



## Head Start 2020



***Cypress Fairbanks Swim Club is pleased to offer the annual Head Start Summer League prep program! Give your swimmer the edge for the Summer League season.***

**What will be covered:** The Head Start program will focus on proper stroke technique, endurance, and fun, while providing an opportunity to train with some of the best USA Swim coaches in Texas.

**When:** Monday through Friday, March 16 – April 17, 2020, (first practice will be March 16, 2020 -the Monday after CFISD Spring Break).

- Where:**
- **Fleet Indoor Pool- 14654 Spring Cypress Road – Ages 10 & Under Only**  
7:00-8:00 Monday & Wednesday or 7:00-8:00 Tuesday & Thursday
  - **Spillane Middle School- 13403 Woods-Spillane Blvd – All Ages**  
5:00-6:00 Monday, Wednesday, Thursday
  - **Bridgeland High School- 10707 Mason Road – All Ages**  
6:00-7:00 Monday, Wednesday, Thursday

**Cost:** \$175.00 for all 5 weeks at Spillane & Bridgeland locations. \$115.00 for all 5 weeks at Fleet Indoor Pool. NO registration fees, NO team fees, NO hidden fees. We will pro-rate based on the start date only. No discounts for multiple swimmers.

**Who is eligible:** Swimmers must be proficient in freestyle and backstroke, with a working knowledge of breaststroke and butterfly. If you are concerned about your child's qualification, please email Coach Maryanne at: [coachmaryanne@fleetswimming.com](mailto:coachmaryanne@fleetswimming.com). Swimmers ages 6 & under *may* be accepted into Head Start upon completion of a Fleet coach supervised swim test, which can be scheduled by emailing: [coachmaryanne@fleetswimming.com](mailto:coachmaryanne@fleetswimming.com). Upon completion and acceptance, 6 & under swimmers **MUST** register in person at the Fleet Aquatic Center.

**Note:** This is not a Learn to Swim Program. If lessons are needed, we have the Fleet First Swim School that has multiple programs to help your swimmer get a "Quick Start" for the summer league team. The Head Start Program is geared for kids who can already swim, but are looking to get better, prior to their summer league starting up in May.

**What to bring:** Swimsuit, towel and goggles. Swim caps provided on the first day!

**How to register:** Registration begins online February 5, 2020 at [www.fleetswimming.com](http://www.fleetswimming.com).

### Cypress Fairbanks Swim Club

Home of the FLEET, est. 1975

14654 Spring Cypress Road

281-376-2372 [www.fleetswimming.com](http://www.fleetswimming.com)

