**2021-22 Swim Macon SC Practice Schedule**

**\*\*Full schedule begins Aug 16 for JR/ SR & Aug 23 for all other groups\*\***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **MON** | **TUES** | **WED** | **THU** | **FRI** | **SAT** |
| **SENIORS** | **4:10-6:10pm** | **4:10-6:10pm** | **4:10-6:10pm** | **4:10-6:10pm** | **4:10-6:10pm** | **8-10:30am** |
|  |  |  |  |
| **JUNIORS** | **4:10-6:10pm** | **4:10-6:10pm** | **4:10-6:10pm** | **4:10-6:10pm** | **4:10-6:10pm** | **8-10:30am** |
|  |  |
| **GOLD** | **6:10-7:40pm** | **6:10-7:40pm** | **6:10-7:40pm** | **6:10-7:40pm** | **OFF** | **9-11am** |
| **SILVER** | **4-5:15pm** | **4-5:15pm** | **OFF** | **4-5:15pm** | **OFF** | **10-11am** |
| **BRONZE** | **6:40-7:40pm** | **OFF** | **6:40-7:40pm** | **6:40-7:40pm** | **OFF** | **10-11am** |
| **High School/ Multisport** | **OFF** | **6:40-7:40pm** | **OFF** | **6:40-7:40pm** | **4:10-6:10pm** | **8-10am** |

**\*\*THERE WILL BE NO SATURDAY MORNING PRACTICES UNTIL AFTER LABOR DAY\*\***

**Home School schedule will be 2-3:30pm Mon-Thu beginning Aug 23.  
Pre-Competitive will be 5:40-6:10p or 6:10-6:40p either M/W or T/R for 8 weeks**