Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people. Logo

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**2022 Georgia Age Group State Long Course Championships**

*July 14th-17th, 2022*

|  |  |
| --- | --- |
| **HOST:** | Dynamo Swim Club - DYNA |
| **SANCTION:**  **ATTESTATION:** | Held under the sanction of USA Swimming, issued by Georgia Swimming Inc.,  **Sanction #: GA22-082 (R1)**  **Time Trial Sanction #: GA22-083/STT**   * Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. * In applying for this sanctioned event, the Dynamo Parent Swim Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction. |
| **MAAPP:**  **Minor Athlete Abuse Prevention Policy** | * A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”). * All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. * All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. * As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP. |
| **ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE** | Times achieved by an athlete member at a sanctioned competition who is 18 years of age (+30-day grace period) who have not completed the Athlete Protection Training OR (whose APT training had expired) by the date of the swim, WILL NOT be uploaded to the SWIMS database. |
| **LIABILITY:** | In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Dynamo Parent Swim Club., shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event. |
| **REPORT DISCRIMINATION:**  **D, E, & I = Reference / Informational Section** | The Georgia LSC believes that there is no place for discrimination in the sport of swimming.  If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming’s Associate Counsel & Director of Safe Sport, Abigail Howard ([ahoward@usaswimming.org](mailto:ahoward@usaswimming.org) or 719-866-3529). Please provide a complete description of the incident as well as a way to contact you and/or other parties involved.  For more information refer to [gaswimming.org/diversity](http://gaswimming.org/diversity)  Gaswim.org  [**Georgia Swimming LSC: D, E, & I (teamunify.com)**](https://www.teamunify.com/TabGeneric.jsp?_tabid_=233674&team=lscszgs) |
| **SWIMMER(S) with DISABILITIES:** | All swimmer(s) with disabilities must meet the [lsc-parallel-standards.pdf (usaswimming.org)](https://www.usaswimming.org/docs/default-source/disabilitydocuments/lsc-parallel-standards.pdf?sfvrsn=16f93432_2) in every event they wish to participate in the meet.  Coaches with swimmer(s) with disabilities competing must notify the Meet Referee prior to the meet.  The Meet Referee may elect to have these athlete’s swim the 50’s during the 100 able-body 100 events, 100’s during the 200 events, and 200’s during the 400/500 events, based on entry times. |
| **MEET DIRECTOR:** | Sydney Pepper- sydney@dynamoswimclub.com |
| **MEET REFEREE:** | Ed Saltzman [swimsalt@bellsouth.net](mailto:swimsalt@bellsouth.net) |
| **ADMIN REFEREE:** | Eric B. Pingel [epingel.usaswimming@gmail.com](mailto:epingel.usaswimming@gmail.com) |
| **STARTER:** | Martin Chen |
| **STROKE AND TURN:** | Clarice Wasmuth |
| **ADMIN OFFICIAL:** | Cheryl Loprinzo – [cheryl.loprinzo@comcast.net](mailto:cheryl.loprinzo@comcast.net) |
| **FACILITY:** | Georgia Tech McAuley Aquatic Center  750 Ferst Drive NW Atlanta, GA 30332  404-385-7529  This facilities competition pool is a 10 lane, 50 Meter pool with Colorado timing and scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The certification is on file with USA Swimming, Inc., and Georgia Swimming, Inc. The pool depth at the start end equals 9 feet and turn end depth equals 9 feet.  8 warm-up lanes will be available. |
| **SCHEDULE:** | |  |  |  |  | | --- | --- | --- | --- | | **Session** | | **Warm-up** | **Start** | | Thursday | 11-14 Timed Finals | 3:00 PM | 4:00 PM | | Friday, Saturday, Sunday | 11-14 Prelims | 7:30 AM | 9:00 AM | | Friday, Saturday | 11-14 Finals | 5:00 PM | 6:00 PM | | Sunday | 11-14 Finals | 4:30 PM | 5:30 PM | | Friday, Saturday, Sunday | 10&U Timed Finals, JOS | 1:00 PM | 2:00 PM | |
| **MEET FORMAT:** | **10 & Under**  All events will be conducted as timed finals.  All 400 Free events will be deck-seeded after positive check-in (see “Check-in).  All heats of all races, except for 50s, will be started at the diving well end of the pool. All heats of all 50s will be started at the scoreboard end of the pool.  **11-14**  All events will be conducted as prelim/finals, except for the 11-12 200s of stroke (back, breast and fly), and all 400 free, 400IM, and 800/1500 free, which will be contested as timed finals according to procedures described below.  • 11-12 200 Breast, 200 Back and 200 Fly: will be contested as timed finals. All heats will be contested during prelims, except the fastest heat in each gender, which will swim during finals. The 11-12s of stroke will be seeded after positive check-in (see “Check-in”).  • 400 Free: will be deck-seeded after positive check-in; all heats will be contested during prelims, fastest to slowest, except the fastest checked-in heat in each gender/age group, which will be contested during finals. Meet Ref, Manager and GA Age Group Chair reserve the right to swim this event 2 swimmers per lane after a review of entries.  • 400 IM: will be deck-seeded after positive check-in; all heats will be contested during prelims, fastest to slowest, except the fastest checked-in heat in each gender/age group, which will be contested during finals.  • 800/1500 Free: will be deck-seeded after positive check-in; all heats will be contested during the afternoon ‘session 1’. All heats will be swum in the same course, seeded fastest to slowest and alternating 1 heat of each event (event #1 heat 1, event #2 heat 1, event #3 heat 1, event #4 heat 1, event #1 heat 2, etc.). Heats might be combined at the discretion of the meet referee and meet manager. Meet Ref, Manager and GA Age Group Chair reserve the right to swim this event 2 swimmers per lane after a review of entries.  **It is up to the meet host if Chase Starts will be run during the preliminary sessions, with odd heats starting at the diving well end and even heats starting at the scoreboard end of the pool, except for 50s - all heats of all 50s will start at the scoreboard end of the pool.** If chase starts are used all preliminary session events will be seeded fastest to slowest.  **11-12**  There will be a Consolation Final (B) and a Championship Final (A), to be swam in that order. In the event of a “no show” in the A final after a full B final, alternates will be allowed to swim as exhibition to fill the heat.  **13-14** There will be a Bonus Final (C), a Consolation Final (B), and a Championship Final (A), to will be swam in that order (C, B, A) In the event of a “no show” in either the B or A final after a full C final, alternates will be allowed to swim as exhibition to fill the heat. Relays All relays will be conducted as timed final events.  ALL RELAYS will be swum during prelim sessions. The 400 Freestyle and 400 Medley Relays will be seeded after positive check-in (see “Check-In).  **11-14 JOs**  All events marked as “JO Timed Finals” will be swam in the afternoon and will NOT be scored. At the discretion of meet management, JO events might be swum as chase starts. If chase starts are utilized, the odd heats will start in the diving well end and the even heats will start in the scoreboard end, with all 50s starting by the scoreboard end and events will be seeded fast to slow.  All JO Events 200 and longer might be limited to the fastest 3 heats per event at the discretion of meet management, if deemed necessary due to timeline. |
| **ENTRY FEES:** | * IND EVENT FEE: $12 * EVENT -LATE ENTRIES: $24/event * RELAYS: $21/event * LATE RELAYS: $42 * TIME TRIALS: $24 / EVENT * FACILITY SURCHARGE: $21/Swimmer * GA SWIM TRAVEL SURCHARGE: $3/Swimmer * Ga travel surcharge applies to all non-Georgia LSC registered swimmers: $6/Swimmer |
| **ELIGIBILITY:** | **OPEN** to all USA-registered swimmers and teams. Dynamo Parent Swim Club will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302. |
| **ENTRIES:** | 11-14 Swimmers may swim a maximum of 3 individual events per day, 10&unders may swim a maximum of 4 events per day. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.  -Bonus swims: Swimmers who have qualified for an event in any preliminary or timed final (10&U) session may swim three bonus events during the meet, in the 50m, 100m or 200m events (**400meter and above events cannot be a bonus swim option**). Bonus swims can be used on any day. Bonus events count towards the daily event limit and must be designated as such on the entry.  **Bonus swims must be marked as such on the event file. Failure to do so will result in the automatic removal of a swimmer from the bonus event.**  -**Time Trial** events will be included in daily individual event limits. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session. |
| **CHECK IN**  **CLERK of COURSE** | In order to be seeded into the deck-seeded events, swimmers must check-in with the Clerk of Course by the times shown below. The Clerk of Course will close for event check-in at the following times:   * Thursday Afternoon (1500/800 Free): 3:30 PM * Friday morning   + 11-12 200 Back: 7:45AM   + 400 Free Relays: 7:45AM   + 11-14 400 IM: 8:30AM * Saturday morning   + 11-12 200 Breast: 7:45AM   + 400 Medley Relays: 7:45AM * Sunday morning   + 11-12 200 Fly: 7:45AM   + 11-14 400 Free:  9:00 AM   + Sunday Afternoon   10&U 400 Free: 2:00pm |
| **ENTRY SUBMISSION:** | ENTRY DEADLINE: Date: July 7th, Time: 6:00pm cheryl.loprinzo@comcast.net  Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer’s USA Swimming number, first and last name, age, and seeding time for each event entered. |
| **RULES:** | **Tech Suit Restriction for 12-and-Under Swimmers: 102.8 SWIMWEAR** .1 Design  [**https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers**](https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers)  F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.  *1) A Technical Suit is one that has the following components:*  *a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or*  *b. Any suit with woven fabric extending past the hips.*  (Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)  (Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)    This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.    **Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.**  Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.  Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.  **Deck changes are prohibited**. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.  On deck registrations will not be permitted during this event.  Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches’ areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.  All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.  Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.  Swimmers participating under the provisions of 202.9 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. |
