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www.swimaqua.org
Hotline 281-488-1582

Bay Area Aquanauts
Houston, TX 77062

Turning today's potential into tomorrow's performance

AQUA races to best times at Long Course openers

Bay Area Aquanauts

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Meet Entries
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At the season-opening Open Meet April 25-27, AQUA swimmers improved in 82% of the events entered. Six Swimmers of the Meet — Kacie Baker, Caroline Baliker, Jenny Claydon, Taylor Cryan, Teale Horbach, and Ellen Lobb — improved times in all seven events entered. Sixteen other swimmers improved in 100% of their swims as follows: Cameron Dyer (6), Sierra Dyer (6), Andrew Godinich (6), Christopher Godinich (3), Madi Kolodgie (1), Lauran McCormick (3), Alyssa Mullery (6), Amy Pendegrass (6), Becca Pendegrass (2), Monica Pruett (1), Jaci Russo (6), Adriana Sepulveda (6), Daniel Shipman (5), Katharine Silkowski (6), Peter Silkowski (5), and Blake Swaney (3).

There were 16 new TAGS times as follows: Kacie Baker (1), Jenny Claydon (6), Cameron Dyer (5), Ellen Lobb (1), and Caroline McElhany (3). Finally, AQUA swimmers set 27 new team records: Kacie Baker (2), Jenny Claydon (4), Taylor Cryan (1), Cameron Dyer (2), Lynn Fahey (2), Ellen Lobb (3), Caroline McElhany (2), Aaron Olszeski (1), Adam Olszeski (2), Justin Russo (1), Jared Schneider (6), and Ryan Swaney (1). Well done!

At the DADS Meet May 9-11, AQUA swimmers improved times in 70% of the events entered. Swimmer of the Meet was John Christopher, with 6 best times in 6 events. Other swimmers with 100% best

times are Aaron Olszeski (1) and Adriana Sepulveda (4).

Six new TAGS times were earned by Kacie Baker (200 breast), Jenny Claydon (50 breast), Taylor Cryan (200 back), Ellen Lobb (100 back), and Caroline McElhany (50 breast, 200 fly).

Seventeen records were set by seven swimmers and two relays as follows: the 11-12 girls free and medley relays composed of Kacie, Jenny, Christie Latimer, and Caroline, Kacie (50 and 200 breast), John (50 free and 100 breast), Jenny (200 free and 200 IM), Lynn Fahey (50, 200, and 400 free), Caroline (50, 100, and 200 fly), Aaron (400 IM), and Jared Schneider (100 fly and 200 IM).

These were great performances to start the Long Course season.



NEXT TEAM SOCIAL DATES SET

AQUA will have its next social at the end of long course season August 17 at the La Porte wave pool from 6:30 pm to 8:30 pm. The Board asks all swimmers planning to attend to invite another AQUA swimmer not otherwise planning on coming. These events are too much fun for only half the team to participate, so lets each make an effort toward 100% participation!

DUST OFF YOUR LAWN CHAIRS

Next meets on the schedule are the STAR BB and Under meet May 17-18 and the Outback Invitational BB and Up meet in San Antonio May 31-June 1. Entry deadline for the Outback meet is this Saturday, May 17, and this is a pre-seeded meet meaning there are no on deck entries. The coaches strongly encourage our swimmers to compete to assess improvement and to gain experience. Check our practice schedule and team calendar for entry deadlines if you cannot attend these meets.

Meet information, entry forms, and invitations are available at both pools typically three weeks prior to each meet. You can eEnter meets with an on-line meet entry form and email link to Kelli Baliker available on the team website. Contact any of the coaches or Kelli at (281) 488-3943 or kbaliker@houston.rr.com with questions about meets and entry procedures.

G'DAY MATES

Barb Kolodgie has designed Outback Meet t-shirts, and she will be ordering these shortly. Best guess is the cost will be equal to the team's cost of the shirts, around \$5 each unless, in the case of Coach Ken, extra material is required for proper fit. Contact Barb with size and number of shirts requested if she has not already contacted you.

***Next AQUA Board Meeting
Mon., June 9, 2003 — 8:30 pm
Gloria Dei Church — Nassau Bay***

SAFETY FIRST

AQUA would like to provide First Aid kits to as many of our coaches as possible to supplement first aid equipment already available at our practice pools. If you or your employer has compact kits available for such purposes and you can donate these to AQUA, please let a board member or Coach Harold know. AQUA greatly appreciates any donated first aid items made available for use at practices and meets.

SUMMER MEANS SCHEDULE CHANGES

Please consult the weekly practice schedule updates available at the pools and via email. There will be occasional changes in workout patterns and group locations as we work out of several pools and transition to a new fall schedule throughout the summer.

GREETERS NEEDED

What, you ask, is a greeter? At each of our practice pools, AQUA parents are needed to answer questions, explain forms, provide registration information, etc to families new to USA Swimming and AQUA. If you have an answer to every conceivable question (answering "I don't know, but will find out" is fine) and are already at a pool during practice time, would you be willing to help in this area? Please coordinate with any of our current greeters or Patty McElhany in the case a pool is not covered on an evening you are available to help out.

MEET ENTRY FORMS MODIFIED

A minor modification has been made to our meet entry forms to indicate your preferred (early, middle, or late) slot as volunteer timer. AQUA has always done a great job supporting meet hosts by providing timers to help meets run smoothly. This change will help our volunteer coordinators fill chairs during meets. Thank you for your volunteer efforts.

“eENTRY” ON-LINE MEET ENTRY

In an effort to make it easier than ever to complete your meet entries, AQUA offers the “eEntry” website-based electronic meet entry form, if you so desire to utilize it. The online entry form will be made available for each meet as soon as meet entry information is posted on the Gulf website.

When you "submit" the form, you will receive a Confirmation Page you can print out, AND it automatically sends Kelli Baliker an email with the info you entered. It will also not let you submit unless you have filled in all pertinent info, like name, age, USA ID#, total entry fees owed, etc. A built-in calculator will even figure your entry fee total for you !

The form, of course, works hand-in-hand with the new prepaid meet entry account system, if you desire to utilize THAT feature, **but you may still pay by cash or check the “old-fashioned way” and use this electronic meet entry form.** You simply indicate on the new form how you will pay.

This “eEntry” system virtually eliminates all paper handling when entering and paying for a meet entry! New entry forms will be posted for every meet and will be tailored to that meet. Links to meet-specific forms are indicated in the “Upcoming Meets” section of the website.

KROGER MINI-SHARE CARDS

AQUA has mini (ultra convenient) Kroger Share Card stickers that may be used on your key chain Kroger Card. These work the same as the business card-style we have been using.



Simply have the cashier swipe the bar code on the card at checkout, and Kroger will donate 1% of the purchase amount to AQUA. If you have had a problem with the bar code wearing off, Susan, Marcy and Barb have plenty of replacements on deck at evening practices. Otherwise, you might try laminating your existing card.

This program along with the similar Randall's program (simply have a cashier or customer service person code AQUA's Good Neighbor number **9266** into your Randall's card) has become a high impact, low effort fundraising vehicle for AQUA and the benefits have helped AQUA maintain low training fees. We currently receive about \$65 per month between the two programs. That's a nice (and increasing) benefit but still short of our goal of \$100 per month. Keep using the cards, and benefit AQUA at no cost to you.



TRAINING FEE REMITTANCES

Please remember the correct address to which your monthly training fee remittances should be sent:

Bay Area Aquanauts
15403 Pleasant Valley
Houston, TX 77062

Mailing assures [pending the efficiency the US Postal Service] that your payment will not get misplaced if hand-delivered at the pools.