

Red, White & Blue 2023 Invitational



Hosted by

Fleet- Cypress Fairbanks Swim Club

An NWAL Sanctioned Timed Finals, Dual Time Standard Swim Meet

Please read this invitation thoroughly

Date: June 23-25, 2023

LOCATION: Cypress Ranch High School
10070 Fry Rd Cypress TX 77433

MEET REFEREE: Tom Jones, Phone: 281-376-6625, tomwjones54@gmail.com

MEET DIRECTOR: Adam Withers, witers.adam254@gmail.com
Heather Knight, Lindsie Micko

Important Highlights:

- Most events will be scored per individual age. See section on **Awards** on page 7-8.
- Individual High Point Awards are awarded based on points scored for team regardless of which time division the points were scored in. See section on **Awards** on page 7-8.
- ALL No Times (NT) entries will be automatically DELETED from the meet. Check your entry export file and reports.
- Swimmers may enter all events they are qualified for.
- Check the Fleet web site FREQUENTLY the week before the meet for LOTS of important information. www.fleetswimming.com.
- **Late entries are allowed. See section on Late Entries on page 5. Team Entry personnel need to**



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be available the week before the meet for any questions that arise.

POOL:

Eight (8) lane, 25 Yard pool has competitor non-turbulent lane lines, a LED Scoreboard and non-slip touch pads. **THERE WILL BE NO SAVING OF SEATS OR SET UP ALLOWED IN THE STANDS AT ANY TIME.** All spectators are asked to stay in the stands only when watching their swimmer and to then go back to their set-up area in between events. This will allow everyone a chance to see their athlete swim.

SWIMMER REST AREA:

The entire pool deck is off limits at ALL TIMES for set up. THERE WILL BE NO SAVING OF SEATS OR SET UP ALLOWED IN THE STANDS AT ANY TIME. All spectators are asked to stay in the stands only when watching their swimmer and to then go back to their set-up area outside the pool gated area in between events. This will allow everyone a chance to see their athlete swim.

TIME AND DATE:

Friday: June 23, 2023

11-14 and 15-18 100 Free and 13-14, 15-18 100 I.M. Warm-Up 5:00 PM,
Meet Starts 6:30 PM

Saturday: June 24, 2023

The remainder of the 11 & Over events
Warm-Up 7:10 AM, Meet Starts 9:00 AM

Sunday: June 25, 2023

All 10 & Under events
Warm-Up 7:10 AM, Meet Starts 9:00 AM

The Team Warm Up schedule will be posted on Fleet Web Site Wed., June 21st at www.fleetswimming.com

WARM UPS:

Teams will be placed in warm up groups based on the number of athletes entered into the meet each day. Warm Ups will start at 5:00 PM on Friday and 7:10 AM on Saturday and 7:10 AM on Sunday. Lane assignments for warm-ups will be designated in the Meet Program & posted on the Fleet site. Teams that are closest to the facility will most likely be assigned the earlier warm up. Please check the Fleet web site for information at www.fleetswimming.com.

TIMING ASSIGNMENTS:

Teams will be requested to furnish timers based on their percentage of swimmers at the meet. Timing assignments will be published in the Heat Sheet and on the Fleet website (www.fleetswimming.com) prior to the meet.

OFFICIALS:

Only those officials certified by NWAL for the current season will officiate at the meet. Officials who are interested in working an assigned position at the meet (Deck Referee or Starter) must notify the meet referee tomwjones54@gmail.com in advance, preferably before Wednesday, June 21st. Any unassigned officials will have an opportunity to sign up at the meet to work as Stroke & Turn officials. An official's sign-in sheet will be posted each morning by the pool entrance. This sheet will be pulled down promptly at 5:30 PM Friday and at 8:00 AM Saturday and Sunday to make daily assignments. **There will be a meeting of**



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all officials at 5:45 PM Friday and 8:15 AM Saturday and Sunday in the hospitality room.

