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www.swimaqua.org
Hotline 281-488-1582

Bay Area Aquanauts
Houston, TX 77062

“Turning Potential into Performance”

Record Number Set Records

Bay Area Aquanauts

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Meet Entries
Kelli Baliker

Head Coach
Jennifer Johnston

At the HEAT meet on October 26-27, AQUAnauts improved times in 68% of their events. Swimmers with 100% best times included Kacie Baker, Noelle Gilman, Kaitlin Kirasich, Kennedy Metcalf, and Stephen Sun. There were four new TAGS times, one each by Cole Cragin, Noelle, Mark Grijalva, and Christie Latimer. In addition, there were five new team records set — Jenny Claydon (3), Cole (1) and Mark (1).

At the STAR meet November 8-10, AQUA swimmers swam 70% best times. Swimmers of the Meet, with 100% best times in six events, were Cameron Dyer, Sierra Dyer, Kacie Baker and Andrew Godinich. Others with 100% best times were Mark Grijalva (4), Jonathon Berezin (3), Aaron Olszeski (3), Adam Olszeski (3), Alec Korogodsky (2), Natalie Logrono (2), Elizabeth Noriega (2), Howard Kuan (1), and Ryan Swaney (1). There were four new Top 16 times — Ellen Lobb in the 50 fly, Caroline McElhany in the 200 free, Ellen, Caroline, Caroline Baliker, and Adriana Sepulveda in the 200 free relay, and Ellen, Caroline M, Adriana, and Julia Sepulveda in the 200 medley relay. There were 11 new TAGS times by Caroline Baliker (1), John Christopher (2), Noelle Gilman (1), Mark Grijalva (1), Ellen Lobb (1), Adam Olszeski (1), Julia Sepulveda (2), the 13-14 boys 200 medley (Adam, John C., Aaron, and Nathan Galvan), and 400 free (Adam, John C., Aaron, and Justin Russo) relays.

In addition, there were 35 team records set by Kacie Baker (1), John Christopher (2), Jenny Claydon (6), Cole Cragin (3), Cameron Dyer (2), Lynn Fahey (2), Mark Grijalva (1), Jennifer Joines (2), Caroline McElhany (5), Aaron Olszeski (2), Adam Olszeski (3), the 10-&-under girls 200 free and medley relays, 11-12 boys (Cole, Jonathon, Mark, and Will Kolodgie) 200 medley relay, 13-14 girls (Diana Sepulveda, Lynn, Jennifer J., and Sierra) 200 free and medley relays, and the 13-14 boys 200 medley relay. WOW!

In addition to all the team and personal records, AQUA has had its largest-ever representation (50+) at several meets so far this year. The kids have great fun and cheer for each other. Don't wait to get in on the meet action.

NEWSLETTER ON-LINE

There are now three ways to obtain a copy of this vital and informative monthly newsletter: Ed Mullery posts *Streamlines* on the team website; it is also available on request to Marcy Barr by email; and a limited number of hard copies will be available at each practice location. Refer to the newsletter often to keep up with team events and information items.

See your failures as moments, not monuments.

TEAM HANDBOOK ROLLOUT

Parents should begin to consult the team handbook now posted on the website. It is currently a draft, under revision, but most parts (including the section on meet procedures) are fairly complete. This section describes what to do before and during the meet to provide swimmers the best possible meet experience.

COACH ASSIGNMENTS

Keep in mind that the coaches on deck at a particular meet may not be the same coaches on deck for practice. If this is the case, please take a moment to help your swimmer become more familiar with the coaches before warm-up so that they will be more comfortable visiting with the coaches before and after swims during the meet.

If you have a question about coach assignments for a particular meet, just ask your practice coach. If that coach is not scheduled for that particular meet, feel free to ask that coach to communicate any special instructions to the coaches that will be on deck at the meet.

AQUA TAKING 2003 REGISTRATIONS

USA swimming registration for calendar year 2003 started officially on September 1, 2002. Please complete the information form and release as well as the USA Swimming registration (half-page) form, and turn in with payment made out to AQUA. Gulf Swimming will not accept personal checks for individual athlete registrations. If you have questions about fees, just ask one of our team information contacts at each pool. You can turn in registration forms on deck at either pool.



Upcoming meets

Our next meets will be an Open meet on November 23-24 at Clear Lake HS, Winter Champs December 6-8 and Gulf Champs December 13-15. Check the calendar and bulletins at the pools for meet formats and entry deadlines. Meet information, entry forms, and invitations are available at both pools typically 3 weeks prior to each meet. Contact any of the coaches or Kelli Baliker at (281) 488-3943 or kkbaliker@ev1.net with questions about meets and entry procedures.

Procedures are also now available in our draft team handbook at www.swimaqua.org. It is always best to enter by the team deadline, so that Kelli can submit entries electronically and notify the coaches early to prepare the kids for their events. Advance entry fees are typically one-half the cost of entering "on-deck" the day of the meet. If you are swimming in meets two weeks apart, such as the November Open meet and Winter Champs, please work with Kelli on how best to include results from the first meet in e-entries for the second meet. Also, indicate on your entries your Attach Date, since we have several swimmers that "Attach" around the time of these meets.

Meet entry fee account trial begins

AQUA has decided to make optional meet entry fee accounts available to our members as a convenience. Accounts would be set up and tracked by our treasurer Susan Joines, and they will work something like EZTag toll road accounts. Members could open accounts by paying, for example \$50 toward future meet entry fees, and then draw on the account over time. Susan would send a notice when the account balance dropped below the amount of a typical meet entry.

We think this might be most convenient to families that email meet entries, or to anyone not typically on-deck at practice around the time entries are due. We also hope this will make the meet entry process easier to do in advance, avoiding higher cost of entering "on-deck" the day of the meet.

AQUAwear changes

Fashions change with time...and so, there will be a new team t-shirt soon!! The design was recently finalized. Also, the website AQUAWear section will be updated and enhanced with pictures of items. Remember other AQUA team items are available at each practice pool and meets, including rear window decals and team swim caps. All apparel items are provided at cost, so get into short course season by proudly (and economically) displaying your AQUA caps, decals and apparel items.

Next AQUA Board Meeting
Tuesday, December 10, 8:30 pm
Gloria Dei Church — Nassau Bay

Kroger mini-Share Cards

AQUA now has mini (ultra convenient) Kroger Share Card stickers that may be used on your key chain Kroger Card. These work the same as the business card style we have been using. Simply have the cashier swipe the bar code on the card at checkout, and Kroger will donate 1% of the purchase amount to AQUA. If you have had a problem with the bar code wearing off, Susan, Marcy and Barb have plenty of replacements, and should be available on deck at evening practices. Otherwise, you might try laminating your existing card.



This program, along with the similar Randall's program (simply have a cashier or customer service person code our Good Neighbor number **9266** into your Randall's card), has become a high-impact, low-effort fundraising vehicle for AQUA and the benefits have helped AQUA maintain low training fees. We currently receive about \$50 per month between the two programs. That's a nice benefit, but still short of our goal of \$100 per month. Keep using the cards, and benefit AQUA at no cost to you.