| **COACHES:**  **COACHES MEETING:** | Coaches will be required to sign in and show their USA Swimming coaches registration card or **DECK PASS** for verification that all certifications are current.  Wednesday, July 13th, 2022 via zoom. |
| **OFFICIALS:** | Dynamo Parent Swim Club welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official’s meeting *60* minutes prior to the start of each session. The official’s uniform will consist of a white polo collared shirt, navy blue shorts (**prelims only**), skirts or slacks with white socks and shoes. For finals, please wear long pants or skirt. All officials must present at check in, their current LSC Officials Certification Card; **OR** a recently completed Apprentice Form; **AND** proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.  Officials or apprentices requesting certain positions may contact the Meet Referee as early as possible prior to the meet. Note that apprenticing as a Starter will not be allowed at this meet.  **Note: This will be an OQM for N2 advancement or renewal and N3 S&T only. If interested in being evaluated, please complete the Application to work the meet:**  [https://www.eSurveysPro.com/Survey.aspx?id=bf38e4ea-bf58-4765-9f56-3ea242c9515f](https://www.esurveyspro.com/Survey.aspx?id=bf38e4ea-bf58-4765-9f56-3ea242c9515f) |
| **MEET COMMITTEE/MEET JURY:** | The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary  (2022 USA Swimming Rulebook) |
| **AWARDS:** | * Medals will be awarded in each individual event for places 1st through 3rd, and ribbons 4th through 10th. * Medals will be awarded in each relay event for places 1st through 3rd. * An award will be presented to the most outstanding swimmer (top individual scorer), male and female, in each age group (10&U, 11-12, 13-14). * The three highest scoring teams in each division will receive awards. These awards will be announced following the conclusion of the last finals session of the meet. For this meet, teams will be assigned to one of three divisions based upon the number of registered swimmers on each team as of the day before the 1st day of the meet. The divisions will be: * Division I (Extra-Large): 451+ swimmers * Division II (Large): 201-450 swimmers * Division III (Medium): 81-200 swimmers * Division IV (Small): 1-80 swimmers * Any awards not picked up at the conclusion of the meet will be shipped at the request of that team C.O.D. Please remember to pick up your swimmers’ awards at the end of the meet to avoid incurring shipping charges. |
| **SCORING:** | * Events will be scored to 20 places for all Age Groups (10&U, 11-12, 13-14); Relays will score to 20 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event. * Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 * Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2 |
| **CONCESSIONS:** | There will be concessions available for coaches and officials. |
| **GEORGIA WARM-UP POLICY:** | The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.  **Refer** [**www.gaofficials.org/documents**](http://www.gaofficials.org/documents) **> Sanctions** |
| **GEORGIA SCR. RULE:** | **Refer** [**www.gaofficials.org/documents**](http://www.gaofficials.org/documents) **> Sanctions** |
| **MISC. INFORMATION:** | ***Zone Selection: Georgia Zone Team (*amended 8/26/17)**   * Members for the Georgia Zone Team for the 11-12 and 13-14 age groups will be selected at this meet. * To be considered, athletes must electronically submit a Zone Application Form prior to the meet and pay the application fee. The form, and all information, will be made available on the Georgia Swimming website, [www.gaswim.org.](http://www.gaswim.org/) * The zone team will be selected using the following process:  1. There will be eight (8) swimmers selected for each of the 11-12 girls, 11-12 boys, 13-14 girls and 13-14 boys age groups. There will also be six (6) disabled athletes selected to the team: 3 males and 3 females. 2. The swimmers who finish the meet in the highest ranking amongst those who have applied for the team in the 100 Free, 100 Back, 100 Breast and 100 Fly for each age group will be selected as automatic qualifiers. In the case of a tie between two or more applicants in finals for the highest spot in one of those events, the automatic spot on the Zone Team will be given to the swimmer who had the fastest time in Prelims. It is possible for multiple 100’s to be won by a single individual. In this case, the 2nd place individual is not an automatic qualifier but would earn 2nd place points towards the at-large selection process. After the automatic qualifiers, the remaining spots will be scored to 10th place (11, 9, 8, 7, 6, 5, 4, 3, 2, 1)   The remaining spots for each age group will be determined by individual scoring based on their ranking among the other applicants using the final ranking of those swimmers in the meet. Any swimmer who scratches finals in an event will not be scored in that event. All events will be scored to 10th place amongst the swimmers who have applied for the team. The 6 (six) highest placing swims will be considered for all eligible athletes (other swims will be discarded). In the event of a tie, the highest individual finish in any event shall determine the winner. This process will be repeated until the tie is broken. |