MEET FORMAT:

This is a timed finals, NWAL sanctioned Invitational meet divided into two time standard divisions – The Red and the Blue. Swimmers must meet either the Red or the Blue qualification times in either yards or meters; however, they cannot meet or exceed the Blue cut off times (which will be The Ponderosa Qualification Time). Relay swimmers cannot meet or exceed the Blue cut off time in the stroke they are swimming on a relay. Each individual event will have both Red and Blue qualified swimmers swimming combined, but they will be separated for scoring and awards. Relays will not be separated into Red and Blue divisions and will be scored as one time standard division. 11-14 and 15-18 swimmers in the 100 Free and 13-14 and 15-18 in the 100 IM will compete Friday evening, 11 & Over swimmers will compete on Saturday, and 10 & Under swimmers will compete on Sunday.

ENTRY INFORMATION:

Entry Deadlines: Entries will be processed by email **ONLY**. Per NWAL rules, all entries must be sent using *Swimtopia*. **Email entry deadline is 7:00 PM Monday June 19, 2023.** We will start accepting emails Saturday June 17, 2023. ALL EMAILS SHOULD INCLUDE CONTACT INFORMATION OF THE TEAM ENTRY PERSON.

Entries should be sent to: fleetentries@gmail.com **_INCLUDE CONTACT INFORMATION OF THE TEAM ENTRY PERSON.**

You must include as attachments your Entry Report as well as your Relay Entry Report showing all four swimmers. These entry reports should be sent as PDF only.

Entry Files:

DO NOT CONVERT YOUR TIMES PRIOR TO SUBMITTING THEM. IF YOU SWAM meters, SUBMIT TIMES FOR METERS. Entry times will be converted to the proper course by the *Swimtopia* software using the default conversions and Meet Templates. All entries will come from *Swimtopia*.

All checks for meet entries must be received **NO LATER THAN 10:30 AM Tuesday, June 20th** or the team will be removed from the Meet.

Mail payments to:

11659 Jones Rd., PMB #351, Houston, Texas 77070.

You may also drop your payment off at the Fleet facility:

14654 Spring Cypress Rd., Cypress, Texas 77429.

All times must be Official times that are the swimmer's **best times**, for both individual and relay events, and must have been swum at a sanctioned NWAL meet or sanctioned NWAL Invitational during the 2022 NWAL season as stated in the NWAL rule book under Seeding. Official NWAL times will be used for seeding. An Official Time is a time that was achieved in an NWAL Sanctioned Meet without Disqualification. Official Times cannot be achieved at Time Trial or Mock Meets. As per NWAL rules, swimmers must have swum in at least one NWAL sanctioned meet during the current season to be eligible to swim at this Invitational. Entries submitted with NT (no time) will not be



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permitted and will be deleted from the meet. The seed time for relays must be established by adding the fastest official times of the individual swimmers entered in the relay for the stroke they are swimming. Do not convert the swimmer's times by hand and enter them into the custom time box.

PLEASE NOTE:

Teams are asked to check the Athlete Roster that will be posted on the Fleet web site no later than Tuesday evening, June 20th. This list will be sorted by team and will list each entered athlete alphabetically, along with the number of events they are entered in. This is everyone's (Parents, Coaches, Swimmers, and Team Reps) opportunity to make sure that swimmers are entered into the meet. If a swimmer was left off a team's entries, late entries are allowed - see the section on **LATE ENTRIES** on page 5.

Make sure to send the following when you turn in entries:

1. Individual Meet Entry report, Sorted by AGE, Showing Times Unconverted and Including Proof of Times, using only times from sanctioned meets THIS season (check the "Use Times Since Date" in meet set up).
2. Relay Entry Report with all four names shown.
3. Electronic Entry export via email.
4. Team Summary sheet, included with this invitation, filled out completely.
5. Payment – checks are made out to CFSC.

LATE ENTRIES:

Late entries will be accepted each day of the meet according to the following parameters:

1. Entries must be submitted to the Clerk Of Course by 5:45 p.m. Friday and by 8:15 a.m. Saturday and Sunday.
2. Proof of qualifying time will be required. Either a Top Times Report, a new Meet Entry Report with proof of time or a *Swimtopia* entry report, must be presented with the entry.
3. The fee is fourteen dollars (\$14.00) per each Individual Entry and twenty-four dollars (\$24.00) per each Relay Entry. Fees must be paid to the Clerk Of Course at the time of entry.

Late entries will be placed into empty lanes ONLY. Swimmers will be put into the empty lanes available on a first come first serve basis until all heats are full.

