

**TIDAL WAVE SWIMMING
2019-2020 TEAM REGISTRATION FORM**

Group Placement: _____ **Days (If applicable):** _____ **Shirt Size(s)** _____

Swimmer's Name: _____
(Last) (Legal First) (Middle)

Preferred Name: _____

Street Address: _____

City: _____ **County** _____ **State** _____ **Zip** _____

Phone: (_____) _____ **Age** _____ **Birthdate** _____ **Sex** _____

US Citizen _____ **if, no, other** _____

Summer League Team _____ **School** _____

Father's Name _____

Employer _____ **Occupation** _____

Home Address (if different) _____

Home Phone _____ **Cell** _____ **Work** _____

Mother's Name _____

Employer _____ **Occupation** _____

Home Address (if different) _____

Home Phone _____ **Cell** _____ **Work** _____

Email Address used for communication and invoices _____

Additional Email Addresses _____

#'s to use for Calling Post messages _____

**I, the undersigned, have read and agree to, all terms and conditions as a member of Tidal Wave Swimming.*

For New Tidal Wave Swimmers Only

Any Previous USS/YMCA Team _____ **Previous LSC** _____

Date Last Represented in a meet _____

Referred to team by _____

MEDICAL CARE AUTHORIZATION FORM

Significant Medical History (allergies, injuries, surgeries) _____

Medications Currently Being Used _____

Insurance Coverage _____ Contact # _____

Company Group Name _____

Personal Physician _____ Phone # _____

Dentist _____ Phone # _____

Other _____ Phone # _____

To Whom It May Concern:
We hereby give full power of attorney to the Tidal Wave Swimming coaching staff, team chaperones, or Tidal Wave employees to authorize and contact for such medical or dental care as deemed necessary for _____ (name) by a physician or dentist. Any such authorization and contact shall be on our behalf and in our name and stead.

Parent's Name _____

for Calling Post _____ Email _____

Work Phone _____

Cell Phone _____

Signature _____

Date _____

RELEASE AND INDEMNIFICATION

By registering my child(ren), _____ with Tidal Wave Swimming, I give my consent for my child(ren) to participate in all the activities of Tidal Wave.

I understand that some activities of Tidal Wave may be the subject of liability insurance protection but that some activities may not be protected by liability insurance. Therefore, in consideration of the benefits to me from participation by my child(ren) in the activities of Tidal Wave, and other good and valuable consideration, the undersigned hereby releases Tidal Wave Swim Foundation, Inc., Amberton Homeowners Association, Bentwater Homeowners Association and its directors, officers, agents, coaches, and employees, (hereinafter referred to as "Tidal Wave", Amberton" or "Bentwater") from any and all claims whatsoever made by any person or entity against Tidal Wave, Amberton or Bentwater arising out of the participation by my child(ren) in functions of Tidal Wave including, but not limited to, travel to and from Tidal Wave functions. The undersigned further agrees to indemnify, defend and forever hold Tidal Wave, Amberton and Bentwater harmless from any and all claims (including any cost of defending claims) whatsoever made by any person or entity arising out of the participation by my child(ren) in functions of Tidal Wave.

Dated _____, 2019 _____ (signed)

Tidal Wave Code of Conduct

Creating a great team atmosphere is the responsibility of all team members (coaches, swimmers and parents). A team where hard work, goal setting and good sportsmanship are the pervasive attitudes leads to success for all of our athletes. The following are expected behaviors that help create such an atmosphere:

-Coaches coach. Swimmers swim. Parents parent. We each have a role in year-round swimming. It is important that swimmers are never caught between adults and that swimmers do not receive conflicting messages.

-Support all team members. Each athlete on our team can benefit from their teammates' successes. As they train together and achieve goals, a collective confidence can grow, leading to more development and even greater success.

-Do not compare your child to others. Each child develops on their own biological timetable. It is important that the focus remains on a swimmer's individual development and growth through the years.

-Year round swimming is not a sprint. Keep in mind that our coaches train swimmers with the intent of long-term development. Some changes that we ask of swimmers may not work in the short term, but will pay dividends if given the chance to develop.

-Swimming will not always be a smooth ride. Our reaction to adversity is important. It is crucial that swimmers know their parents are there to support them, after good swims and bad. Being that steady support for your child will keep them from questioning their self worth after poor swims, or getting too cocky after great swims. Swimmers need to know that win or lose, their parents love them. Coaches will take care of critiquing swims.

-Swimmers make mistakes. DQs are not a reflection of bad parenting. Nor are they a reflection of bad coaching most of the time. They happen. Sometimes calls are questionable. Dealing with DQs is the job of the coach, not the parent.

-Only one swimmer wins each race. Excellence is not limited to winning. The overriding goal in a developmental program like ours is pursuing excellence, not wins. Our swimmers need to enjoy competing and striving to improve.

-Know that coaches always work with the best interest of the swimmers and the team in mind. Keep in mind that coaches need to balance the interest of individuals with that of the team, but generally those interests go hand-in-hand.

-Coaches will attempt to use positive reinforcement to gain the desired results. Just as with parenting, this is not always possible. Remember that coaches do not want to discipline any more than parents do, and fairness is the goal in all cases.

-Parents should emphasize that swimmers should work toward achieving goals, fitness and team friendships. Swimmers who invest in these things tend to enjoy long-term success. Emphasizing winning can lead to short term success, but will not last forever.

-Understand that coaches will not treat all swimmers the same way. Each swimmer on the team is an individual and deserves to be treated as such. Coaches will treat all swimmers fairly, but not in a cookie cutter fashion.

-Never complain to your child or another parent about a coach. If you have issues with a coach, please address all questions and concerns directly with that coach. Likewise, coaches will address concerns about a parent's behavior directly with the parent, and not involve the child. If the coach is not available, please address concerns with the Head Coach.

-Inform coaches of big events outside of the pool. Coaches may work with a child differently if they know a swimmer is struggling in a class or if a major event happened within your family. The more coaches know about their athletes, the better they will be able to help them on their journey.

-Supportive parents help swimmers make good choices. Coaches ask a lot of the swimmers and having sound nutrition and getting plenty of rest will go a long way in determining the ultimate success of each swimmer.

-Remember that things can get lost in translation. Children often exaggerate criticism and praise. Please temper your reaction until you have investigated further. Any issues you may have can be addressed with a coach.

-Any swimmer using alcohol, tobacco or other drugs is subject to suspension from the team.

-Swimmers need to be aware that comments they make at the pool, away from the pool, and on social networking sites can have a huge impact on the team and their teammates. Responsibility needs to be taken in these areas.

-It is important that swimmers never interfere with the progress of other swimmers. During practice, the right of way belongs to the swimmer. Swimmers waiting at the wall are responsible for allowing swimmers the room to continue moving. At all team functions, swimmers are expected to support one another's efforts for success.

-Behavior of all team members at events should reflect positively on the Tidal Wave organization as a whole.

-Parents are required to pay team fees in a timely manner. Coaches are paid from those fees, and their payment should never be left in question.

Parent Signature_____ Date_____

Swimmer(s) Signature_____ Date_____

_____ **Date_____**

_____ **Date_____**