**Order of Events**

**Thursday, July 14th, 2022**

**Session 1: Timed Final Warm-ups: 3:00PM Start: 4:00PM**

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| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 1 | 13-14 | 800 Free |  | Timed Finals | ***1*** |
|  | 13-14 | 1500 Free | 2 | Timed Finals |
| 3 | 11-12 | 800 Free |  | Timed Finals |
|  | 11-12 | 800 Free | 4 | Timed Finals |

**Note 1:** events will be deck seeded after positive check-in (see “Check-In”). All heats will be swum in the same course, fastest to slowest, alternating (1 heat of event #1, 1 heat of event #2, 1 heat of event #3, 1 heat of event #4, etc.)

**Friday, July 15th, 2022**

**Session 2: Preliminary Heats Warm-ups: 7:30AM Start: 9:00AM**

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| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 5 | 12&U | 400 Free Relay | 6 | Timed Finals | ***6*** |
| 7 | 14&U | 400 Free Relay | 8 | Timed Finals |
| **\*Break- 3 Minute Minimum** | | | | | |
| 9 | 11-12 | 200 Back | 10 | Timed Finals | ***2*** |
| 11 | 13-14 | 200 Breast | 12 | Prelims |  |
| 13 | 11-12 | 100 Breast | 14 | Prelims |  |
| 15 | 13-14 | 100 Fly | 16 | Prelims |  |
| 17 | 11-12 | 50 Fly | 18 | Prelims |  |
| 19 | 13-14 | 200 Free | 20 | Prelims |  |
| 21 | 11-12 | 200 Free | 22 | Prelims |  |
| **\*Break- 3 Minute Minimum** | | | | | |
| 23 | 13-14 | 400 IM | 24 | Timed Finals | ***4*** |
| 25 | 11-12 | 400 IM | 26 | Timed Finals |

**Session 3: 10&U Timed Finals/JOs Warm-ups: 1:00PM Start: 2:00PM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 101 | 10&U | 50 Free | 102 | Timed Finals |  |
| 103 | 11-12 | JO 200 Back | 104 | Timed Finals |  |
| 105 | 13-14 | JO 200 Breast | 106 | Timed Finals |  |
| 107 | 10&U | 100 Back | 108 | Timed Finals |  |
| 109 | 11-12 | JO 100 Breast | 110 | Timed Finals |  |
| 111 | 13-14 | JO 100 Fly | 112 | Timed Finals |  |
| 113 | 10&U | 50 Breast | 114 | Timed Finals |  |
| 115 | 11-12 | JO 50 Fly | 116 | Timed Finals |  |
| 117 | 13-14 | JO 200 Free | 118 | Timed Finals |  |
| 119 | 11-12 | JO 200 Free | 120 | Timed Finals |  |
| **\*Break- 3 Minute Minimum** | | | | | |
| 121 | 10&U | 200 Mixed Medley Relay | 122 | Timed Finals |  |

**Session 4: Finals Warm-ups: 5:00PM Start: 6:00PM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 25 | 11-12 | 400 IM | 26 | Timed Finals (Top Heat) | ***4*** |
| 23 | 13-14 | 400 IM | 24 | Timed Finals (Top Heat) |
| 5 | 11-12 | 200 Back | 6 | Finals |  |
| 7 | 13-14 | 200 Breast | 8 | Finals |  |
| 9 | 11-12 | 100 Breast | 10 | Finals |  |
| 11 | 13-14 | 100 Fly | 12 | Finals |  |
| 13 | 11-12 | 50 Fly | 14 | Finals |  |
| 15 | 13-14 | 200 Free | 16 | Finals |  |
| 17 | 11-12 | 200 Free | 18 | Timed Finals (Top Heat) | ***2*** |

**Saturday, July 16th, 2022**

**Session 5: Preliminary Heats Warm-ups: 7:30AM Start: 9:00AM**

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| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 31 | 12&U | 200 Free Relay | 32 | Timed Final |  |
| 33 | 14&U | 200 Free Relay | 34 | Timed Final |  |
| **\*Break- 3 Minute Minimum** | | | | | |
| 35 | 11-12 | 200 Breast | 36 | Prelims | ***2*** |
| 37 | 13-14 | 200 Fly | 38 | Prelims |  |
| 39 | 11-12 | 100 Fly | 40 | Prelims |  |
| 41 | 13-14 | 100 Back | 42 | Prelims |  |
| 43 | 11-12 | 50 Back | 44 | Prelims |  |
| 45 | 13-14 | 200 IM | 46 | Prelims |  |
| 47 | 11-12 | 200 IM | 48 | Prelims |  |
| 49 | 13-14 | 100 Free | 50 | Prelims |  |
| 51 | 11-12 | 100 Free | 52 | Prelims |  |
| **\*Break- 3 Minute Minimum** | | | | | |
| 53 | 14&U | 200 Medley Relay | 54 | Timed Finals | ***3*** |
| 55 | 12&U | 200 Medley Relay | 56 | Timed Finals |