SEEDING:

The meet will be a pre-seeded meet. All heat and lane assignments will be made prior to the meet. There will be no reseeding at the ready bench. Coaches must turn in any relay changes for the 6 & under Freestyle and all Medley relays by 8:15 AM and for the other Freestyle relays by 10:00 AM. All entry lists shall have the fastest Official Times listed on them. An Official Time is one that was swum without disqualification at a meet which was sanctioned by the NWAL in the current season. Split times, Time Trials or Mock Meets are NOT official times. Official Times shall be used for all Invitational meet entries, including relay entries.

AGE:

As of May 1, 2023. A swimmer may swim up throughout the meet as per NWAL rules.

NUMBER OF EVENTS:

**Swimmers may enter ALL individual and relay events for which they qualify.
Teams may submit a maximum of 2 relay teams per event.**



3 Event Bonus Rule – If you qualify for 3 or more events, you can swim any event on any of the 3 days of the meet. Swimmer may not bonus the 100 Free, 100IM and the 10 & Under 50 Free. Must have qualifying times to enter these events.

QUALIFICATIONS:

All swimmers must meet at least the Red qualification times. Swimmers whose time meets the Red qualification times but not the Blue qualification time will be competing against other swimmers in Red Division for points and awards. Swimmers whose times meets the Blue qualification times but is not equal to or faster than the cut off time (Ponderosa Qualifying Time) will be competing against other swimmers in Blue Division for points and awards. No swimmers may enter an event in which they have a Ponderosa time, nor may they swim that stroke on a relay. The seed time for relays must be established by adding the fastest official times of the swimmers on the relay, in the stroke they are swimming on the relay. Relays that have swimmers swimming strokes in which they have a Ponderosa time will be disqualified and will forfeit their awards. Relay swimmer’s names must be recorded on the entry card.

CUT OFF TIMES:

Individual cut off times for the Blue division are the Ponderosa Qualifying times. Swimmers entering the meet with an entry time that is equal to or faster than a Ponderosa Qualifying time in an individual event will be deleted from that event and no refund will be made. Red cut off times are the Blue qualification times. Swimmers will be entered in the Red or Blue division depending on the time they enter the meet with.

NO TIMES:

As per NWAL rules, No Times (**NT’s**) are not permitted in Individual or Relay events. Team entry personnel should ensure all Individual and Relay entries have proper times attached. Team entry personnel will be notified by email of deleted No Time (NT) entries.

RELAY ONLY SWIMMERS:

Teams may enter Relay Only Swimmers to complete their relays. A Top Times report for that swimmer should be included with the team’s entry report to show that the **swimmer is not overqualified** to be in the meet.

FEES:

Nine dollars (\$9.00) per each Individual Entry and fourteen dollars (\$14.00) per each Relay Entry. Make checks payable to CFSC. Entry fees must accompany entries. No refunds will be issued for events that are entered but not swum.

AWARDS: *****THERE WILL BE A TOTAL OF 16 AWARDS GIVEN OUT PER SCORING CATEGORY. THEREFORE, FOR ALL EVENTS EXCEPT 6 & UNDER, THERE WILL BE 32 AWARDS GIVEN OUT PER EVENT.*****

Individual Awards: Blue time standard division - Medals 1st – 8th, Red time standard division – Medals 1st – 8th place.

Multi-age group events will be swum together and scored separately. Awards will be given out per individual age for each event as follows:

6 & Under events – awards for 6 & Unders only

8 & Under events – awards for 8 year olds and 7 & Unders

10 & Under events – awards for 10 year olds and 9 & Unders

11-14 events- awards for 11 year olds, 12 year olds, 13 year olds and 14 year olds

7-8 events – awards for 7 year olds and 8 year olds



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9-10 events – awards for 9 year olds and 10 year olds

11-12 events – awards for 11 year olds and 12 year olds

13-14 events – awards for 13 year olds and 14 year olds

15-18 events – awards for 15-16 year olds and 17-18 year olds

Relay Awards: Medals 1st – 8th place

Individual High Point: High Point awards for boys and girls will be awarded by age for the following: 6 & Unders, 7, 8, 9, 10, 11, 12, 13, 14, 15-16 and 17-18 year olds. This will be based on scoring in individual events only (no relays points used). Ties will be broken. In the event of a tie, the tiebreaker will be the swimmer with the most 1st place finishes. If that is a tie, then the number of 2nd place finishes will be used, and so on until the tie is broken.

