:00 am		

NAVY Coach Mike

** Dry- land/Last 15 minutes*

Monday		3:30-5:30 pm
Tuesday		3:30-5:30 pm
Thursday		3:30-5:30 pm
Friday		3:30-5:30 pm
Saturday	8:30-10:00 am	

PURPLE I Coach Siniard

** Dry- land/ Last 15 minutes*

Monday		5:30-6:30 pm
Tuesday		5:30-6:30 pm
Thursday		5:30-6:30 pm

PURPLE II Coach Caleb

** Dry- land/ Last 15 minutes*

Monday		5:30-6:30 pm
Tuesday		5:30-6:30 pm
Thursday		5:30-6:30 pm

SILVER (Recreational)

**Come to the "Assigned" group time.*

Note: Silver is a non-competition payment option & may only attend twice a week.

Phones: Coach Todd's office 706-602-6818 / CAC Office 706-602-6817

Emails: nwgaquatics@gmail.com

Website: www.teamunify.com/ganga

MORE NITROS NEWS

Nitros Christmas Party was held 12/19/17 on the pool deck. Everyone brought a covered dish and swimmers exchanged gifts. Thank you to everyone who helped and attended the party. It was so much fun!

THANK YOU!!!!

A special thank you to Pam Parker and Melissa Edens for your time and service to the Nitros Board. We appreciate all your hard work and want you to know you will be missed. Your contribution has helped continue to build a successful Nitros Swim Program.



COACHES

Charles Todd: toddc@alhounschoools.org

Mike Beeler: beelerm@calhounschoools.org

Christy Garcia: garcia@calhounschoools.org

Matt Siniard: siniardm@calhounschoools.org

NWGA BOARD for 2018

Greg Hasty , President

Michele Eickman, Vice President

Christi Breedlove, Secretary

Melanie Webb, Treasurer

Dr. Michelle Griffith

Members At Large:

Keith Bagwell

Jeremy & Kyleen Brannen

Jamie Petty

Leann Cox



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