**Session 6: 10&U Timed Finals/JOs Warm-ups: 1:00PM Start: 2:00PM**

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| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 123 | 10&U | 200 IM | 124 | Timed Finals |  |
| 125 | 11-12 | JO 200 Breast | 126 | Timed Finals |  |
| 127 | 13-14 | JO 200 Fly | 128 | Timed Finals |  |
| 129 | 10&U | 50 Fly | 130 | Timed Finals |  |
| 131 | 11-12 | JO 100 Fly | 132 | Timed Finals |  |
| 133 | 13-14 | JO 100 Back | 134 | Timed Finals |  |
| 135 | 10&U | 100 Breast | 136 | Timed Finals |  |
| 137 | 11-12 | JO 50 Back | 138 | Timed Finals |  |
| 139 | 10&U | 100 Free | 140 | Timed Finals |  |
| 141 | 11-12 | JO 200 IM | 142 | Timed Finals |  |
| 143 | 13-14 | JO 200 IM | 144 | Timed Finals |  |
| 145 | 11-12 | JO 100 Free | 146 | Timed Finals |  |
| 147 | 13-14 | JO 100 Free | 148 | Timed Finals |  |
| v**\*Break- 3 Minute Minimum** | | | | | |
| 149 | 10&U | 200 Free Relay | 150 | Timed Finals |  |

**Session 7: Finals Warm-ups: 5:00PM Start: 6:00PM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 35 | 11-12 | 200 Breast | 36 | Finals |  |
| 37 | 13-14 | 200 Fly | 38 | Finals |  |
| 39 | 11-12 | 100 Fly | 40 | Finals |  |
| 41 | 13-14 | 100 Back | 42 | Finals |  |
| 43 | 11-12 | 50 Back | 44 | Finals |  |
| 45 | 13-14 | 200 IM | 46 | Finals |  |
| 47 | 11-12 | 200 IM | 48 | Finals |  |
| 49 | 13-14 | 100 Free | 50 | Finals |  |
| 51 | 11-12 | 100 Free | 52 | Finals |  |

**Sunday, July 17th, 2022**

**Session 8: Preliminary Heats Warm-ups: 7:30AM Start: 9:00AM**

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| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 57 | 12&U | 400 Medley Relay | 58 | Timed Finals | ***6*** |
| 59 | 14&U | 400 Medley Relay | 60 | Timed Finals |
| \*Break- 3 Minute Minimum | | | | | |
| 61 | 11-12 | 200 Fly | 62 | Timed Finals | ***2*** |
| 63 | 13-14 | 200 Back | 64 | Prelims |  |
| 65 | 11-12 | 100 Back | 66 | Prelims |  |
| 67 | 13-14 | 100 Breast | 68 | Prelims |  |
| 69 | 11-12 | 50 Breast | 70 | Prelims |  |
| 71 | 13-14 | 50 Free | 72 | Prelims |  |
| 73 | 11-12 | 50 Free | 74 | Prelims |  |
| **\*Break- 3 Minute Minimum** | | | | | |
| 75 | 13-14 | 400 Free | 76 | Prelims | ***8*** |
| 77 | 11-12 | 400 Free | 78 | Timed Finals |  |

**Session 9: 10&U Timed Finals/JOs Warm-ups: 1:00PM Start: 2:00PM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 151 | 10&U | 200 Free | 152 | Timed Finals |  |
| 153 | 11-12 | JO 200 Fly | 154 | Timed Finals |  |
| 155 | 13-14 | JO 200 Back | 156 | Timed Finals |  |
| 157 | 10&U | 50 Back | 158 | Timed Finals |  |
| 159 | 11-12 | JO 100 Back | 160 | Timed Finals |  |
| 161 | 13-14 | JO 100 Breast | 162 | Timed Finals |  |
| 163 | 11-12 | JO 50 Breast | 164 | Timed Finals |  |
| 165 | 10&U | 100 Fly | 166 | Timed Finals |  |
| 167 | 11-12 | JO 50 Free | 168 | Timed Finals |  |
| 169 | 13-14 | JO 50 Free | 170 | Timed Finals |  |
| **\*Break- 3 Minute Minimum** | | | | | |
| 171 | 10&U | 200 Medley Relay | 172 | Timed Finals |  |
| 173 | 11-14 | JO 400 Free | 174 | Timed Finals | **5** |
| 175 | 10&U | 400 Free | 176 | Timed Finals |  |