THIS IS A HIGH POINT AWARD. SCORING IS NOT SEPARATED INTO BLUE AND RED DIVISIONS. THE WINNERS ARE THE SWIMMERS WHO SCORE THE MOST POINTS FOR THEIR TEAM REGARDLESS OF WHAT DIVISION THEY MADE THE POINTS IN.

Team Trophies: Trophies will be awarded to the top three teams in each Team Size division (A, B or C). Teams will be divided into groups based on the number of swimmers they enter into the meet. The teams will be divided roughly into thirds and the minimum number of swimmers that is required to be put into a specific team group (A, B or C) will be determined after entries are turned in. Team groups will be posted on the Fleet web site at least three days before the meet at www.fleetswimming.com.

Awards should be picked up at the Awards Counter as soon as they are ready AFTER the results for that event are posted. Team trophies will be presented as soon as the results are tabulated after the meet is completed on Sunday. High point awards for the 10 & Under events will be presented at the end of the day on Saturday and at the end of the day on Sunday for the 11 & Over events. Please be prepared to pick up your High Point Awards and Team Trophy at that time. Awards not picked up at the meet will be available for pick up at the Fleet office. If teams do not come by Monday, July 6th to pick up awards left at the meet, FLEET will not be responsible for their condition and we will not store them.

SCORING:

Individual Events: 9-7-6-5-4-3-2-1 in both Blue and Red Divisions

Relay Events: 18-14-12-10-8-6-4-2

RULES AND SANCTIONS:

This is a NWAL sanctioned meet and all regular 2023 NWAL rules will be observed. All swimmers must be in good standing with NWAL. Swimmers may only compete in one age group for the entire meet as per NWAL rules. If a swimmer swims up, they must compete in that age group for the entire meet. All times must be official best times that were made by the swimmer this 2023 NWAL season.

READY BENCH:

This meet is Pre-Seeded, which means all heat and lane assignments will be made prior to the meet. Teams, swimmers and parents are asked to pay attention to the meet, the announcers in order to get the swimmers to the Ready Bench area when their event is being called. The Ready Bench area is off limits to parents, coaches and spectators as per NWAL rules. The only exception to this is the required 10 & Under relay volunteer mentioned below. Ready Bench and On Deck personnel will assist the swimmers in the ready area and



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at the blocks. IT IS THE SWIMMERS' RESPONSIBILITY TO BE AT THE READY BENCH AREA ON TIME. Swimmers in the first event each day should report to the Ready Bench at 6:15 p.m. Friday and 8:45 a.m. Saturday and Sunday. For 10 & Under Relay events ONLY, each team MUST supply 2 parent volunteers to help organize and shepherd each relay team. When the volunteer's help is no longer needed at the Ready Bench they will be asked to clear the area.

TIMING SYSTEM:

An electronic timing system will be used. Two watches per lane will be used as a back-up.

POOL DECK RESTRICTION:

Because of Insurance and Safety Regulations, the swimming pool deck and ready bench areas, both inside and outside the pool, is closed to all persons except swimmers, marshals, coaches, officials, meet personnel, and timers as per NWAL rules. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

FOOD:

Concessions will be available.

T-SHIRTS AND RETAIL ITEMS:

The 2023 Red, White & Blue Meet t-shirt, and other items will be for sale

PARKING:

There is plenty of parking in the parking lots around the pool. People are asked to park only in the designated areas that marked for parking. All driveways must be kept clear at all times for emergency vehicles.

HOSPITALITY:

There will be a Hospitality room at the meet. **The Hospitality room is for NWAL team coaches, Meet Officials and Meet Volunteers ONLY.** Proof of credentials may be required. No children, lane timers or other people not listed will be permitted entrance.

