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[www.swimaqua.org](http://www.swimaqua.org)  
Hotline 281-488-1582

Bay Area Aquanauts  
Houston, TX 77062

“Turning Potential into Performance”

## Short Course Imminent

### Bay Area Aquanauts

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Meet Entries  
Kelli Baliker

Head Coach  
Jennifer Johnston

**B**ACK TO SCHOOL MEANS A RETURN TO THE POOL – After a great Long Course season, AQUA is now back in Short Course training mode at La Porte and Clear Brook.

As a team, we continued our great combined rate of improvement of roughly three out of four swims in competition last season. The coaches will work as hard as our swimmers to equal or better that improvement rate this fall.

### MEETS APPROACHING FAST

Our Short Course season will start Oct. 5 at Baytown Sterling HS with STAR’s 12-under B-under meet. Check the calendar and bulletins at the pools for meet formats and entry deadlines. Meet information, entry forms and invitations are available at both pools typically three weeks prior to each meet.

Contact any of the coaches or Kelli Baliker at (281) 488-3943 or [kbaliker@ev1.net](mailto:kbaliker@ev1.net) with questions about meets and entry procedures. Also note that the coaches will encourage swimmers to enter certain meets this fall (due to meet format and timing) as B and Under, or BB and Up. 🐬

### LONG COURSE PICNIC

#### Recognizes Tidal Wave of Success

AQUA conducted its Long Course picnic at the La Porte Wave Pool on August 18. Age-group awards were presented to **Alec Korogodsky, Jennifer Joines, Taylor Cryan, Diana Sepulveda, Ryan Swaney, Alyssa Mullery, Jared Schneider, Eileen Viscontini, Adam Olszeski, Lynn Fahey, Cole Cragin, Kacie Baker, Kyle Funderburk** and **Caroline McElhany**. The coaches also recognized AQUA’s 72% season meet improvement rate. The TAGS 9-10 Girls 2nd place award was also proudly on display, honoring **Julia Sepulveda, Adriana Sepulveda, Ellen Lobb** and **Caroline McElhany**. Thank you to Barb Kolodgie as lead organizer of the event and to all other volunteers and confectioners. 🐬


### AQUA WELCOMES COACH

AQUA would like to welcome **Jeanen Johnston** to the staff for 2002-2003. Jeanen was a standout swimmer at Clear Lake and a scholarship athlete in swimming at Iona College, where she set several school records. Her specialty was backstroke. She will begin by working primarily with the Red group at Brook. 🐬

**Next AQUA Board Meeting**  
**Tuesday, October 8, 8:30 pm**  
**Gloria Dei Church — Nassau Bay**

*The pessimist sees the difficulty in every opportunity; the optimist, the opportunity in every difficulty.*

# AQUA taking 2003 registrations

USA Swimming registration for calendar year 2003 started officially on September 1, 2002. Please complete the AQUA Registration Form as well as the USA Swimming (half-page) form. Turn both of these forms in with your payment made out to **AQUA**. If you have questions about fees, just ask one of our team information contacts at each pool or check the [swimaqua.org](http://swimaqua.org) website. You can turn in the registration forms on deck at either pool. 



## AQUA Volunteers at Special Olympics


AQUA made its presence known loud and clear at the Special Olympics meet held September 7. About 40 AQUA parents and swimmers braved Tropical Storm Fay and assisted as volunteers at the Don Cook Natatorium in Southwest Houston. We were able to help in the ready area, awards and in food service. This was a great experience for everyone involved in this volunteer effort. Especially moving was that AQUA kids were heard above all others cheering and encouraging the athletes during the meet competition and awards ceremonies.

A Special Olympics "Thank you!" is in order for all the volunteers and to Mike McElhany for coordinating AQUA's participation.

## Texas Swim Shop at LP practice 9/24

Texas Swim Shop will be at our combined practice on **Tuesday, September 24 at La Porte**. They will have equipment, suits and most everything your swimmer(s) will need this year. We will make several reminder announcements prior to Sept. 24. If you have a specific equipment need, call them at 713-723-0910 and request them to bring it with them on the 24th. Be sure and ask for our team discount pricing.

## Get your AQUA in gear

AQUA team items, including our very attractive rear-window decals and team swim caps, are available at both pools. These items are available at cost (latex AQUA cap - \$3.00; silicone AQUA cap - \$10.00; and AQUA decals - \$8 for one or \$15 for two). Get ready for our Short Course season by proudly displaying your AQUA caps and car decals. 

OCTOBER BIRTHDAYS



Caitlin Dvorak	10/ 1/87
Kacie Baker	10/ 8/90
Drew Manning	10/12/92
Jaymo Haley	10/18/95
Delaney Brooker	10/22/95
Madi Kolodgie	10/22/95
Hannah Griffith	10/23/91

The STREAMLINE newsletter would like to apologize to BLAKE SWANEY, whose September 11<sup>th</sup> birthday listing we missed last month! **Happy Birthday, Blake!!!**

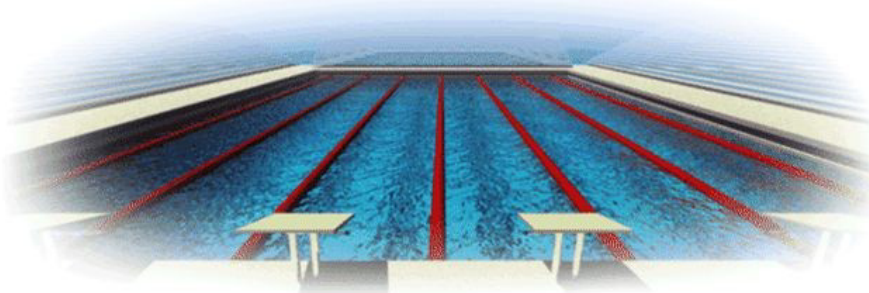
## New Kroger *Share Cards*

AQUA has received mini (ultra convenient) Kroger Share Card stickers that may be used on your key chain Kroger Card. These work the same as the business card style we have been using.



Simply have the cashier swipe the bar code on the card at checkout, and Kroger will donate 1% of the purchase amount to AQUA. If you have had a problem with the bar code wearing off, Susan, Marcy and Barb have plenty of replacements, and should be available on deck at evening practices. Otherwise, you might try laminating your existing card.

This program, along with the similar Randall's program (simply have a cashier or customer service person code our Good Neighbor number **9266** into your Randall's card), has become a high-impact, low-effort fundraising vehicle for AQUA and the benefits have helped AQUA maintain low training fees. We currently receive about \$50 per month between the two programs. That's a nice benefit, but still short of our goal of \$100 per month. Keep using the cards, and benefit AQUA at no cost to you.



Empty lanes await AQUA's streamlining swimmers for the upcoming Short Course season.



Our TAGS 10-under Girls 200 Medley Relay 2nd place award winners!!  
**Julia Sepulveda, Caroline McElhany, Ellen Lobb and Adriana Sepulveda**



Continue to check the practice calendars and emails for updates and team info. Visit the AQUA website ([www.swimaqua.org](http://www.swimaqua.org)) for schedules, team news and other features. Keep submitting pictures for the website or the papers. Check the local *Citizen*, the *Houston Chronicle This Week* and Friendswood papers for articles on AQUA swimmers.