**Session 10: Finals** **Warm-ups: 4:30PM Start: 5:30PM**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Girls Event #*** | ***Age*** | ***Event*** | ***Boys Event #*** |  | *Notes* |
| 57 | 11-12 | 200 Fly | 58 | Timed Finals (Top Heat) | ***2*** |
| 59 | 13-14 | 200 Back | 60 | Finals |  |
| 61 | 11-12 | 100 Back | 62 | Finals |  |
| 63 | 13-14 | 100 Breast | 64 | Finals |  |
| 65 | 11-12 | 50 Breast | 66 | Finals |  |
| 67 | 13-14 | 50 Free | 68 | Finals |  |
| 69 | 11-12 | 50 Free | 70 | Finals |  |
| 71 | 13-14 | 400 Free | 72 | Finals |  |

**Note 2:** events will be deck seeded after positive check-in (see “Check-In”). All heats will be contested during prelims, except the fastest checked-in heat in each gender, which will be contested during finals.

**Note 3:** all heats to be contested during prelims.

**Note 4:** events will be deck seeded after positive check-in (see “Check-In”). All heats will be contested during prelims, except the fastest checked-in heat in each gender for each age group, which will be contested during finals. During Prelims, event will be swum at the end of the session in event order. During Finals, events will be swum at the beginning of the session, 11-12s first then 13-14s.

**Note 5:** events will be deck seeded after positive check-in (see “Check-In”). Events will swim in regular order, slow to fast.

**Note 6:** all 400 Relays will be seeded after positive check-in (see “Check-In”). All heats will swim in PRELIMS.

**Note 7:** events will be deck seeded after positive check-in (see “Check-In”). All heats will be contested during prelims, except the fastest checked-in heat in each gender, which will be contested during finals. During Prelims all heats will be contest at the end of the session; during Finals, events will be swum at the beginning of the session.

**Note 8:** events will be deck seeded after positive check-in (see “Check-In”). All heats will be contested during prelims, except the fastest checked-in heat in each gender, which will be contested during finals. During Prelims, all heats will be contest at the end of the session; During Finals heat will be swam following the 11-12 100 Back.

\* Breaks before and after relays will be 3min minimum and meet re-start time shall be announced at the start of the break.