COACHES PACKETS:

Packets for each team will be available for pick up by the coaches at the Clerk of Course. These will include their daily meet program, preprinted relay cards for any relays that they have entered and any other pertinent information. The relay cards will need to be turned in, either with no changes or with any swimmer and time adjustments, by 8:15 AM for the 6 & Under Freestyle and Medley relays and by 10:00 AM for the other Freestyle relays. If any swimmer changes are made on the relays, it is the coach's responsibility to make sure that the adjusted relays do not include any swimmers swimming a stroke in which they have a Ponderosa time. Any relay found to have a swimmer swimming a stroke in which they have a Ponderosa time will be disqualified and will forfeit all awards. All swimmers must be shown in the order in which they will swim on the relay.



SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- C. Safety Marshals
 - 1. Appointed Safety Marshals have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of NWAL meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.



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TEAM SUMMARY SHEET

All Items on this sheet must be filled in. This sheet must be sent in/turned in with your entries.

TEAM NAME: _____

TEAM ABBREVIATION: _____

TEAM POOL ADDRESS:

Street: _____

City & Zip _____

TEAM REPRESENTATIVE & PHONE #: _____

TEAM ENTRY PERSON & PHONE #: _____

OFFICIALS AVAILABLE FROM TEAM & PHONE #s:

NUMBER OF INDIVIDUAL ENTRIES: _____ X \$9.00 = _____

NUMBER OF RELAY ENTRIES: _____ X \$14.00 = _____

ENTRY FEE AMOUNT: _____

CFSC USE:

Payment Received: _____ Check # or Cash _____

Initial: _____

Entry List Checked: _____

Initial: _____



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Time Standards Report						
YARDS						
Ponderosa Invitational Times are the Cut off Times						
Blue Qualifying	Red Qualifying	Girls Event #	Event	Boys Event #	Red Qualifying	Blue Qualifying
FRIDAY 6/23 EVENING						
01:11.17	01:18.04	1	11-14 100 Free	2	01:18.10	01:10.27
01:07.98	01:16.75	3	15-18 100 Free	4	01:09.40	01:00.75
01:24.74	01:35.14	5	13-14 100 IM	6	01:31.45	01:18.52
01:20.37	01:31.56	7	15-18 100 IM	8	01:16.13	01:07.57
SATURDAY 6/24						
34.14	37.12	9	11-12 50 Free	10	38.07	34.08
31.98	35.38	11	13-14 50 Free	12	34.19	29.82
30.61	34.23	13	15-18 50 Free	14	31	26.78
none		15	11-12 200 Medley Relay	16		none
none		17	13-14 200 Medley Relay	18		none
none		19	15-18 200 Medley Relay	20		none
01:27.85	01:38.15	21	11-12 100 IM	22	01:41.54	01:28.05
35.53	42.17	23	15-18 50 Fly	24	37.23	30.9
37.07	42.49	25	13-14 50 Fly	26	42.2	35.98
39.96	45.49	27	11-12 50 Fly	28	48.52	40.11
38.27	43.62	29	15-18 50 Back	30	41	33.49
40.3	44.77	31	13-14 50 Back	32	43.33	38.29
42.68	47.72	33	11-12 50 Back	34	48.91	43.24
43.18	47.42	35	15-18 50 Breast	36	44.18	36.85
43.66	48.81	37	13-14 50 Breast	38	46.36	40.23
45.6	50.49	39	11-12 50 Breast	40	51.92	46.33
none		41	15-18 200 Free Relay	42		none
none		43	13-14 200 Free Relay	44		none
none		45	11-12 200 Free Relay	46		none
SUNDAY 6/25						
01:39.55	01:49.94	47	10&U 100 IM	48	01:52.29	01:42.35
none		49	6&U 100 Free Relay	50		none
none		51	8&U 100 Medley Relay	52		none
none		53	9-10 100 Medley Relay	54		none
38.27	43.25	55	10&U 50 Free	56	43.14	38.83
28.18	33.57	57	6&U 25 Free	58	32.93	27.55
21.02	23.45	59	7-8 25 Free	60	23.33	20.48
17.02	18.73	61	9-10 25 Free	62	18.63	16.92
32.6	38.37	63	6&U 25 Back	64	39.64	33.36
26.24	30.09	65	7-8 25 Back	66	31.58	27.08
21.62	23.88	67	9-10 25 Back	68	25.23	22.43
25.65	30.22	69	8&U 25 Fly	70	31.5	26.34
20.18	23.12	71	9-10 25 Fly	72	24.71	21.17
29.2	33.5	73	8&U 25 Breast	74	33.6	29.02
23.65	26.82	75	9-10 25 Breast	76	27	23.89
none		77	7-8 100 Free Relay	78		none
none		79	9-10 100 Free Relay	80		none



