

Swimmer’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Practice Group:\_\_\_\_\_\_\_\_\_\_\_ Birthdate\_\_\_\_\_\_\_\_\_\_

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| **Date** | **Meet** | **Eligible Swimmers** | **Opt In/ Opt Out**  (Circle One) | **Notes** | **Location** |
| September 22-23 | Red, White and Blue Intrasquad Meet | All | Opt In / Opt Out |  | Lamar Consolidated ISD |
| October 7 | Fall Fun Splash N’ Dash | Ages 5-14 | Registration online |  | Aquatic Center |
| October 20-21 | FCST Dual Meet | All | Opt In / Opt Out |  | Spring Branch ISD |
| November 9-11 | FCST Tri-Meet  Fleet, TWST, FCST | All | Opt In / Opt Out |  | FBISD Training Pool |
| December 7-9 | Gulf Fall Champs | Swimmers  Without Gulf AG Champs Times | Opt In / Opt Out |  | TBA |
| January 19 | FCST Developmental Meet | All | Opt In / Opt Out |  | Lamar Consolidated ISD |
| February 22-24 | Short Course Champs II | Swimmers 9-14 | Opt In/ Opt Out |  | TBA |

**The Opt In Form needs to be turned in to your lead coach no later than Tuesday, September 11th**

This form is used by the coach to enter your swimmer in the meets. A few notes about the form:

* A swimmer will not be entered into the meet without the form or an email.
* Once the form is turned in you can still make changes. If you would like to get entered in or taken out of a meet please email your lead coach.
* For most meets we turn in our final entries about 3 weeks out from the meet. Please let your coach know of any changes as soon as possible.
* We will post “preliminary entries” on the meets section of our webpage for you and your swimmer to look at which events they will be swimming. About a week later the coaches will make any changes and post “final entries”.
* *Once final entries have been posted we cannot make any changes. You will be responsible for the meet fees.*
* Please make a copy of the form for your records.
* Swimmers should be attending 1 meet a month. The Developmental meets in November and January will be sanctioned (times will count), short session, and one day meets.