# 2021-2022 14U State Championships Qualifying Times

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **GIRLS - SHORT COURSE YARDS** | | |  | **EVENT** |  | **BOYS - SHORT COURSE YARDS** | | |
| **10&U** | **11-12** | **13-14** | **DISTANCE** | **STROKE** | **COURSE** | **13-14** | **11-12** | **10&U** |
| 33.49 | 28.59 | 25.89 | **50** | **Free** | **SCY** | 24.39 | 27.79 | 33.39 |
| 1:15.19 | 1:02.99 | 56.29 | **100** | **Free** | **SCY** | 53.89 | 1:01.89 | 1:16.09 |
| 2:51.19 | 2:16.99 | 2:02.39 | **200** | **Free** | **SCY** | 1:56.99 | 2:15.89 | 2:50.39 |
| 7:20.99 | 6:02.99 | 5:30.49 | **500** | **Free** | **SCY** | 5:17.89 | 6:11.49 | 7:21.99 |
| NA | 13:28.89 | 11:35.99 | **1000** | **Free** | **SCY** | 11:10.89 | 12:32.99 | NA |
| NA | 22:10.99 | 19:25.79 | **1650** | **Free** | **SCY** | 18:50.89 | 22:11.99 | NA |
| 39.49 | 33.49 | NA | **50** | **Back** | **SCY** | NA | 32.99 | 39.89 |
| 1:27.09 | 1:12.99 | 1:03.49 | **100** | **Back** | **SCY** | 1:00.79 | 1:11.99 | 1:29.29 |
| NA | 2:36.89 | 2:18.39 | **200** | **Back** | **SCY** | 2:13.99 | 2:36.99 | NA |
| 46.09 | 38.39 | NA | **50** | **Breast** | **SCY** | NA | 38.39 | 47.39 |
| 1:41.99 | 1:23.99 | 1:14.09 | **100** | **Breast** | **SCY** | 1:08.89 | 1:23.09 | 1:45.19 |
| NA | 2:58.99 | 2:40.39 | **200** | **Breast** | **SCY** | 2:34.49 | 3:08.39 | NA |
| 39.89 | 31.59 | NA | **50** | **Fly** | **SCY** | NA | 31.39 | 39.79 |
| 1:40.79 | 1:13.99 | 1:03.19 | **100** | **Fly** | **SCY** | 1:00.59 | 1:12.99 | 1:37.39 |
| NA | 2:51.99 | 2:29.19 | **200** | **Fly** | **SCY** | 2:19.19 | 3:04.49 | NA |
| 1:27.19 | 1:12.99 | 1:05.19 | **100** | **IM** | **SCY** | 1:01.49 | 1:11.99 | 1:27.29 |
| 3:16.79 | 2:31.89 | 2:19.09 | **200** | **IM** | **SCY** | 2:13.89 | 2:32.69 | 3:20.49 |
| NA | 5:35.99 | 4:59.49 | **400** | **IM** | **SCY** | 4:47.79 | 5:43.59 | NA |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Girls- Long Course Meters** | | |  |  |  | **Boys- Long Course Meters** | | |
| **10&U** | **11-12** | **13-14** | **DISTANCE** | **STROKE** | **COURSE** | **13-14** | **11-12** | **10&u** |
| 38.29 | 32.69 | 29.89 | **50** | **Free** | **LCM** | 28.69 | 32.59 | 38.79 |
| 1:27.89 | 1:11.69 | 1:04.99 | **100** | **Free** | **LCM** | 1:02.59 | 1:11.39 | 1:27.29 |
| 3:16.19 | 2:35.69 | 2:20.59 | **200** | **Free** | **LCM** | 2:15.19 | 2:36.09 | 3:17.89 |
| 6:28.19 | 5:33.99 | 4:59.09 | **400** | **Free** | **LCM** | 4:56.79 | 5:39.99 | 6:28.19 |
| NA | 11:52.99 | 10:24.99 | **800** | **Free** | **LCM** | 10:08.59 | 11:21.89 | NA |
| NA | 23:12.89 | 20:01.49 | **1500** | **Free** | **LCM** | 19:35.99 | 22:54.59 | NA |
| 45.89 | 38.79 | NA | **50** | **Back** | **LCM** | NA | 39.59 | 47.09 |
| 1:41.89 | 1:25.29 | 1:14.99 | **100** | **Back** | **LCM** | 1:12.99 | 1:22.79 | 1:45.29 |
| NA | 3:10.79 | 2:39.89 | **200** | **Back** | **LCM** | 2:35.49 | 3:03.79 | NA |
| 53.89 | 44.29 | NA | **50** | **Breast** | **LCM** | NA | 44.09 | 54.89 |
| 1:58.49 | 1:38.89 | 1:27.99 | **100** | **Breast** | **LCM** | 1:23.59 | 1:38.49 | 2:02.29 |
| NA | 3:32.09 | 3:08.79 | **200** | **Breast** | **LCM** | 3:01.09 | 3:35.39 | NA |
| 46.99 | 35.99 | NA | **50** | **Fly** | **LCM** | NA | 36.99 | 48.79 |
| 2:08.99 | 1:24.09 | 1:13.49 | **100** | **Fly** | **LCM** | 1:10.59 | 1:25.89 | 2:08.99 |
| NA | 3:30.49 | 2:50.29 | **200** | **Fly** | **LCM** | 2:45.59 | 3:36.39 | NA |
| 3:53.19 | 2:55.69 | 2:41.89 | **200** | **IM** | **LCM** | 2:34.59 | 2:56.69 | 3:53.19 |
| NA | 6:27.49 | 5:43.09 | **400** | **IM** | **LCM** | 5:32.79 | 7:03.99 | NA |

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Relays Qualifying Times** | | | | | | | | | | | | |
| **10&U** |  | **12&U** |  | **14&U** |  |  |  | **14&U** |  | **12&U** |  | **10&U** |
| **2:48.49** |  | **2:23.39** |  | **2:13.29** | **200** | **Free Relay** | **LCM** | **2:05.79** |  | **2:22.59** |  | **2:46.79** |
|  |  | **5:07.99** |  | **4:48.59** | **400** | **Free Relay** | **LCM** | **4:35.59** |  | **5:14.99** |  |  |
| **3:18.19** |  | **2:43.09** |  | **2:33.49** | **200** | **Medley Relay** | **LCM** | **2:36.69** |  | **2:46.69** |  | **3:19.29** |
|  |  | **6:02.29** |  | **5:34.99** | **400** | **Medley Relay** | **LCM** | **5:19.89** |  | **6:16.39** |  |  |