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Time Standards Report						
METERS						
Ponderosa Invitational Times are the Cut off Times						
Blue Qualifying	Red Qualifying	Girls Event #	Event	Boys Event #	Red Qualifying	Blue Qualifying
FRIDAY 6/23 EVENING						
01:19.00	01:26.62	1	11-14 100 Free	2	01:26.69	01:18.00
01:15.46	01:25.19	3	15-18 100 Free	4	01:17.03	01:07.43
01:34.06	01:45.61	5	13-14 100 IM	6	01:41.51	01:27.16
01:29.21	01:41.63	7	15-18 100 IM	8	01:24.50	01:15.00
SATURDAY 6/24						
37.9	41.2	9	11-12 50 Free	10	42.26	37.83
35.5	39.27	11	13-14 50 Free	12	37.95	33.1
33.98	38	13	15-18 50 Free	14	34.41	29.73
none		15	11-12 200 Medley Relay	16		none
none		17	13-14 200 Medley Relay	18		none
none		19	15-18 200 Medley Relay	20		none
01:37.51	01:48.95	21	11-12 100 IM	22	01:52.71	01:37.74
39.44	46.81	23	15-18 50 Fly	24	41.33	34.3
41.15	47.16	25	13-14 50 Fly	26	46.84	39.94
44.36	50.49	27	11-12 50 Fly	28	53.86	44.52
42.48	48.42	29	15-18 50 Back	30	45.51	37.17
44.73	49.69	31	13-14 50 Back	32	48.1	42.5
47.37	52.97	33	11-12 50 Back	34	54.29	48
47.93	52.64	35	15-18 50 Breast	36	49.04	40.9
48.46	54.18	37	13-14 50 Breast	38	51.46	44.66
50.62	56.04	39	11-12 50 Breast	40	57.63	51.43
none		41	15-18 200 Free Relay	42		none
none		43	13-14 200 Free Relay	44		none
none		45	11-12 200 Free Relay	46		none
SUNDAY 6/25						
01:50.50	02:02.03	47	10&U 100 IM	48	02:04.64	01:53.61
none		49	6&U 100 Free Relay	50		none
none		51	8&U 100 Medley Relay	52		none
none		53	9-10 100 Medley Relay	54		none
42.48	48.01	55	10&U 50 Free	56	47.89	43.1
31.28	37.26	57	6&U 25 Free	58	36.55	30.58
23.33	26.03	59	7-8 25 Free	60	25.9	22.73
18.89	20.79	61	9-10 25 Free	62	20.68	18.78
36.19	42.59	63	6&U 25 Back	64	44	37.03
29.13	33.4	65	7-8 25 Back	66	35.05	30.06
24	26.51	67	9-10 25 Back	68	28.01	24.9
28.47	33.54	69	8&U 25 Fly	70	34.97	29.24
22.4	25.66	71	9-10 25 Fly	72	27.43	23.5
32.41	37.19	73	8&U 25 Breast	74	37.3	32.21
26.25	29.77	75	9-10 25 Breast	76	29.97	26.52
none		77	7-8 100 Free Relay	78		none
none		79	9-10 100 Free Relay	80		none

FOR INDIVIDUAL EVENTS ONLY SEE SCORING BELOW

7-8, 9-10, 11-12, 13-14 and 15-18 events will be swum together but scored 7,8,9,10,11,12, 13,14, 15-16 & 17-18. 6 & Under events will be scored 6 & Under. 8 & Under events will be scored 7 & Under, 8 year olds, 10 & Under events will be scored 9 & Under, 10 year olds, 11-14 events will be scored, 11, 12, 13 & 14. Each scoring age will receive 8 individual awards in Blue time division AND 8 individual awards in Red time division. Swimmers must meet at least the Red qualifying time to enter the meet; however, they cannot meet or exceed the Cut-Off time, which is the Ponderosa Qualifying time!!



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