**GEORGIA SWIMMING 2022 “JO” QUALIFYING TIMES**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| GIRLS – SCY JO Cuts | |  |  |  | BOYS – SCY JO Cuts | |
| 11-12 | 13-14 | DISTANCE | STROKE | COURSE | 13-14 | 11-12 |
| 30.59 | 27.49 | 50 | Free | SCY | 26.99 | 30.89 |
| 1:05.39 | 1:00.29 | 100 | Free | SCY | 58.49 | 1:05.09 |
| 2:24.79 | 2.06.89 | 200 | Free | SCY | 2:04.39 | 2:23.49 |
| 6:15.39 | 5:44.99 | 500 | Free | SCY | 5:35.69 | 6:25.19 |
| 35.59 | NA | 50 | Back | SCY | NA | 34.29 |
| 1:16.89 | 1:07.39 | 100 | Back | SCY | 1:04.69 | 1:16.49 |
| 2:49.19 | 2:25.79 | 200 | Back | SCY | 2:24.29 | 2:45.09 |
| 40.79 | NA | 50 | Breast | SCY | NA | 42.49 |
| 1:28.69 | 1:17.79 | 100 | Breast | SCY | 1:16.59 | 1:31.09 |
| 3:24.29 | 2:47.89 | 200 | Breast | SCY | 2:46.29 | 3:24.09 |
| 34.29 | NA | 50 | Fly | SCY | NA | 34.69 |
| 1:16.69 | 1:08.29 | 100 | Fly | SCY | 1:06.49 | 1:15.99 |
| 3:04.59 | 2:36.69 | 200 | Fly | SCY | 2:32.29 | 3:25.29 |
| 1:15.39 | 1:08.89 | 100 | IM | SCY | 1:07.39 | 1:16.19 |
| 2:37.19 | 2:28.39 | 200 | IM | SCY | 2:25.69 | 2:38.69 |
| GIRLS – LCM JO Cuts | |  |  |  | BOYS - LCM JO Cuts | |
| 12 | 14 | DISTANCE | STROKE | COURSE | 14 | 12 |
| 34.59 | 31.99 | 50 | Free | LCM | 30.99 | 34.39 |
| 1:14.69 | 1:07.59 | 100 | Free | LCM | 1:07.09 | 1:13.49 |
| 2:39.29 | 2:25.39 | 200 | Free | LCM | 2:25.69 | 2:45.59 |
| 5:45.99 | 5:11.79 | 400 | Free | LCM | 5:10.99 | 5:45.99 |
| 40.49 | NA | 50 | Back | LCM | NA | 41.19 |
| 1:27.29 | 1:18.19 | 100 | Back | LCM | 1:15.99 | 1:29.09 |
| 3:35.79 | 2:47.89 | 200 | Back | LCM | 2:43.99 | 3:15.19 |
| 46.79 | NA | 50 | Breast | LCM | NA | 46.59 |
| 1:45.29 | 1:30.39 | 100 | Breast | LCM | 1:27.79 | 1:44.09 |
| 3:41.29 | 3:14.49 | 200 | Breast | LCM | 3:10.29 | 3:41.29 |
| 38.09 | NA | 50 | Fly | LCM | NA | 39.49 |
| 1:29.19 | 1:17.89 | 100 | Fly | LCM | 1:15.79 | 1:32.09 |
| 3:41.69 | 2:58.39 | 200 | Fly | LCM | 2:53.49 | 3:44.89 |
| 3:05.59 | 2:49.69 | 200 | IM | LCM | 2:46.49 | 3:01.09 |

\*All JO events will be swum in the afternoon session in the same day/order as the State Champs

**\*\* Meet management might choose to limit ALL events 200 and up**

**to the fastest 3 heats in each event \*\***

**2022 Age Group State LCM Championships**

**July 14th-17th, 2022**

Team Name Team abbreviation \_\_\_\_\_

Team Address

City State Zip

Head Coach

Phone Home E-mail

For entry problems call or e-mail

***All coaches from your team present at the meet, must be listed***

1. Coach 2. Coach
2. Coach 4. Coach

5. Coach 6. Coach

|  |  |  |
| --- | --- | --- |
| Ind Event Fee | $12.00 x number of athletes | =\_\_\_\_\_\_\_\_\_ |
| Relay Fee | $21.00 x number of relays | =\_\_\_\_\_\_\_\_\_ |
| Facility Surcharge | $21.00 per athlete | =\_\_\_\_\_\_\_\_\_ |
| GA SWIM TRAVEL Surcharge | $3.00 per athletes | =\_\_\_\_\_\_\_\_\_ |
| Surcharge applies to all non-GA LSC registered swimmers | $6.00 per athlete | =\_\_\_\_\_\_\_\_\_ |
| **TOTAL** |  | =\_\_\_\_\_\_\_\_\_ |

**Submit one check payable to: Dynamo Swim Club**

Entries must be received on or before **July 7, 2021**.

Mail entries to: Dynamo Parent Swim Club

**Age Group State Meet Entries**

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

In granting this sanction it is understood and agreed that USA Swimming, Georgia LCS, and Dynamo Parent Swim Club shall be free and harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**I have** **reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to $100.00 per event against the individual, member coach or member club submitting the entry.**

Signature/Title\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COVID 19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement shall also be included in heat sheets